

# GOOD FOOD FOR GOOD PEOPLE

Open at 4:00pm Tuesday — Sunday Open at 12:00 for Lunch Sat & Sun

check us out on facebook for Happy Hour specials

www.RedHouseRestaurantCT.com 158 Main Street • Deep River

860-526-2600 for Reservations

# Index

9 Town Transit
American Legion Post 619
Animal Control 11
Connecticut River Area Health District
Coffee with a Purpose
Board & Commission Meetings
Deep River Dry Pants Yacht Club14
Deep River Garden Club 18
Deep River Elementary School PTO
Deep River Fire Department
Deep River Horseshoe League
Deep River Land Trust
Deep River Meetings on Television
Deep River Park & Recreation 10 & 11
Deep River Public Library
Deep River Town Hall Auditorium Restoration Committee 16
Exercise Myth Busters
First Congregational Church of Deep River
Fountain Hill Cemetery24
Hedy's Health Tips
Index of Services
MATHCOUNTS 17
Riverview Lodge12
Run for Chris11
Selectman's News2-5
Town Clerk
Tri-Town LEOS16



Richard H. Smith, First Selectman John R. Kollmer, Designer & Editor Gina Sopneski, Advertising Printed by Essex Printing

To submit articles or ads, contact the Selectman's Office 860-526-6020 or gsopneski@deepriverct.us

Deadline for Summer Issue is May 14, 2012

# **Upcoming Events**

### Annual Easter Egg Hunt

Saturday, March 31st at 1:00pm, rain date April 1st at Devitt Field Sponsored by Park & Rec

### **DRES Book Fair**

April 2nd – 4th with April 4th being Family Night from 6:00-8:00pm with a Cake Walk Sponsored by the PTO

### Spirits with the Spirits

Friday, April 20th at 6:30pm Deep River Public Library

### Annual Sonny Stebbins Fishing Derby

Saturday, May 12th registration at 7:00am at Plattwood Park Sponsored by Park & Rec

### "Misfit Cruisers" Cruise Nights

Every Tuesday, May 8th through September 11th at 6 pm at Plattwood Park

### Fourth Annual Mother's Day Craft Fair

Saturday, May 12th from 9:00am - 2:00pm at the Deep River Congregational Church.

### American Kennel Club Fun Dog Match

May 27th from 8:00am - 5:00pm Sponsored by Park & Rec

### 4th Annual Deep River Carnival

June 14th through Sunday June 17th, watch for posters Sponsored by Park & Rec

### Science and Story Telling for All Ages

Thursday June 28th at 2:00pm Deep River Public Library

### **Summer Concert Series**

Thursdays beginning June 28th and runs for 9 weeks, watch for posters Sponsored by Park & Rec

### Summer Camp

Beginning July 2nd and runs for 6 weeks, more info coming soon Sponsored by Park & Rec



**On the Cover:** Baby swallows ready for lunch Photo by: John R. Kollmer

### Selectman's News

### Grants

On December 21st we were honored to have Governor Dannel Malloy as our guest at Town Hall. Following lunch at Our Bakery & Deli he arrived at Town Hall, where he was greeted by a group of Town Hall staffers, as well as merchants and residents who had stopped by to meet him. Of course we had been given advance notice of his visit, but as far as we knew it was simply a visit. But then, following introductions and general conversation the Governor announced that Deep River would receive another (our fifth) Main Street Streetscape grant, in the amount of \$200,000, bringing the total to date to \$1,450,000. It was a wonderful Christmas present.

As it happened, 2nd District Congressman Joe Courtney also had Deep River on his schedule that day. His purpose was to visit our Main Street shops, specifically the Deep River Toy Company, which he had been told was an exceptional store. Both Governor Malloy and Congressman Courtney, in their remarks, emphasized the essential role that small businesses play in both job creation and increased tax revenues. It is small businesses, whether commercial or industrial, that are the foundation of our economy. I expressed our appreciation, on behalf of the Town and its residents, to both Governor Malloy and Congressman Courtney for taking the time to visit our small town, and for their efforts in our behalf.

### The Advantage of Teamwork

It is my opinion that Deep River is the perfect example of government working with the private sector. As I have written in the past, the Board of Selectmen provides incentives: in some cases the Town can offer limited tax abatements to help attract new business, or allow an established business to expand. We can offer the Town's rolloffs to remove the products of demolition, and we can arrange with town contractors to offer services at favorable prices. When the need arrives, we act as liaison between businesses and state and federal agencies. Our municipal departments—Planning & Zoning, Conservation & Inland Wetlands, Building Department and Fire Marshall—work to streamline the permitting and review process.

### The Purpose of Grants

Not long ago Deep River's Main Street was simply a collection of buildings placed side by side with little regard for their architectural environment. Now we have added a strong, unifying factor: the brickwork and streetlamps that are the hallmark of our new downtown. Today, through the simple act of creating a visual unity, our Main Street is charming, inviting and eminently walkable. When we review the changes of the past ten years, the results of our cooperative private—public partnership are clear:

- A beautiful Main Street;
- 75 full and part time jobs;
- Approximately \$200,000 additional revenue-annually-from increased real estate, personal property and equipment.

When we improve our town so that it is attractive to commercial and industrial interests, we expand our tax base, which in turn increases our Grand List. Long after our Main Street Streetscape is finally completed the grants that made this work possible will continue to generate jobs and income for our town, and Deep River's quality of life will be assured.

### The Grand List

I am pleased to report that our 2011 Grand List totals \$482,257,554, an increase of \$3,522,462 (.073%) over 2010, as follows: Real Estate--\$1,228,580; Motor Vehicle--\$2,065,260; Personal Property--\$448,662. At our present mill rate of 24.28, the increase in actual tax revenues in the upcoming fiscal year would be approximately \$86,000.

### Village Street Bridge

Over the past six and a half years you have often heard discussions at Board of Selectmen's meetings of plans to replace the Village Street Bridge, which was built in 1915. It has taken all that time to complete the design process, to obtain easements from abutting property owners and to complete the sometimes complex permitting process, but last fall we were authorized by the Department of Transportation (DOT) to advertise for bids. After reviewing the 16 submissions, we awarded the contract to Brunalli Construction, of Southington, Connecticut, for their bid of \$1,119,241.50. 80 per cent of the cost will be borne by a Federal grant in the amount of \$895,393.20; the remaining 20% (\$223,848.30), which is the Town's responsibility, has already been included under the heading General Government Capital in the 2012-13 budget. All costs of design and permitting, purchase of easement rights and other associated up front costs have already been paid by the Federal Government and the Town, using the 80 / 20 ratio.

# Selectman's News, cont.

I have been asked why the replacement is necessary. The State DOT, at their expense, inspects town bridges throughout Connecticut every two years and provides a report to the towns. In the mid-1990s the Essex Street Bridge was reported to be the lowest rated of our bridges, and required replacement. Deep River was reimbursed 100% of the cost of the replacement. The Village Street and Union Street bridges are the last two remaining with deficiencies. With Village Street now addressed, replacement of the Union Street Bridge will be scheduled as funding is available.

### Business & Industry #1 (Restaurants)

Finally...the sadly vacant Bistro du Glace will have a new life—and a new name: Red House. As if that weren't enough good news, the restaurant known as Kristen's (or Short Stop or the Corner Store, depending on how long you're lived here) will soon be known as Hally-Jo's.

The Red House: Encouraging businesses to locate in our town is an important function of this office. In the case of Red House, the negotiations were lengthy, but our support of Rob Fralick of Portland and Marc DeTour of Ivoryton was finally rewarded. They are looking forward to opening Red House in April. This was the third property considered by the new owners; we are glad they chose Deep River. The two have owned and managed restaurants both individually and as partners over the past 20 years. Marc and Rob appear to have the passion necessary to create an inviting fun restaurant. From my conversations with local residents, I know that our town is anxious to have their mid-town restaurant back.

While the exterior will remain primarily the same, the interior of the building is undergoing significant modifications to create a more open space. The bar is being moved to the space previously occupied by the bakery, which will both increase seating for dining as well as create an area for bands. When weather permits, there will be outside seating along the front of the building.

According to Marc and Rob, the Red House menu will center around "comfort food and classics served with unique twists, in addition to Chef Brian Checko's nightly specials." They plan a full bar with a full selection of wine, beer and spirits.

The Grand Opening of Red House is planned for early April. The restaurant will be open for dinner Tuesday through Saturday from four o'clock. Sundays, in addition to dinner, brunch will be served as well.

### Hally-Jo's:

George Lombardo is the new proprietor of the coffee shop at the corner of Main and River Streets. George's career in cuisine began when, shortly after his high school graduation, he bought a catering truck and forged a coffee break and lunch route at companies in and around his native Wethersfield. In twenty years his business had expanded to five trucks, as well as an off-road catering business.

The Lombardo family has long had a summer cottage in Old Saybrook—George grew to know Deep River as he drove to and from his weekends at the beach. Eight years ago, George Lombardo took a break from catering, and reinvented himself—he became a car salesman. But his love for preparing and serving food never died, and one day not long ago, driving his usual Old Saybrook-Wethersfield route, George spotted the "FOR LEASE" sign that filled the plate glass windows. When he returned home he made a phone call. The rest, as we say, is history.

George is planning a seven-day schedule, with breakfast from 6:00, lunch until 2:30, and breakfast available all day. He'll be making his own soups (Butternut Bisque is a specialty) and other specials. Oh, yes...the origin of the name Hally-Jo's? George's daughters are Haley-Jo (11) and Ally Jo (8). To George the choice of a name was obvious.

### Business & Industry #2 (High-Tech Manufacturing)

P.C.I. Medical's renovation of the property at 6 Winter Avenue is going well, and the Coles plan on moving their operation there in the spring. On behalf of the Town of Deep River my thanks to Philip and Cleo for the substantial financial investment they have made in Deep River.

