

# IT TAKES A VILLAGE TO SUPPORT A RESTAURANT

# - 5 YEARS -THANK YOU



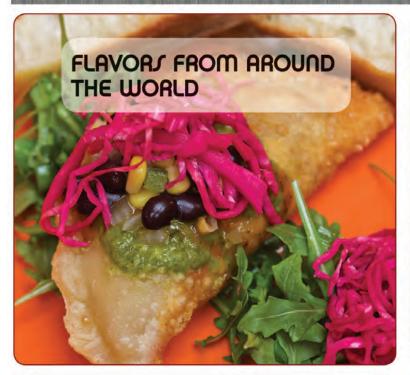
-TEAM RED HOUSE



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Angus McDonald, First Selectman John R. Kollmer, Designer & Editor Gina Sopneski, Advertising Printed by Essex Printing

To submit articles or ads, contact the Selectman's Office 860-526-6020 or gsopneski@deepriverct.us

## www.deepriverct.us

#### **Coming Events**

#### Easter Egg Hunt

Devitt Field
Saturday, April 1st
Starts at 1:45pm with the arrival of the Easter Bunny
Hunt begins at 2:00pm sharp
Rain Date: Sunday, April 2nd

#### Public Hearing Annual Town Budget

Deep River Town Hall Tuesday, May 2nd at 7:30pm

#### **Annual Town Meeting**

Deep River Town Hall Monday, May 15th 7:30pm

#### 34th Annual Deep River Fishing Derby

Plattwood Park
Saturday, May 13th
Rain or shine
The Derby is open to all area youth ages 5-15
Registration from 7:00-7:30am
Derby will run from 7:30-9:30am

#### Riverview Lodge 50th Anniversary Celebration & Open House

10 Prospect Street June 3rd 11:30am-2:00pm Rain Date: June 4th

#### 9th Annual Deep River Carnival

Devitt Field Thursday, June 15th through Saturday, June 17th Food Trucks

#### **Summer Concert Series**

Kicks off on Thursday, June 22nd

#### **Bus Trips**

Sponsored by Parks and Recreation (See page 35 for scheduled trips)



Cover Photo by John R. Kollmer

#### Selectman's News

#### Springtime in Deep River...

Thoughts turn to warmer weather, robins on our lawns, shad in the river, and daffodils in our gardens. But at the time of this writing we are cleaning up from what seemed to be a winter's worth of weather in one week: it began innocently enough with four inches of light, fluffy snow. Plows cleared the roads effortlessly, while around the house, the kitchen broom was all it took to clean the front steps and clear the walkways.

Then, a complete reversal: a potent nor'easter dumped a foot or more, at an estimated rate of three inches an hour, faster than plow trucks could push it aside. Fortunately, the storm sped off, and the deluge of snow ceased as abruptly as it had begun. All that remained were a few lingering snowflakes—until the temperature rose to just above freezing. Harmless in their frozen state, the melted flakes, now in the form of sleet or freezing rain, added a slippery coating to snowy roadways and stiffened snowbanks with a heavy encrustation of ice.

Kudos to our highway crew for working so hard to keep our roads safe in the face of adversity!

#### No news is good news

Sometimes we overlook what doesn't happen. A case in point: wind gusts (powerful enough to shake a fully-loaded plow truck) that threatened to cut swaths through the land-scape, and endanger lives and property. What a wonderful example of Nature's Fury not to have happened. It appears that the combined proactive tree-trimming programs adopted by the Town, the State and Eversource have proven themselves.

#### It is budget time again

At this time of year, though our thoughts may turn to planning our gardens and starting our seeds, we acknowledge that preparation of next year's budget takes priority. We initiate our process coincident with Governor Malloy's announcement of his proposed state budget. Connecticut's financial situation leaves the Governor with many difficult decisions, Education or Public Safety? Mass Transportation or Highway Maintenance? Do tourists spend more than our cost to lure them here? The allocation of state aid to education is a hot button topic. In an effort toward a balanced state budget, the Governor's proposal calls for reducing Deep River's state funding by nearly \$800,000, mostly a result of changing the formula for determining school aid. This puts us in a tremendous hole prior to even beginning

to prepare our own budget, and we already know that our ADM (Average Daily Membership), relative to Chester and Essex, will require a significant increase in Deep River's contribution to Region 4.

