## TOWN OF DEEP RIVER, CONNECTICUT Community Health Committee

## Meeting minutes/CHC



Meeting Place: Richard H. Smith / Deep River Town Hall

Meeting Date: Tuesday March 5, 2024 at 7:04pm

The meeting of the Community Health Committee was called to order at 7:04 p.m. by chairperson Tracy Woodcock, at the Deep River town Hall. Members present were Chairperson Tracy Woodcock, Vice-Chairperson Lori Gregan, Secretary Betsy Scholfield, Joyce Berardis and Nancy McGee. Absent were Jackie Calamari, David Blifford and Nancy Howard.

Secretary Report: Report was read and motion was made to accept the report by Joyce Berardis and seconded by Nancy McGee.

Treasurer Report: Fund balance is \$130,728.39. Expenses (not all bills are in for February but to date) YTD=\$1,533.65 for backpack program, \$66.5 for Food pantry for Total Expenses= \$1,599.70

We made corrections to our Spring Newsletter and submitted to the Assistant to the First Selectman for publication.

Backpack Program – schedule done for the month of March and we now have 15 kids - 5 multiples 5 singles. Jackie and David went to Clinton, Old Lyme and Killingworth Food Pantries for future ideas for our pantry.

Food Pantry: Jackie and Davis came up with some ideas to improve our Pantry:

- 1. Consider only 1 day a week from 3-5:30
- 2. Get a free membership from Restaurant depot Hartford for fruit and veggies
- 3. Talk to local grocery stores Adam, Roberts etc about day old breads
- 4. Work closely with Lions to see if they will do food and money collections 2-3 times/year at dump or grocery store. Also food boxes in other locations besides Adams with Lions picking up monthly
- 5. Work with schools and churches for donations
- 6. Add jars in local stores to deposit change for Food Pantry
- 7. Contact Earth breeze for free laundry detergent sheets
- 8. Contact LL Bean for free returned backpacks In Killingworth each child gets 2 backpacks. They must return them to get food
- 9. Improve social media present with improved webpage and a Facebook account
- 10. Create an Amazon wish list
- 11. Collect Bottles at building for 10 cent deposit
- 12. Killingworth buys only fresh fruits and diary. Everything else is donated
- 13. Partner with local farms for free produce
- 14. Need more volunteers to do little jobs
- 15. Weekly request from First selectman's weekly newsletter

Membership & Bylaws: we are updating the Bylaws and once they are done we will vote on the new ones and submit them.

Adjourned: 8:10 1st motion by Tracy and 2nd by Joyce