### **Town Hall**

By summertime Town Hall renovations to accommodate the installation of the HVAC system should be complete. The spaces we've freed up between our main floor offices and the floor of the theater will be the new home for many of our file cabinets and storage for building plans, blueprints and other bulky records, many of which we rarely access. The former Food Pantry (now relocated to 56 High Street in the Social Services Department) will serve as an office. All of this will be proudly exhibited at an open house this summer (an air conditioned open house, at that).

An important beneficiary of the HVAC project is the auditorium ("Theater" sounds a little classier). Although the

### Selectman's News, cont.

glistening silver radiators that line the walls will remain in place, their presence will be strictly for the sake of ambience. If you've attended a meeting or production in that space you're aware of the winter's drafts and the summer's relentless heat. Soon there will be no winter drafts; summers will be pleasantly cool; windows will remain closed against the sounds of Main Street traffic.

The new 11 member Deep River Town Hall Auditorium Restoration Committee (DRTHARC), barely three months old, has met almost every week since their formation. Fire Marshal Keith Nolin and Building Official Dick Leighton have met with the Committee to discuss safety concerns that must be addressed. Based on their reports we have been assured that all issues that have prevented the full use of the space can be addressed. Major projects will be the installation of fire doors and the addition of railings on the Grand Staircase, in the Mezzanine and in front of low-set windows. When these and other issues have been successfully resolved Deep River will regain its social center.

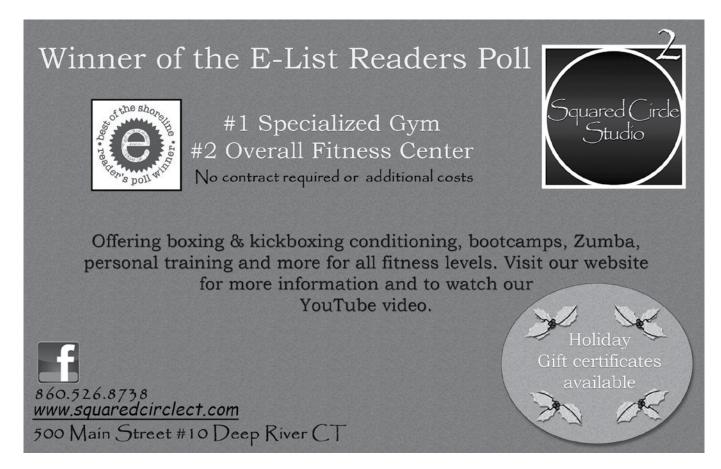
The fire sprinkler and alarm systems installed in the 1990s addressed many public safety concerns; building and fire

codes make provision for buildings, like Town Hall, that are listed on the National Register of Historic Buildings.

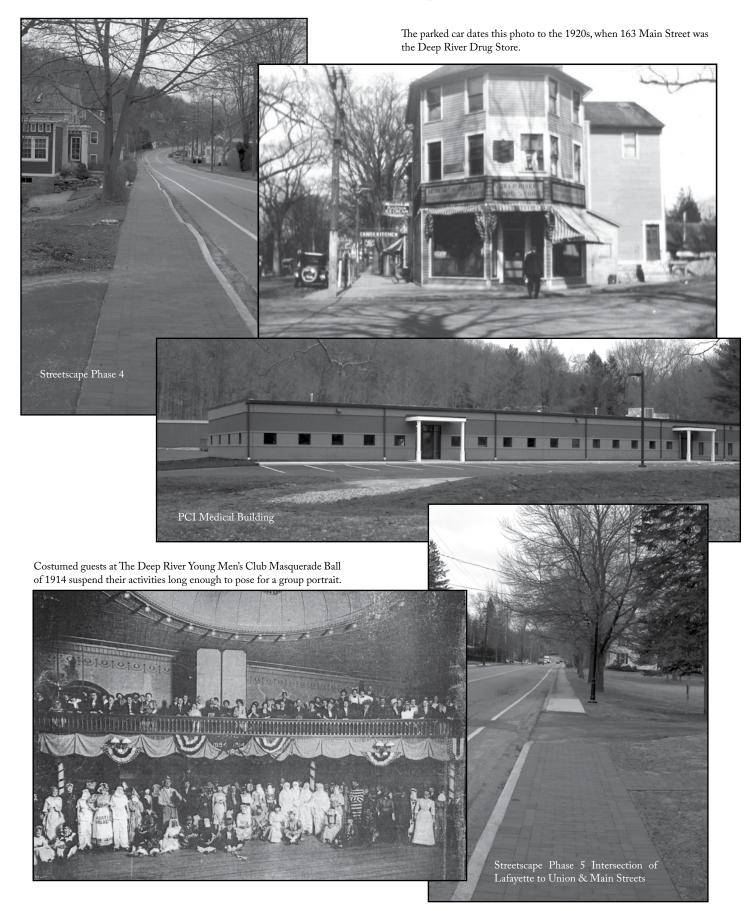
### Yes We Can

Although the renovations to our office space are nearly complete, everything needed to make the Theater 100 per cent will take a little longer. But we are on the way-the Code Officials' report gives us both a goal and the authorization to proceed. In one area we are especially fortunate: the painstaking refinishing of the theater seats, the refurbishment of the wainscoting and other decorative work was completed by the volunteers of the former Deep River Town Hall Restoration Association. But the safety alterations such as those mentioned above are beyond the scope of any volunteer group. They will be the work of licensed contractors. The former Restoration Association also deserves our thanks for installing a very sophisticated audio system and high quality curtains. Their legacy is a magnificent space, carefully nurtured, with a clear path toward successful completion.

Dick Smith, First Selectman



# Selectman's News, cont.



# **Town Clerk's Office**

### Welcome New Residents

William R, Jr. & Karen E. Cote	48 Glen Grove Road	11/01/2011
Robert J. & Denise L. Hartz	43 Union Street	11/21/2011
Thomas K. Newman & Karen Dexter	29 Elm Street	11/30/2011
Susan E. Stanford	42 Glen Grove Road	12/01/2011
Tyler G. White	36 Hillside Terrace	12/14/2011
David Sdao	20 Bokum Road	12/16/2011
James Sheldon & Shirley Veenema	24 River Road	12/20/2011
David A. Preble & Katherine E. Rae	182 West Bridge St.	12/23/2011
Carol Gonzalez	69 Riverview Avenue	12/29/2011
Abigail DeTour	158 Main Street	12/29/2011
Roger A. Yates	17 Platt Lane	01/10/2012
Michael P. & Carolyn Osborne	7 Merriwold Lane	01/23/2012
Carol R. Flaim	254 West Elm Street	01/24/2012

### Marriages

Edmund J. Nagot & Barbara L. Rousseau	10/29/2011
Edward F. Hannett, Jr. & Kimberly A. Lambert	11/06/2011
Andrew J. Olson & Heather M. Tiezzi	11/11/2011
Michael S. Haring & Stephanie G. Olander	11/11/2011
Michael W. Webb & Eileen C. Owens	11/26/2011
David W. Wilcox & Phoebe P. Villadar	11/27/2011
Jason T. Zwart & Tiffany B. Butcher	11/27/2011
Irving Duque & Juliana S. Duque	12/03/2011
Martin Wolman & Nancy Fischbach	01/04/2012
Jerome J. Madson, III & Rebecca W. Foster	01/27/2012

### Passings

Edward Wollock, Jr.	63 Stanwoll Hill Rd.	10/16/2011
Vincent Gagliardi	3 Bahr Road	11/13/2011
Rosemarie Č. Smith	17 Maple Avenue	11/21/2011
Terence J. McAuliffe	113 Union Street	01/11/2012
Richard Joseph Hartnett, Jr.	39 Merriwold Lane	01/11/2012

### New Trade Name Filings

S. C. R. Services	Stuart C. Rutan	11/09/2011
ACHcheck.com	William J. Harovas	11/21/2011
Red House	Dark Horse Group, LLC	01/09/2012
Corkquiz.com	Brian E. Gurnham	01/13/2012
Susan's Kitchen	Susan L. White	02/01/2012
Abstract Paintings, Etc.	Gray Jacobik	02/03/2012
Samson Paws Dog Bakery	Samantha E. Whelan	02/03/2012





5 West Main Street	
Clinton, CT 06413	
smithcathleen@sbcglobal.net	

Direct:	860-664-4347
Fax:	860-669-9230
Cell:	860-227-6648

# Town Clerk's Office, cont.

### **Board and Commission Vacancies**

If you are a registered voter and are interested in serving on a Board or Commission, please contact the Selectmen's Office at 526-6020. Currently there are vacancies on the following Boards:

Board of Finance	term to expire 11-17-2015
Community Health Committee	term to expire 10-30-2012
Community Health Committee	term to expire 10-30-2013
Community Health Committee	term to expire 10-30-2013
Deep River Town Hall Auditorium Restoration Committee	term to expire 11-30-2013
Economic Development Commission	term to expire 12-01-2013
Economic Development Commission	term to expire 12-01-2014
Fire Commissioners	term to expire 12-01-2012
Justice of the Peace (Democrat)	term to expire 01-07-2013
Justice of the Peace (Republican)	term to expire 01-07-2013
Justice of the Peace (Republican)	term to expire 01-07-2013
Park & Recreation Commission	term to expire 12-01-2014
Park & Recreation Commission	term to expire 12-01-2014
Park & Recreation Commission	term to expire 12-01-2014
Park & Recreation Commission	term to expire 12-01-2014
Planning and Zoning Commission (Regular)	term to expire 12-01-2013
Planning and Zoning Commission (Alternate)	term to expire 12-01-2014
Water Pollution Control Authority	term to expire 12-01-2014
Water Pollution Control Authority	term to expire 12-01-2014

Agent for the Elderly Long Island Sound Council Region II Regional Mental Health Board

### Congratulations and Welcome To Newly Appointed Board and Commission Members

Sally Carlson Crowell Bruce Edgerton Carol Jones Janice Kmetz Richard Nagot Kim Olson Dennis Schultz Frances Strukus Arthur Thompson	Town Hall Auditorium Restoration Committee Town Hall Auditorium Restoration Committee
Kenneth A. Wood, Jr.	Town Hall Auditorium Restoration Committee
Sharen A. Emond	Housing Authority
Donald R. Sampson	Park and Recreation Commission

### **Coming Soon!**

Watch for Deep River's New and Improved Website!