Be assured that the Board of Selectmen and the Board of Finance will be working diligently to fund our town responsibly, but that as individual citizens it is important for each of us to consider attending Region 4 budget workshops and meetings.

Your state representatives take your views seriously. It is important to let them know that while these changes may seem like small potatoes compared to the state budget, they will have a tremendous impact on small town operations... and the taxes we pay.

We will post meeting dates on our web site (www.deepriverct.us) and on the sign at Devitt Field. Better yet, sign up for automatic e-mail notification:

Visit www.deeprivect.us and click on the "How Do I" link, then choose "Subscribe to Town News"





As budgets grow increasingly lean, competition for funding grows proportionally. Lines are easily drawn, and often challenged. Harsh words broadcast effortlessly find an audience...heard, then repeated, ad infinitum. Those of us of sufficient age, whose memories (perhaps just a couple of decades) encompass a time when it was common for people of varying opinions to air their differences—to weather discussions that might turn to heated exchanges--yet rise from the table with continuing respect for one another's views. As we enter into these conversations I ask that we continue to conduct ourselves with civility and kindness, in contrast to the current norm.

#### Selectman's News, cont.

#### Infrastructure

Despite the setbacks common to any construction project—unsupportive weather, unexpected subterranean conditions, untimely mechanical failures—completion of the Kirtland/River Street Area Sewer Expansion project is well within sight. In fact, the sewer itself is complete—all that remains is replacement of the final 1,000 feet of Kirtland Street's ancient water line.

Coordinating the simultaneous installation of sewer and water infrastructure required a high degree of cooperation. Working within the confines of narrow streets, maintaining the flow of local traffic and, most important, minimizing the inconvenience to residents. Especially deserving of credit is the Connecticut Water Company, for their willingness to base their replacement program on the sewer construction schedule. Construction of this final link in municipal water service, estimated to be less than two months, is scheduled to begin for April.

During what might be considered the busy season, and after many years of faithful service well beyond its projected lifespan, the compactor at the Transfer Station finally let go. Truth be told, her retirement had been postponed, time after time, by the skilled intervention of Ed Field. Thanks to the quick action and stubborn determination of the entire Town Crew, the damage was repaired once again, back up and running within only two days. As faithful visitors well know, when machinery fails, the hopper is quickly full to overflowing. But we were not without resources.

A year or so ago, with a bow to the inevitable, we had begun researching a replacement. With information we had gathered we were able to quickly conclude our search. Then, in a January Town Meeting, residents voted their approval. Mechanically, the new system will be similar to the original, but by altering the mode of transport we should effect some savings and realize an increase in efficiency.

The over-the-road trailer that receives the compacted garbage requires that we contract with a private trucker to haul it, twice a week, at a cost of \$250. It, like the compactor, owes its continued usefulness to Ed Field's adept patching. By substituting two compactor-worthy roll-off boxes, we will be able to do our hauling in house, using the Town's Freightliner, which has long carried our recycling and bulky waste. And, when household trash exceeds the norm, we can easily make an extra run.

#### Giving Garbage the Heave-ho (figuratively)

We gain a certain satisfaction in ridding ourselves of excess materials—we gladly toss newspapers, bottles and cardboard into the recycling bins, and by our actions liberating space in which to accumulate more of the same. There is virtue in acting to protect our environment, and the value of these reusable cast-offs nearly offsets the cost of reprocessing them.

MSW (Municipal Solid Waste: more simply, garbage) is a different matter. As has been noted in an earlier issue of the News, the direct cost of disposing of MSW is 38 cents per pound— operation, maintenance and replacement of the compactor raises that figure to 50 cents or more. Every four wine bottles, four-inches of newspaper or two dozen cans of assorted sizes that is not tossed into the compactor is a dollar saved.