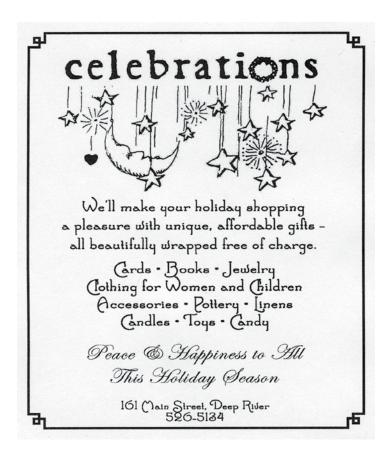
### www.deepriverct.us

# **Deep River Fire Department**

The Deep River Fire Department held it's Annual Election Officers on January 5, 2011. The results of those elections are as follows;

Chief:	Timothy Lee
Deputy Chief:	James Budney
Assistant Chief:	Timothy Ballantyne
Assistant Chief:	Robert Raymond
Chief Engineer:	Jack White
Secretary:	John Kollmer Sr.
Treasurer:	James Dee Jr.
Trustee:	Donald Sampson

If you are interested in becoming a member of the Deep River Volunteer Fire Department please visit our website, www.deepriverfd.com, for full details or stop by the firehouse any Wednesday evening. We'd be glad to answer any questions you may have





Land Evaluation Site Planning Drainage Septic System Design Soil Testing Surveying Wetland Issues

PH 860•526•9833 Fax 860•526•9833 16 Woodland Road Deep River, Connecticut 06417

# American Legion Post #61

Post 61 of the American Legion is looking for new members to help carry on a tradition. You chose to serve your country because you believed in a cause and the American Legion provides you with a venue for continuing to give to and serve a country which you believe in. The American Legion is open to both active and inactive veterans. Currently our membership is comprised of an aging veteran community but we would like to change that and have many of our younger service personnel join.

### What does the Legion do?

- Helps the needy
- Provides College Scholarships (Nationally)
- Provides community service
- Has a Legion's Family Support Network.

These are just a few of the things the Legion provides to its community and those in need.

Being a member of the Legion also comes with Special Member Benefits. Along with an annual subscription to The American Legion Magazine members are eligible to receive additional benefits.

### **Member Benefits**

- Allow you to participate in the American Legion Life Insurance Program.
- Car Rental Discounts
- Hotel/Motel Discounts
- Moving Company Discounts
- Eye Care Plan of America Discounts
- RxAmerica Prescription Drug Program

As Commander of Post 61, I want to personally invite you to come to our regular monthly meetings to learn more about our Post and the programs in which we participate. Meetings are held on the third Monday of each month at 7:30 PM in the meeting room on the lower level of the Deep River Library. All of us lead busy lives between work, family and outside interests but we hope that you will make time to continue giving back as you have for so many years in the past. We understand that members may not be able to make every monthly meeting but continue to pay their dues and participate. To ensure all members are kept up to date on the happenings with the Post we will be sending a monthly email out to all participants to ensure they are aware of the current discussions and items that have occurred during the meetings, if they were unable to attend.

I am asking all veterans to become an American Legion member. Please consider a membership even if you are unable to attend our meetings.

Our annual Veterans Day program and essay contest was held at the Deep River Elementary School. Cash prizes were awarded to the 5th & 6th grade winners of the essay contest. This years winners were, 3rd place Alexandra Brennan, 2nd place Elise Wilson and 1st place Kevin Baldwin.

On December 9th the American Legion Christmas party was held at the Carriage House. All who attended had a good time.

On January 23rd, American Legion Post 61 held a "Post-level" Oratorical Contest at Valley Regional High School. Contestants must speak for 8 to 10 minutes on some aspect of the Constitution and also 3 to 5 minutes on one of the amendments. The Post awarded a first place prize of \$200.00 and a second place prize of \$100.00. Our first place winner was Phoebe Petrovic and the second place winner was Glenn Holmes. We thank all participants and say to our winners, "job well done".

As Commander, I would like to express my thanks to all who have taken the time to sort their Connecticut redeemable cans and bottles and deposit them in the recycle bin at the Deep River Transfer Station. Post 61 offers you a sincere "thank you".

The redeemable cans and bottles are hauled away weekly by Legion members to Wallingford for redemption. The money received is used for community projects and activities.

The Legion thanks you again for your continued support.

Jim Marshall, Commander

# **Deep River Park and Recreation**

The Deep River Parks and Recreation is keeping busy! The youth winter basketball league wrapped up in mid-March. There were approximately 113 children from the Deep River Elementary school participating in the program as well as 120 youth from the tri-town area in grades 7-11. The season wrapped up in mid-March with an end of season tournament. The Commission would like to acknowledge the basketball committee chairperson, Dave Berardis who spent long hours organizing the league as well as being involved with its day to day operation, not to mention acting as a referee at many of the games. The Commission would like to thank our referee staff, our coaches for giving of their time and energy and especially the custodial staff of the local schools where games and practices were held weekly.

Spring has brought some exciting new programs. A volleyball clinic was held in late-March where the participants learned the basics of volleyball while improving their skills. The Commission is sponsoring a basics photography course which starts on April 19th and runs for six-weeks. It is being taught by professional photographer Steve Nadler, who lives in Essex and has been a photographer for some 37 years! His work has been exhibited around New England as well as in New York City. Classes will be held at the DR library on Thursday nights from 5-8 pm. Cost is \$135 for DR residents and \$150 for out of town participants.

On Saturday, March 31st, Parks and Recreation is



holding its annual egg hunt at Devitt field Main on Street for youth preK-6th grade. The hunt will begin 1pm and lasts at only minutes! So don't be late. A visit by the Easter bunny is planned as well as games for the kids. Rain Date will be Sunday, April 1st, 2012.

On April 14th, the P & R commission is sponsoring two unique programs at Plattwood Park. The programs are primitive skills workshops, and teach how to throw a tomahawk and how to start a fire using flint and steel. Deep River resident Pat Mule who works for the Department of Agriculture has been teaching these skills to area scouts and outdoor enthusiasts for several years. The programs will run from 10:00-12:00 and from 2:00-4:00. Cost of the Tomahawk Throwing workshop will be \$25.00 for DR residents and \$30 for non-residents. Cost for the fire making workshop is \$40.00/\$45.00. Scouts who participate will receive an additional discount if they wear their class B shirts.

An 8 hour boating and personal watercraft safety certification course is being offered to local residents on April 29th. Upon successful completion of the course, the student can mail or deliver the class diploma to the CT DEP and, combined with the application for certificate and the appropriate fee, be qualified for the certificate of personal watercraft operation/safe boating. The cost of the course is \$75.00. Space is limited so call early.

Come out to a ball game with Parks and Recreation this spring/summer. We have discounted tickets available on Parks and Rec day at New Britain Stadium on Friday April 20th. The kids have no school that day, so come and catch a game between the Rock Cats ( Minnesota Twins affiliate) and the New Hampshire Fisher Cats (Toronto Blue Jays affiliate). Game time is 10:00; Field Box seats for only \$7.00!! Come catch a MLB game on Mother's Day between the Boston Red Sox and the Cleveland Indians. What a great Mother's day gift! Game time is 1:00 pm. This is your chance to visit historic Fenway Park and help celebrate its 100th anniversary. Bus will leave the exit 4 commuter lot and bring you right to the Park. Cost is \$62.00 a ticket for seats in grandstand section 2. Or if you are a Yankee fan, grab some friends and come catch your team at Yankee Stadium for a night game between the Toronto Blue Jays and the Yankees on Tuesday August 28th. The bus will leave from the commuter lot at 3:30 pm. for the 7:05 game. Cost per person is \$ 56.00. Ticket quantity is limited so call the Parks and Recreation office today.

# Deep River Park and Recreation, cont.

On Saturday, May 12th, come down to Plattwood Park and cast your line in the annual Sonny Stebbins Fishing Derby. Each year, the fishing derby is a town favorite; attracting dozens of Deep River residents aged 5-15. The pond is stocked with an abundance of rainbow trout. Come down and try your hand at catching one of the 19-inchers! Registration is from 7:00-7:30am, with the derby running from 7:30-9:30 am. Cost is only \$3 and donuts, coffee and juice boxes will be available for purchase. This event is open to Deep River Residents only. Prizes awarded in various categories.

New this year, the Commission is sponsoring the 'Misfit Cruisers' Cruise night at Plattwood Park. Weather permitting, every Tuesday from May 8th through September 11, 2012 starting at 6 pm you can come enjoy some antique, classic and unique cars as they gather at one of the Town's most popular parks. Food will be available for purchase, so plan on coming down for dinner and enjoy the trip down memory lane.

Also, new this year, is an American Kennel Club Fun Dog Match put on by the Kenilworth Kennel Club. It will be held at Plattwood Park on Sunday, May 27th from 8am -5 pm. Come down and watch as the dogs show off their hard work by performing acts of agility, off leash training, and other skills.

In June, the fourth annual Deep River carnival comes to town. What a fun time for local families to gather and take a wild ride, have a candied apple or try your hand at a game of skill. Mark your calendars for Thursday, June 14th through Sunday June 17th.

The summer's arrival means the beginning of the Parks and Recreation summer concert series. This year the concerts will begin on Thursday June 28th and run for 9 weeks. Look for posters around town and on the town web site for all the details. Also, the Parks and Recreation summer camp will begin on July 2nd and run Monday through Friday for 6 weeks. Look for the brochure out now for all the details. Don't hesitate; sign up today as popular sessions fill up fast.

More information about these and other programs/ events can be found on the Town web site. Or please call 860-526-6036 to reach the parks and recreation office.

# **Run for Chris**



1st Annual 5K RUN FOR CHRIS Run for Education 1-3-5 odd man & woman Saturday, June 23rd, 2012 Essex Town Hall Registration opens at 7:00am Kids Fun Race at 8:15am Race starts at 8:45am

To Benefit the Chris Belfoure Memorial Fund at Middlesex County Community Foundation

Chris Belfoure Memorial Fund has been established at Middlesex County Community Foundation (MCCF). The Fund will serve as a catalyst toward integrating multicultural experiences, a broader understanding of people around the world, learning foreign languages, and integrating environmental programs into the schools and programs of the libraries of the Lower Valley of the Middlesex County. All contributions should be made out to MCCF and mailed to: MCCF, 211 South Main Street, Middletown, CT 06457, with "Run for Chris" in the memo line. For further information, please contact Robin Chapin at robinc83@ gmail.com, 860-767-1541; Or Cathy Bishop at cbishop56@ sbcglobal.net, 860-767-0354. To register online go to www. raceit.com/register/?event=9564

# **Animal Control**

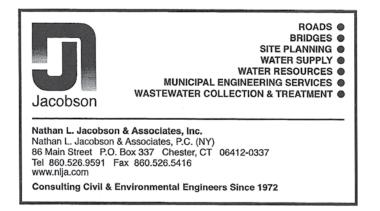
Spring time is here. Well we made it through the winter without too many problems. Soon it will be time to plant your flowers and check the rabies vaccine on your pet to make sure you are up to date. This winter we had a lot of reports of raccoons roaming around and acting sick. We had to test some of these raccoons and they were found to test positive. Not all raccoons have to be tested, if they didn't have contact with your pets. The state only will test wildlife if they have contact, for public safety. This is due to the cost and time. By next time we speak, it will be time to license your dog, so don't wait for the last minute to visit your vet. Let's all enjoy spring and our pets.

### Animal Control Officer, Robert Jenkins

# **Deep River Land Trust**

This year has been an exciting one for the Deep River Land Trust. Two pieces of property in town were donated to the trust so that they could be preserved for the enjoyment of present and future residents and visitors. The newest addition of property to the Deep River Land Trust was received in December from Linda and Bill Caval. The gift of approximately 7 acres of wooded upland is located on the west side of River Road and overlooks the Connecticut River. This property is an important addition of open space along the River and can be seen from the river. Since this property lies within the ridge top to ridge top area of the river it helps keep this unique part of the river in its natural state. This property is the 15th preserve protected and maintained by the Land Trust. In October the Deep River Congregational Church donated approximately 10 acres of land north of Route 80 located in Cockaponsett State Forest . A pamphlet describing these properties and a map showing all of the preserves are available at Town Hall . We are currently working with the church on an official name for the property. More information on these two donations will appear in our next newsletter.

Another project the Land Trust is undertaking is replacing the signs at all of our preserves. The preliminary design has been developed and the signs will start to appear at the preserves in the near future. The Land Trust is always looking for stewards to look after our various preserves and volunteers to walk or properties and clear trails or trim brush. Anyone interested in either of these activities can email us at drlandtrust@ gmail.com. Also let us know if you would like us to add you to our mailing list. E-mail us your name and address.



### **Riverview Lodge**

### **Riverview Lodge Residential Care Home**

### Let's Celebrate Deep River!

We would like to invite the community to celebrate with us 45 years in business.

Please join us for an **OPEN HOUSE CELEBRATION** 

Sunday, June 3rd from 11:30-2:30pm An afternoon of lunch, live music, and a visit from the Deep River Junior Ancients.

Great Food and Entertainment for adults & children (bounce house, crafts and more). Please come visit our home and visit with our residents who are a welcomed part of our gracious community!

> 10 Prospect Street Deep River, CT 06417 www.RiverviewLodge.com

"Helping Adults Overcome Challenges since 1967"

R.S.V.P. & more info - please call Jim DeLano Jr. 860-526-4941





# Deep River Dry Pants Yacht Club

There are no better harbingers of Spring than the return of green grass, the robins, the annual Deep River Fishing Derby and radio-controlled CR-914 model sailing boats on Platwood Pond!

Actually, 2012 has already been different than most years..We sailed on New Year's Day. We sailed on Super Bowl Sunday. We have been sailing anytime the ice has been off the lake. Incredible!



Last year featured over 70 different sailing days on the pond. Regular sailing took place on Sunday mornings and Tuesday late afternoons. Plus, impromptu racing took place on other weekdays based on favorable weather.



2012 will be another fun year for us. You will find boats racing every Sunday morning from 10:30 until noon and then again on Thursday afternoons at 5:30PM(a change versus 2011). In all probability, you will also see

boats racing other afternoons. Our big event will be hosting the 2012 Regional CR-914 Regatta on Saturday, May 19. In the past, this regatta has drawn sailors from all over New England, west to the Finger Lakes and south to Maryland. Come see the racing. It's very competitive!!

Residents of Deep River are always welcome to try their hand at sailing. If you understand the basics of the sport, it's not difficult to sail one of our boats. Just let one of us know of your interest and you will quickly be introduced to a fun hobby. If you are interested in a new or used boat, we can also supply a loaner.

Members of the Dry Pants Yacht Club sail many different classes of model yachts. Some have become national champions. While one can restrict all one's sailing to their "home pond", one can also sail in regattas all over the United States. This year's National Championship for the CR-19 class will be in San Diego.

The DPMYC welcomes new members and is very happy to provide coaching for newcomers to model boat racing. For information pictures and video, contact our website at www. DPMYC.com or call me @860-767-5052.

## **Deep River Horseshoe League**

It is getting close to that time of year again to start a new season for the Deep River Horseshoe League. Our first meeting will be held at the Deep River Town Hall on March 29, 2012 at 7:00 pm. This is a perfect time for new play-



ers to attend and find out about how to qualify for the league and all the new information about the upcoming season. Past players also need to attend to sign up for the 2012 season. This meeting will be about our pit clean up night on April 12, 2012 and the new season events schedule and any other items that need to be discussed by League Officers and Players. We can use extra help this year because of damage that happened from Tropical Storm Irene last year.

The League Officers would like to encourage anyone that would like to substitute or potentially become a

new member that you don't need to be a town resident or have played in any Horseshoe League in the past. For instance the pic-



tures that are shown are of Brian Simpson & Michelle Puckett who just finished their first season. The League would also like to mention we could always use more substitute players even if you cannot play the entire season, so if you're interested come down to the meeting



and be part of the fun for a league that is Connecticut's oldest and is starting its 57th year of existence.

Thank You League President: Vincent Puckett

Jim Godsman, Commodor



We'll honor all of Fran's customers and his prices!

Over 25 years in business!

(IKP)

DEEP RIVER

381 Main Street - Deep River, CT - 860-526-9270 www.deepriverjewelrydesign.com

JEW

ELR

# Deep River Town Hall Auditorium Restoration Committee

"It is folly to undertake works of this or any other without first knowing that we are able to finish them—as half-finished work generally proves to be labor lost." (Abraham Lincoln)

The task of "Recapturing its Victorian Grandeur" is the mission of the Auditorium Restoration Committee... and we intend to finish the job as quickly as possible.

When our town hall was built in the 1890s, the auditorium was the social hub of the community, used for town meetings, shows of various types, dances, parties, and sundry other functions. The Auditorium Restoration Committee, successor to the Restoration Association, has been charged by the Selectmen with enabling the space to be used much as it was at an earlier time.

Ten of us were appointed by the Selectmen in December, 2011. All have been engaged in community activities over an extended period. All are known well by different segments of our citizenry; as elected officials, band boosters, PTO members, Park & Rec members; from Historical Society, Rotary, Lions, Library Friends, Land Trust, and a host of boards, commissions, and clubs. All are busy people with reputations for getting things done.

We have been hard at work:

- 1. Meeting with our Building Inspector and Fire Marshal to acquaint ourselves with safety code requirements;
- 2. Making certain we are complying with all safety code requirements;
- 3. Visiting nearby restorations (Goodspeed Opera House, Chester Meeting House, The Kate) to observe how those facilities dealt with the same demands we must meet;
- 4. Developing an action plan for the Selectmen;
- 5. Planning for balcony seating;
- 6. Organizing renewal of the Grand Stairway as the primary entrance to the auditorium;
- 7. Arranging for artisans to complete specific restoration tasks.
- 8. Regular committee meetings are scheduled monthly, with special meetings on an as-needed basis. Early on, we were meeting every week, with subcommittee gatherings in between. All agendas and minutes are posted with the Town Clerk.

Restoration remains a Work-In-Progress. Thus, we have rebuilt our link on the town website to reflect those constant changes in status. You can keep up to date with the restoration effort by looking for our link on the website.

Art Thompson, Chair

# **Tri-Town LEOS**

### Join the Tri-Town LEOS!

A fun youth group dedicated to community service and practicing skills that lead to personal growth

Open to all John Winthrop & Valley Regional High school students.

Everyone's success depends on Leadership, Experience & Opportunity

For more information e-mail: tatinkler@comcast.net



WildScotsMan@comcast.net





43 main street, essex 860.767.2067 www.toysahoyessex.com ahoy@toysahoyessex.com On Saturday, February 4th, ten students (4 team members and 6 individuals) from John Winthrop Middle School competed in the Eastern Regional MATH-COUNTS competition at the United States Coast Guard Academy in New London, CT. The top seven teams were invited to attend the State competition, held at the University of Hartford in early March, and John Winthrop is one of them! Twenty-six teams attended the competition and over 200 students participated. John Winthrop 8th grader, Sean Watson, came in 10th place overall. In addition, Julia Hammond scored high enough to attend the state competition as an individual.