Angus McDonald, First Selectman

For our springtime edition I leave you with the words of William Wordworth:

I wandered lonely as a cloud
That floats on high o'er vales and hills,
When all at once I saw a crowd,
A host, of golden daffodils;
Beside the lake, beneath the trees,
Fluttering and dancing in the breeze.

Continuous as the stars that shine
And twinkle on the Milky Way,
They stretched in never-ending line
Along the margin of a bay:
Ten thousand saw I at a glance,
Tossing their heads in sprightly dance.

The waves beside them danced; but they
Out-did the sparkling waves in glee:
A poet could not but be gay,
In such a jocund company:
I gazed—and gazed—but little thought
What wealth the show to me had brought:

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills,
And dances with the daffodils.

#### Town Clerk's Office

**Stickers** for 2017-2018 are now available at the Town Clerk's office or the Transfer Station. These stickers are for residents only and allow use of the Transfer Station only. PLEASE NOTE: Motor vehicle registration is now required when requesting a Town sticker.

New this year: There will be a separate Parks sticker for Plattwood Park and the Town Dock/Landing. We will begin issuing Park stickers sometime in the spring. Watch our website for availability announcement or subscribe to Town news as described below and have notices e-mailed to you.

**Subscribe to Town News:** Would you like to have Town News and Announcements e-mailed to you? Simply go to our Town website www.deepriverct.us and click on "Subscribe to News" in the left navigation bar. Enter your e-mail and you're done. It's as simple as that!

**Dogs:** If you have a dog, you are required by law to have him or her licensed in your town of residence. We will send license renewal postcards to registered dog owners to begin renewal on June 1st. (Sorry but we can't issue licenses before that date). These renewals can be done in person or by mail but all dog licenses MUST be renewed by June 30, 2017 to avoid paying a late fee.

#### Welcome New Residents & Property Owners

Beth Ann Pronovost	02 Main Stand #221	08/02/2016
	92 Main Street, #221 23 Belmont Avenue	08/02/2016
Jonathan Reilly	220 Union Street	08/17/2016
Leo J. Cote	132 Essex Street	08/22/2016
Jong Lee & Lisa Hartz-Lee	53 Bridge Street	08/26/2016
Amanda Higgins Sean J. Powell & Susan Gilbert	65 Scenic View Drive	08/29/2016
Victoria Muggleston	59 Rosemont Drive	08/29/2016
Daniel Moore	30 Riverview Avenue	09/01/2016
Marc K. Dombkowski	25 Lobb Lane	09/12/2016
Amy Weisenburger	28 Hemlock Terrace	09/15/2016
Theresa H. Francese		09/30/2016
Ronald & Elaine Wojcik	18 Sylvan Terrace 41 Glen Grove Road	09/30/2016
3	23 Scenic View Drive	10/03/2016
Lauren & Geoffrey Nichols Robert Lenois, III & Tara Szakal	197 Westbrook Road	10/03/2016
		10/03/2016
Michael Okoniewski & Terri Brasile	*	10/04/2016
Melanie Magetteri & Paul Allen Edwin Geiger & Maria Montanez	18 Melody Ridge Road	10/04/2016
Kendra A. Price	92 Main Street, #230	10/11/2016
Peter & Maria Barnum	25 Read Street	10/21/2016
Kelley Schwarm	92 Main Street, #203	10/24/2016
Edward R. Whitaker	256 Cedar Swamp Road	11/07/2016
	67 Stanwoll Hill Road	11/07/2016
Sara & Nicholas Menga		11/08/2016
Adam Harris & Ashley Bartek	106 West Bridge Street 278 Westbrook Road	11/10/2016
James & Jill Fremut Madison Benoit	278 Westbrook Road	11/10/2010
& Katherine Munsell	92 Main Street, #207	11/23/2016
Robert Vandernoot &	92 Maiii Street, #207	11/23/2010
Elizabeth Matthiessen	32 Colonial Drive	11/29/2016
David & Arlene Sierpinski	21 Merriwold Lane	12/01/2016
Marissa Mathews	21 Memwold Lane	12/01/2010
& Kelly S. Angelini	4 Bahr Road	12/08/2016
Stephanie Collins	92 Main Street, #1	12/22/2016
Sheila Lemieux	92 Main Street, #415	01/04/2017
Lawrence P. Stewart	134 Kirtland Street	01/04/2017
Tanya L. Young	134 Westbrook Road	01/30/2017
Michael Morgan	92 Main Street, #410	01/30/2017
Triiciiaci Ivioigaii	$72$ Iviaiii Olicci, $\pi$ 710	01/30/2017