MATHCOUNTS is a nationwide middle school math program run by the National Society of Professional Engineers. Math Counts is providing today's students with the foundation for success in science, technology, engineering and mathematics careers. Currently in their 29th year, MATHCOUNTS is one of the country's largest and most successful education partnerships involving volunteers, educators, industry sponsors and students. President Barack Obama and former Presidents George W. Bush, William J. Clinton, George H.W. Bush and Ronald W. Reagan have all recognized MATHCOUNTS in White House ceremonies. The MATHCOUNTS program has also received two White House citations as an outstanding private sector initiative. Particularly exciting for our Mathletes® were the hour-long ESPN programs on each of the National Competitions from 2003-2005. In 2011 the National Competition returned to ESPN with a live broadcast on ESPN3.



(Students from left to right) Charlotte Boland, Sean Watson, Marly Toledano, Julia Hammond, Ian Connelly

# **Deep River News**

## **Deep River Garden Club**

Soon the daffodils will be popping up around town from our effort last Fall to get the bulbs planted on the day of the October snow storm. This was the first official project the club sponsored with many more planned.

The Deep River Garden Club looks forward to working with the Merchant's Association and the Library to hold and support mutual functions and town improvements. Our goal is to beautify our unique town and foster community spirit and interest.

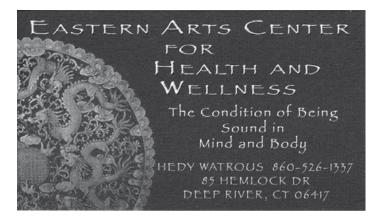
Our meetings are usually held at the Town Hall on the third Tuesday of each month at 7:00 PM. We occasionally hold special events at the Carriage House of the Deep River Historical Society. We are a small group at present and are encouraging residents to come and find what we are all about.

Some of our future events and goals will include more town plantings, preparation of the Memorial Green for the Memorial Day events, spruce up Devitt Field before the Muster, hold a "Plant Sale" in front of the Town Hall, planting of evergreen saplings donated by the Lion's Club, field trip to Buttonwood Farm in Griswold, CT with lunch at the Golden Lamb Buttery, Pot luck/picnic at Town Landing, Guest Lectures, workshops and a field trip to the Roses for Autism farm in Guilford.

Consider joining our newly re-established club and if that is not possible try to support our future fund-raisers and events.

### Sue Wisner, Club Secretary

For more information contact Club President Janice Kmetz at (860) 790-0432 or e-mail at Janice.kmetz@ gmail.com



# Hedy's Health Tips

### Welcome to the Spring season,

Spring forth with new beginnings in this season of rebirth and revitalization.

This is the perfect season to set those intentions we manifested during the winter. It is also the perfect season to clean out both our homes and bodies. Perhaps a fast might bring clarity and wisdom? After a fast or cleansing we might focus on what is good for us rather than always trying to avoid what is bad for us... I believe the true treasures of TCM, Traditional Chinese Medicine, lie in its greater focus on preventative health, wellness and lifestyle practice.

Health is about assisting the body to find balance. We achieve this by providing the best possible environment for our body to be healthy, supporting it to recover from or avoid imbalance and disease. This preventative style of medicine is not simply treating the results of imbalance, rather the study of how to find balance.

### Food is the perfect venue to begin this practice of balance.

The spring season is about young foods and their preparation. Things such as baby carrots, sprouts, micro greens, young green onions, chicory, dandelion and just about anything else in the green spectrum.

Greens have been a traditional part of the spring diet in most cultures. They are plentiful at this time of year and their use has always been associated with freshening, cleansing, and building the body. The active part of these plants is Chlorophyll which may be one of the strongest healing agents known to man not to mention greens have a moderate amount of protein and many contain calcium, phosphorus and the B, C, E and A vitamins. Try some grains but fewer heavier foods like meat and dairy products. Avoid fried foods, chemical foods and alcohol or drugs.

Spring is about keeping the wood element (liver/gallbladder) in its best possible shape with new attention to your nutrition, exercise and self awareness. This is a special time to be open to new beginnings and clear out the past which is ready to leave. It is important to clear out the past to make space for the future you! Remember that "elimination equals illumination"!!

Dance play and enjoy this very creative time of year.

Be well, Hedy

# APPLEBY PLUMBING CO

PLUMBING · HEATING · WATER SYSTEMS RESIDENTIAL · COMMERCIAL · INDUSTRIAL

Serving the Connecticut River Valley and Shoreline Towns



# Go Green! Appleby Green! Propane & Natural Gas - 97% Ultra High Efficiency

The Clean Green Choice.

CT LIC# P-1 278888 CT LIC# 5-1 394550 CT LIC# SM-1 4198 HIC REG# 570837 W5 LIC#2 MED GA5/VACUUM #141 ST-1 0398944

# **Exercise Myth Busters**

You may be surprised to find that you don't have to be a fitness enthusiast, a professional athlete or frankly, even like to exercise to create a healthy lifestyle! Believe it or not, as much as 20 minutes of movement a day can benefit your health! Unfortunately people can get stumped by exercise "myths" and never establish a routine that works for them. The key is to make the best use of your time in order to exercise effectively, correctly and consistently.

Although some old fitness myths, such as "no pain, no gain" and "spot reducing" are fading fast, plenty of popular exercise misconceptions still exist. Listed below are some common exercise myths as well as the not-socommon facts based on current exercise research. Take the information in and create a plan that works for you!

**Exercise Myth 1.** You will burn more fat if you exercise longer at lower intensity.

Reality: The most important focus in exercise and fat weight control is the total energy cost, or how many calories are burned during the activity. The faster you walk, step or run, for example, the more calories you use per minute. If you are just beginning or returning to exercise, you may not exercise very long at this level. Start out at a lower intensity and work your way up gradually.

**Exercise Myth 2.** If you are not going to workout hard and often, exercise is a waste of time.

Reality: This kind of thinking keeps a lot of people from maintaining or even starting an exercise program. Research continues to show that any exercise is better than none. For example, regular walking or gardening for as little as an hour a week has been shown to reduce the risk of heart disease.

**Exercise Myth 3.** Doing the same exercise over long periods will provide results.

Reality: Your body learns to adapt to exercises. Adding variety to your exercise routine so your body doesn't adapt is the key to getting results.

**Exercise Myth 4.** If you want to lose weight, stay away from strength training because you will bulk up. Reality: Cardiovascular exercise and strength training are both valuable for maintaining a healthy weight.

Strength training helps maintain muscle mass and decrease body fat percentage. It is especially important in maintaining bone density in women.

**Exercise Myth 5.** The health and fitness benefits of Mind-Body exercise like Tai Chi and Yoga are questionable.

Reality: Tai chi, for example, has been shown to help treat low-back pain and fibromyalgia. Improved flexibility, balance, coordination, posture, strength and stress management are just some of the potential results of these types of exercises.

Written by: Stacy Meisner

Stacy is an AFFA and Les Mills Certified instructor and an AFAA Certified Personal Trainer. She is coowner of Squared Circle Studio.

Sources: 2011 by IDEA Health & Fitness Inc. & Fitness Partner Pro-Active Calorie Counter







# Daily Specials

Mondays "Two for \$20" Dinner Special

Tuesdays 50% off Kids Special Menu

Wednesdays 25% off All Bottles of Wine

Thursdays 30% off House Martinis & Margaritas

860-526-2528

"Still the Best Lobster Bisque in the State!"



# **Deep River Elementary School PTO**

The mission of the Deep River Elementary School (DRES PTO) is to support excellence in education by promoting closer ties and communication among parents, faculty, administration and the Board of Education. Our goal is to provide curriculum and social enrichment activities for all DRES students as well as support to the administration, faculty and staff throughout the academic year. Funds the PTO raises support cultural arts programs at DRES, grade level field trips, field day, 6th grade graduation and more! Here is a little bit about some of our recent & future fundraisers:

### Past Fundraisers & Activities:

**Bingo Nights** – The PTO held a family bingo night with raffle prizes at John Winthrop Middle School in November and February with DRES Principal Dr. Pietrick as the Bingo MC.

**Holiday Faire** – The PTO held a Holiday Faire in December for the DRES children to purchase gifts for family & friends.

**Pasta Dinner Fundraiser** – The PTO held a pasta dinner on March 9th that included pasta & sauce (compliments of The Olive Garden) served by DRES Principal Dr. Pietrick and DRES teachers Mr. Drinkard, Ms. Fachini, Ms. Marion and Mrs. Shakun at the John Winthrop Middle School cafeteria.

### **Upcoming Fundraisers:**

Book Fair – The PTO held a book fair at DRES in conjunction with Scholastic Books in November 2011 and plans to hold a second fair this spring (April 2-4 with April 4th being Family Night from 6-8 p.m. with a Cake Walk)

Used Goods Drive - Save Your Give-Aways! The PTO held a Used Goods Drive Fundraiser in October 2011 and plans to hold another one this spring. We will be collecting wearable & usable items to be resold or recycled and in return we earn money for the school. Items being collected are clothing (men's, women's & children's), hard toys/ stuffed animals, linens (beddings, curtains, towels), shoes, belts and handbags. DRES is paid per pound collected. Our goal is OVER 200 bags of items per drive. Let's fill the truck! Keep an eye out for our spring used goods drive!

### **Ongoing Activities:**

Box Tops offer three easy ways to earn cash for our school through everyday activities such as buying groceries, shopping online and purchasing books.

- 1. Clip Box Tops coupons are worth 10¢ each when our school redeems them from Box Tops for Education.
- 2. Shop Shop at the Box Tops Marketplace (btfe.com/ marketplace). Up to 8% of each qualifying purchase is automatically donated to our school. There is no additional cost to you.
- 3. Buy books Purchase books online at Barnes & Noble through the Box Tops Reading Room. Our school will receive 6% of your new book purchases and 3% of all other online purchases.

One of the easiest ways you can help is to sign up to support our school at www.btfe.com. You will learn about new and easy ways to help our school earn the extra cash it needs.

Stop & Shop Reward Program - Shop at Stop & Shop and earn cash for DRES! The PTO has added the Stop & Shop Reward Program to our fundraising! Simply register your card at www.stopandshop.com/aplus or call 1-877-275-2758 - Use school id # 11128. Attending to this simple process makes a huge difference to our school. We need your support!

### Please keep an eye out for the following upcoming activities of the PTO:

March 26th - Day of the Arts

**April 2-4** – Scholastic Book Fair (April 4th is Family Night with a Cake Walk)

**May 3rd** – Concert by Thula Sizwe, an a capella group from Africa

May 8th & June 12th – PTO Meetings

June - DRES Field Day (Date TBD)

June 20th - 6th Grade Graduation

PTO meetings are held on the second Tuesday of every month at 7:00 p.m. in the DRES library. PTO membership is open to all parents and guardians of all DRES students as well as all DRES staff. All are welcome to attend to find out more about DRES PTO activities. If you have any questions about PTO activities, feel free to email us drespto@ dres.k12.ct.us or drop a note into the PTO mail box in the teachers lounge. We will be updating the DRES PTO webpage (linked on the Parent Resources webpage) on the DRES website regularly. Please check back there for more information about DRES PTO activities in the future.

**2011-2012 DRES PTO Officers -** Co-Presidents: Leslie Sheehan & Amy Petrone, Vice President: Stacy Meisner, Secretary: Jeni Gray-Roberts, Treasurer: Doug Gingrave

# **Deep River News**

# Fountain Hill Cemetery

Work on the Office/Maintenance building is proceeding at a good pace and is expected to be completed soon. The Association is looking for donations of office furniture for the building. If you have items you wish to donate please call the Superintendent at 860-526-4752.

The Association wishes to express their thanks and appreciation to the Town of Deep River and especially to the Deep River Town Crew for their help with the new drainage system to help alleviate the erosion issues around the new building.

It is with regret that the Board of Directors accepted the resignation of Lori Guerette as Secretary for the Fountain Hill Cemetery Association. We appreciate her dedication to the Association and thank her for her years of service.

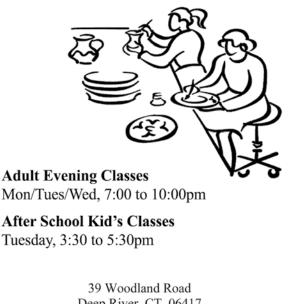
Clean up and repairs continue in the aftermath of the two fall storms.

Plans for the addition of a PET Cemetery at Fountain Hill are moving forward under the direction of Eagle Scout Curtis Turner. This section will be located across from the Cypress Hill section and behind the new maintenance building. The area is expected to have a paved path and stone benches. The Association wishes to thank Curtis for taking on this project which we feel will be a great addition to the cemetery. Donations for construction costs can be made to the Fountain Hill Cemetery, ear marked for the Pet Cemetery.



# Betsy's Ceramics

A traditional studio with many options... Celebrating over 20 years!



Deep River, CT. 06417 betsysceramics@yahoo.com 860-526-5667





# **Coffee with a Purpose**

### Changing Lives since 2003

Simply Smiles, Inc., a Westport based charity founded in 2003, provides bright futures while improving the daily lives of impoverished children. President and Founder, Bryan Nurnberger, who was born and raised in Connecticut, started the organization after stumbling upon an orphanage in Oaxaca, Mexico. Previously a professional rock climber, Nurnberger says, "My encounters there changed the course and direction of my life."

Since renovating and expanding that orphanage with the help of volunteers, Simply Smiles has hosted hundreds of helpers in Mexico, and the impact has been tremendously positive for both the travelers and those they have assisted.

Upon discovering a group of families living off what they could glean from the trash at the Oaxaca City dump, Simply Smiles staff and volunteers befriended the group and developed a trusting relationship. The greatest need was housing, as most families were living in huts made of trash. Over a two-year period, Simply Smiles built twenty seven concrete homes for those living in the dump, mostly with teenage volunteer labor from Connecticut. The city took notice of the project, named the street on which the houses stand, and provided electricity. Now, the children of the families living in these homes have a clean, dry, well-lit place to do their homework.

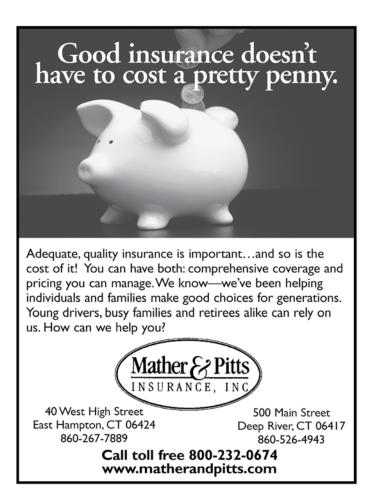
Currently, Simply Smiles is providing food for malnourished children and families in the southern, coffee farming region of Oaxaca. Volunteers have also constructed a school there and plan to build another this summer.

A few years ago, Simply Smiles began a domestic project, working with the Lakota people on the Cheyenne River Sioux Tribe Reservation in South Dakota. The charity runs a summer camp, renovates homes, and plans to begin building new homes on the reservation this spring.

### A Coffee Company is Born

"Simply Smiles Coffee is a key element in an ecologically responsible, sustainable future for our friends in Oaxaca," says Peter Allen, Vice President of the organization. The charity's goal is to buy coffee from the struggling farmers they now feed every six weeks with food distributions. "Staving off malnutrition and starvation is the essential short term goal," says Allen, "but we want to give them their way of life back and help them to help themselves." And added benefit: Coffee grows in the shade and does not necessitate cutting down the rainforest, which area residents would have to do in order to grow other crops.

Simply Smiles coffee, a premium roast from Oaxaca, Mexico, is available online at www.simplysmiles.org in regular ground, regular whole bean, and decaf ground. Plans are under way to sell Simply Smiles Coffee at the Adam's Supermarket here in Deep River by April of this year.



# Spring 2012





Atty. Tom Kablik can help (860) 526-1181

PHOTO BY MARJI

Living Trusts, Wills, Powers of Attorney, Healthcare Documents, Estates Free First conference \*\*\* Free House Calls \*\*\* 10% Senior Discount (60+) MEMBER: National Academy of Elder Law Attorneys Visit Tom, The Yankee Lawyer ™ @ www.yankeelawyer.com



New customers only. Not valid with any other

offer Limited time offer

New customers only. Not valid with any other

offer. Limited time offer

New customers only. Not valid with any other

# **First Congregational Church of Deep River**

Our youth participated in two special mission activities to begin the new year. On Saturday, January 28th, they joined the youth from other churches in the Middlesex County in "No Room at the Inn." This event raised greater awareness of the plight of the homeless, as those taking part spent the night sleeping outside in a cardboard box. There was a wonderful response. The Midnight Run is a non-profit organization that brings food and clothing to the homeless of New York every single day of the year. On February 18th, the teenagers of our church took part in the Midnight Run with a convoy of vans packed with food items, gallons of coffee, along with blankets and warm clothes collected from our members and friends of the church. They left Deep River around 7:00 p.m., and started their distribution in the city by about 11:00 p.m. Our group actively distributed food and clothing at pre-designated locations between 11:00 and 2:00 before heading home to Deep River around 5:00 in the morning. The Midnight Run is one of our most popular programs because of the close interaction with people who so desperately need help. We are so proud of our teenagers for taking on this commitment year after year! The older youth are also planning two weeklong mission trips for the summer: one to El Salvador, July 20-27, and the second to Appalachia, July 15-21.

The annual Medieval Dinner took place on Sunday January 22. This was an important fundraiser for our youth mission account. The special entertainment for the evening was our own "Silent Monks" presentation of the Hallelujah Chorus.

Our congregation had a special treat on Tuesday March



13. The Destiny Africa Children's Choir from Uganda returned to present a concert at Deep River Congregational Church. A free will collection was

taken and all the proceeds will be donated to the Kampala Children's Centre in Uganda. During the past 3 years, the Destiny Africa Children's Choir has traveled from their home in Uganda to bring their joyous sound and beautiful faces to both Great Britain and the USA. They were privileged to perform before the Prime Minister, Gordon Brown, during their UK tour. The children within the choir are between the ages of 8 and 16 years and have been rescued from horrific situations and many were orphans. They have been rescued and now live at Kampala Children's Centre — a community of homes, a school, a farm, youth center, workshop and other resources among which these children live, learn and thrive. Their lives have been transformed and now these children sing a new song, one of hope, restoration, freedom and joy and they are bringing it on tour!

The men of the church hosted a wonderful Valentine Breakfast for the women of the church on February 12th. Following breakfast, the women were serenaded by the men and our Women of the Year honorees, Peggie Sypher and Nell Johnson were announced.

Our Lenten/Easter activities give us the opportunity to celebrate God's amazing love for us in His dying and in the Glorious News of His Resurrection. Lent began on Ash Wednesday, February 22nd. Two services were held that day: a Communion Service at 6:30 a.m. and a Service of Healing and Peace at 7:00 p.m. On each Wednesday, February 29th – March 28th, potluck suppers are held at 6:00 p.m.. Bring a dish to share, as well as your own place-settings and enjoy a special evening program. There will also be a Conversation Group for Lent, which will be held at 7:00 p.m. on Tuesday evenings, beginning February 28th. The theme for the discussion group is "Do Not Be Anxious about Tomorrow," based on articles and poems from the spiritual journal "Weavings."

Join us for Holy Week and Easter Services-Everyone is Welcome on Palm Sunday, April 1st, all men of the church, community and local churches are invited to attend our Annual Men's Palm Sunday Breakfast. Worship begins at 7:00 a.m., followed by a breakfast and a guest speaker, to be announced. There is no 8:30 service that morning.

On April 5th, Maundy Thursday at 7:30 p.m., our Communion Service commemorates the Last Supper and our fourth grade Sunday School students will receive their First Communion that evening. There will be a Soup and Bread supper at 6:30 p.m. on Good Friday, April 6th, followed by a moving Good Friday Worship service at 7:30 p.m.

# First Congregational Church of Deep River

The traditional Easter Sunrise Service will be held at Mt. Saint John School at 6:00 a.m. on Easter Sunday, April 8th. There will be two services at the church; one at 9:00 a.m., which is a family service and the second at 10:30 a.m. There will be special music from the Sr. Choir and Chancel Handbell Choir, along with a special Easter message from Rev. Timothy Haut. A wonderful array of treats prepared by Martha Beaudoin will be served by our Deacons at a special coffee hour at 10:00 between the two services.

The Fourth Annual Mother's Day Craft Fair will take



place on Saturday, May 12th from 9:00 a.m. – 2:00 p.m. There are inside and outside spaces avail-

able. The inside spaces are limited and will be filled on a first requested, first served basis. There is also a limited number of 8 foot church tables available for inside use on a first requested, first served basis. The cost to rent a space is \$25.00. There will also be a silent auction, a garden plant sale, as well as lunch and a bake sale. You may contact the church office at 860-526-5045 or the church web site, www.deepriverchurch.org, for an application or further information.

Our church reaches out to people of all ages, starting with the very young. Sunday School meets each Sunday during the 10:00 a.m. church service, for pre-schoolers through high school. Confirmation classes are held every other Sunday for high school students preparing to become members of our congregation. We also have an Adult Fellowship group which meets regularly and several ministries that reach out to our elderly, shut-ins, and others in need of spiritual support in times of need: Caring Card Ministry, Stephen Ministry, and Friendto-Friend Ministry.

Check our church website for more activities in the life of the church, www.deepriverchurch.org. or contact the church office, 860-526-5045 or office.drcc@snet.net.

# 9 Town Transit

### Shoreline Bus Fares Increase March 1st

9 Town Transit will increase its fares on all services beginning March 1, 2012. The increase will up the regular cash fare to \$1.50 on bus routes and \$3.00 on the Dial-A-Ride services and off-route trips.

9 Town Transit officials say the increase is necessary to keep up with increasing fuel and maintenance costs, which are rising faster than funding from the Connecticut Department of Transportation. They point out that the cost of ten ticket books and monthly passes is rising just 2% and 4%, respectively, making prepaid fares a better deal than ever. Ticket books purchased prior to the fare increase will remain valid for one year after purchase.

For a full listing of the new fare schedule or to purchase passes and tickets, visit www.9towntransit.com. Passes and tickets are also sold at area Stop & Shop and Adams Market stores. For more information, call 9 Town Transit at 860-510-0429.



# **Deep River Public Library**

### The Scoop from DRPL

E-Reader help is available at the library. Have you received a Kindle or a Nook for a gift? Don't forget that you can check-out an e-book from the library's home page and Overdrive. Give us a call for assistance or drop by the library. The library has a Kindle and we will demo it for you.

Overdrive is the newest resource for both downloadable audio books and eBooks. Overdrive downloadables are available to Deep River Public Library users through the library's membership in Library Connection, a consortium which offers a collection of about 2300 audio books and 950 eBooks to its Connecticut members. The collection is growing constantly but there may still be a wait for high demand titles. Access is available through the library's webpage. There is a great help section just look at My Help! or the Quick Start Guide in the Getting Started Box on the left side of the page.

For both resources you will need your Deep River Library barcode number for log-in purposes. On the Library Connection/Overdrive website, use the digits after the last zero and drop the last digit. For example if your barcode reads 26039000012345 you would register as 1234 and use your last name as the password. Please call, email, or drop by the library with questions you have about these resources.... and happy downloading!

### SAT PREP Help

The PrepMe SAT preparation course offers 40+ hours of instructional content, practice quizzes, and full length tests. PrepMe's online system will automatically identify your strengths and weaknesses and create a customized week-by-week schedule for you to help you raise your scores.

### **Comic Book Club**

Welcome, comic fans of all ages and genres! The Deep River Comic Book Club will be meeting weekly on Thursdays at the Deep River Library from 3:30pm-4:30pm to read and discuss all sorts of comic styles. From graphic novels like Watchmen to ongoing series like Astonishing X-men to manga and webcomics, all are welcome!

Bring your own comic books to share and discuss!

### **DR Shakespeare Club**

The Deep River Shakespeare Club meets the second and fourth Monday of the month at 6pm. All are invited to this club meeting at the library.

Volunteer Information

We are always looking for volunteers. If you have a desire to volunteer please give us a call. We have a variety of tasks for our volunteers including desk duty, shelf-reading, reshelving books, preparing books for circulation, and other tasks as well. The staff wishes to thank everyone that has volunteered their time.

### Wanted All Storytellers and others!

Have a story to tell? The library is looking for guest readers (to kids of all ages). If you are interested in participating, please let us know. Also if you have an expertise, written a book, or have a hobby and wish to share with others, give us a call.

**Tuesday Friends** 

Tuesday story time is now at 2pm Tuesday afternoons.

Dream Big Read will be our summer reading theme. We are planning some really fun events.

### Spirits with the Spirits

Friday, April 20th. Set aside that date for a delightful evening at the Library.

Don't forget to check the library Facebook page for up-todate information.

# **Connecticut River Area Health District**

Your local health department, The Connecticut River Area Health District, has moved to new offices:

### Saybrook Junction 455 Boston Post Road, Suite 7 Old Saybrook, CT

Our phone number is the same, 860-661-3300 Visit us on the web at www.crahd.org

1156 Boston Post Road Old Saybrook, CT 06475 (860) 388-2020

1 High Street Deep River, CT 06417 (860) 526-3937



1591 Boston Post Road, Suite C Guilford, CT 06437 (203) 458-2020



# **Deep River Meetings on Television**

Watch our Town government in action on television **Sunday** evenings at 6:00 when <u>Board of Selectmen</u> meetings and <u>Board of Finance</u> meetings are broadcast on **Cable channel** 19. <u>Board of Selectmen</u> meetings are held on the second and fourth Tuesdays of each month and are taped for broadcast on the following Sunday evenings. The <u>Board of Finance</u> meeting is held on the fourth Tuesday and is broadcast with the Board of Selectmen's meeting on the following Sundays.

Occasionally, other town meetings are also broadcast such as Special Town Meetings and Public Hearings.

Following the broadcasts, tapes of the meetings are available in the Deep River Public Library.

Anyone interested in helping with the taping and broadcast of these meetings is welcome -- please contact Margo at 860-526-8933. A short training session at the Comcast studio is required to become familiar with the equipment used.

Broadcasts are sponsored by the Deep River Taxpayers Association to make municipal business and discussions available to a wider audience of citizens. For more information about the Taxpayers Association, e-mail DRTA@snet.net.

# Home. Auto. Commercial. Farm.

The best customer service is "LOCAL" customer service!

Your Local Agents: Dawn Norton • Anne Marie Labonte • Stephen Donahue



800.554.8049 www.bludon.com

# **Board & Commission Meetings**

All meetings are held at the Town Hall unless otherwise noted.

### **Board of Assessment Appeals**

March and September Date & times to be announced. Chairperson: Mark Reyher

### Conservation & Inland Wetlands Commission

2nd Thursday of each month at 7:30 p.m. Chairperson: Alan Miezejeski

### **Community Health Committee**

3rd Tuesday of each month at 7:30 p.m. Chairperson: Russell Marth

### Deep River Elementary School Board of Education

3rd Thursday of each odd numbered months (except for July) at 7:30 p.m. at the elementary school. Joint meetings with other Region 4 boards during even-numbered months at JWMS Chairperson: Christine Daniels

### **Design Advisory Board**

4th Thursday of each month (as needed) at 6:30 p.m. Chairperson: Alan Paradis

### Town Hall Auditorium Restoration Committee

2nd Thursday of each month at 2:00 p.m. Chairperson: Arthur Thompson

### **Board of Finance**

4th Tuesday of each month at 7:30 p.m. Chairperson: John Bauer

### **Board of Fire Commissioners**

1st Monday of each month at 7:00 p.m. at the Fire House Chairperson: William Spitzschuh Library Board of Trustees

2nd Monday of each month (except for July) at 7 p.m. at the library. Chairperson: AC Proctor

### Park & Recreation Commission

2nd Wednesday of each month at 7:30 p.m. Chairperson: Janice Kmetz

### Planning & Zoning Commission

3rd Thursday of each month at 7:30 p.m. Hearings may be scheduled separately. Chairperson: Jonathan Kastner

### **Regional 4 Board of Education**

1st Thursday of each month, except July and August. Meetings are at 7:30 p.m. at John Winthrop Middle School. Chairperson: Linda Hall

**Board of Selectmen** 

2nd and 4th Tuesday of the month at 6:30 p.m.

### Water Pollution Control Authority

1st Monday of each month. Meetings are at 7:30 p.m. at the Treatment Plant. Chairperson: Ted Mackenzie

### Zoning Board of Appeals

3rd Tuesday of the month at 7:30 p.m. (only when there is a case to be heard.) Chairperson: Don Grohs

Note: If a scheduled meeting falls on a legal holiday, check with Town Clerk for rescheduled date.

# "Oldest Family Run Restaurant in Deep River"

# 108 Main Street, Deep River, CT 860-526-4122 Hours: Daily 7:30am - 1:30pm

- \* Catered Events or Evening Parties
- \* Call ahead to schedule your Holiday/Winter parties & weddings
- \* Open 7 days a week! 7:30am - 1:30am



- \* Our unique breakfast has been featured in many TV & publications, come try us for yourself.
- \* Join our e-mail list to get weekly specials

whistlestopCT@sbcglobal.net



# UNIW RLD.

BOUTIQUE RIVER CRUISE COLLECTION®

### Personally hosted by Joyce Winterstein

# Aug 25 - Sept 01, 2013 Basel to Nuremberg



Experience the rich romantic spirit of the Rhine and the tranquility of the meandering Main. Ancient castles and grand palaces, Medieval towns with half-timbered houses, and famous Franconian wines and robust beers are yours to enjoy on this breathtaking journey.

# PREFERRED TRAVEL

### Call us to handle your computers and network so you have time to handle what's most important, your business. **FAST, Guaranteed Service** int<sub>el.</sub> Friendly Knowledgeable Staff Service Contracts On Site or In Shop Repairs Mac and PC Certified Techs **Emergency Service** SONY. Gateway. Home Service also available XEROX Non-Profit & School Discount ero Programs computer 845 W. Main Street 83 W. Main Street

3 W. Main Street Clinton 860-664-3730 845 W. Main Street Branford 203-488-0636

TOLL FREE 866-664-3730 www.enterprisecomputer.com © 2009 Enterprise Computer, LLC. Selectman's Office 174 Main Street 860-526-6020 selectman@deepriverct.us Mon.-Fri. 8am – 4pm

Assessor's Office 174 Main Street 860-526-6029 assessor@deepriverct.us Mon.-Fri. 9am-12, 1-4pm

**Building Department** 174 Main Street 860-526-6025 buildingdept@deepriverct.us Mon.-Fri. 8am – 3pm

**Conservation & Inland Wetlands** 174 Main Street 860-526-0082 Mon. 9am -11am & Wed. 9am-12pm

**Public Works Department** 206 Winthrop Road 860-526-6032 Mon.-Fri. 7am-3pm

**Kirtland Commons Housing Authority** Joann Hourigan 60 Main Street 860-526-5119

**Municipal Agent for the Elderly Richard** Smith 174 Main Street 860-526-6020

**Fair Housing Officer Richard Smith** 174 Main Street 860-526-6020

**Park & Recreation** 174 Main Street 860-526-6036 parkandrec@deepriverct.us

**Planning & Zoning** 174 Main Street 860-526-6030 zoning@deepriverct.us

**Registrars of Voters** 174 Main Street 860-526-6059

# Index of Services & Facilities

Water Pollution Control Authority 99 Winter Avenue 860-526-6044 plewis@deepriverct.us Mon.-Fri. 8am-4pm

Tax Collector

174 Main Street 860-526-6028 taxcollector@deepriverct.us July & Jan. Mon.-Fri. 9am-12pm, 1pm-4pm, All other months Tues. & Thur. 9am-12pm, 1pm-4pm

**Town Clerk** 174 Main Street 860-526-6024 townclerk@deepriverct.us Mon.-Fri. 9am-4pm Open til 7:00pm Thurs.

### **Social Services**

56 High Street 860-526-6033 drsocialservices@deepriverct.us Tuesdays, 9am-1pm, Thursdays,1pm-4pm and by appointment

**Transfer Station** 220 Winthrop Road 860-526-6047 Wed, Fri, Sat, Sun. 8am-4pm

Visiting Nurses of Lower Valley 61 Main Street Centerbrook, CT 860-767-0186 Mon.-Fri. 9am-4pm

**Regional District #4 Superintendents** Office 1 Winthrop Road 860-526-2417 x1 jbryan@reg4.k12.ct.us www.reg4.k12.ct.us

#### **Deep River Elementary School**

12 River Street 860-526-5319 School Nurse ext. 1 www.reg4.k12.ct.us

www.reg4.k12.ct.us

John Winthrop Middle School 1 Winthrop Road 860-526-9546

Valley Regional High School 256 Kelsey Hill Road 860-526-5328 www.reg4.k12.ct.us Public Library 150 Main Street 860-526-6039 apaietta@att.net Mon. 1-8, Wed. 12:30pm-8pm, Tues., Thur, Fri. 10am-6pm, Sat. 10am-5pm, Jul. & Aug. 10am-2pm

**Ambulance Association** 284 West Elm Street

860-526-6043

### **Fire Department**

57 Union Street 860-526-6042 (non-emergency) Winthrop Station 409 Winthrop Road 860-526-6041 (non-emergency) deepriverfd@sbcglobal.net

**Fire Marshal** 174 Main Street 860-526-6020 (non-emergency)

**Resident Trooper's Office** 174 Main Street 860-526-6027 (non-emergency) police@deepriverct.us

**Troop F - State Police** Westbrook, CT 860-399-2100 (non-emergency)

**Animal Control** 174 Main Street 860-767-3219 ext. 2 860-526-6036 (non-emergency) selectman@deepriverct.us

**Tri-Town Youth Services** 56 High Street 860-526-3600 ttysb@aol.com

Deep River Post Office 225 Main Street 860-526-5970

**Connecticut River Area Health District** 166 Main Street, Unit 2 Old Saybrook, CT 06475 860-661-3300 Mon.-Fri. 7am-4pm



# Peter H. Charbonnier

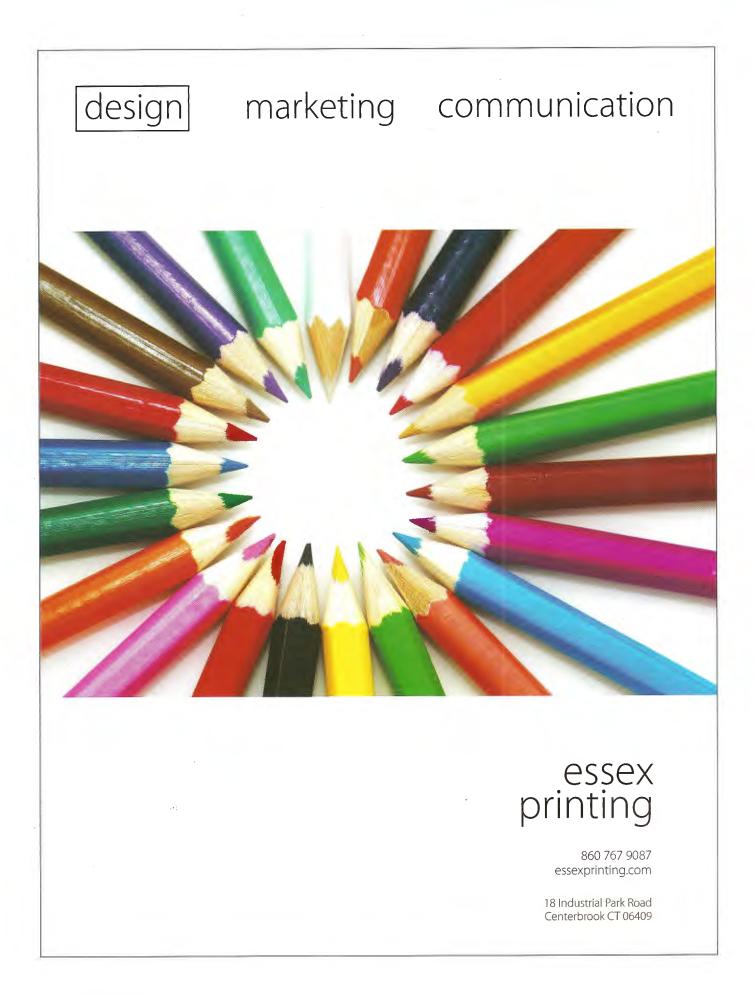
860.526.1780

ESO, LLC 97 MAIN ST. • CHESTER

I look forward to addressing your concerns in the following areas of law...

REAL ESTATE Refinance • Purchase • Sale • Reverse Mortgage • Landlord/Tenant SMALL BUSINESS Formation • Consulting • Purchase • Sale • Corporation • LLC WILLS & TRUSTS Probate Administration • Living Wills • Estate Planning DEBT WORKOUT Short Sale • Foreclosure Avoidance • IRS negotiations

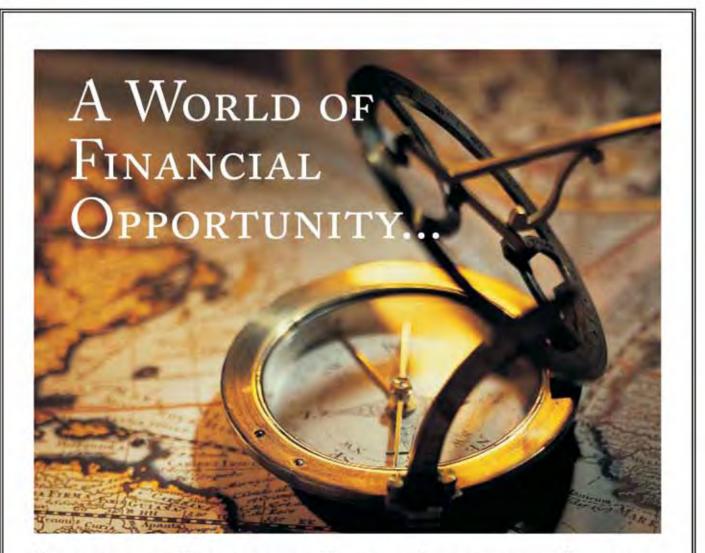
phcatty@aol.com • SERVING THE COMMUNITY SINCE 1992 • www.lawforlocals.com





Deep River News 174 Main Street Deep River, CT 06417 PRSRT STD U.S POSTAGE PAID PERMIT NO. 155 DEEP RIVER, CT 06417

**Postal Customer** 



Personal • Business • Trust • Investment Services