## Town Clerk's Office, cont.

## Marriages

Joshua C. Drumm & Jessica B. Wasserman	07/30/2016
Thomas A. Knack & Katherine C. Fallon	07/30/2016
Travis W. Meyers & Stephanie R. Hayes	08/05/2016
Tyler J. Disbrow & Jessica A. Spokas	08/05/2016
Leo J. Cote & Heather M. Ponticelli	08/12/2016
Russell M. Tomazic & Kelly A. Wytas	08/13/2016
Eric M. Woods & Michaela A. Morris	08/27/2016
James A. Eastman & Mary C. Mattis	08/27/2016
Timothy P. Conley & Sanya A. Jeffereis	09/03/2016
Johnathan T. Butler & Jennifer E. Bush	09/09/2016
Alexander P. Welcher & Kaitlin S. Carini	09/10/2016
Bryan L. Dorsey & Jennifer L. Hatfield	09/16/2016
Joshua D. Bengston & Tara S. Calavas	09/16/2016
Jaysen D. Tyrseck & Larissa L. Keyworth	09/19/2016
Joshua A. Stankiewicz & Allison R. Milewski	09/24/2016
Bradley A. Topar & Gabriele C. Hammond	09/24/2016
Patrick A. Nutt, Jr. & Erin E. Dudek	09/24/2016
Joel W. Whaley & Tamira Phillips	10/01/2016
George T. Gerard, V & Samantha C. Martone	10/01/2016
Alan D. Brainard & Cathy M. Kuhn	10/02/2016
Adam C. Wogksch & Kathryn A. Milczarski	10/07/2016
Daniel W. Acampora & Isabel J. Kelly-Savage	10/08/2016
Jayson V. Thibodeau & Lindsay A. Demonstranti	10/08/2016
Larry M. Weise & Aimee Richard	10/08/2016
Kyle E. Anderson & Amanda K. Cramer	10/15/2016
Shawn F. Wawrzynowicz & Danielle M. Scocozza	10/16/2016
Michael N. Halpert & Adrienne M. Johnson	10/21/2016
Trevor S. Stern & Alyssa L. Beit	10/22/2016
Szymon J. Chawarski & Rebecca M. Morrison	10/23/2016
Matthew R. Skinner & Danielle L. Murray	10/28/2016
Ian O. Bowden & Megan C. Griffin	10/29/2016
Sean P. Parylak & Jacquelyn M. Goodwill	11/04/2016
Ryan A. Corrow & Heather M. Walsh	11/12/2016

## New Trade Name Filings

Juan Yanza Paredes	Juan's Cleaning	08/31/2016
Nateysha S. Poindexter	Poindexter State Farm	09/23/2016
Deverell F. Awwa	Plane Carpentry, LLC	09/26/2016
Jake's Tavern LLC	Ivory Restaurant and Pub	11/17/2016
Damaso Fabian Hernandez	Fabian Lawncare	11/18/2016
Evan M. Haston	Dark Matter Consulting & IT, LLC	01/04/2017
Mia Marasco	Wisteria World	01/10/2017
Henry Alberto	Fabled Foods	01/31/2017

#### Town Clerk's Office, cont.

#### **Passings**

Marilyn E. Nitschke	163 Essex Street	06/19/2016
Margaret C. Davies	20 Hemlock Terrace Extension	06/30/2016
David Edward Watkins	170 Stevenstown Road	07/24/2016
Stephen Donald Milton	226 Kelsey Hill Road	07/31/2016
Irene M. Raymond	66 Westbrook Road	07/31/2016
Anthony J. Theodore	110 Union Street	08/07/2016
Francis C. Davis	60 Main Street, #403	08/20/2016
Margaret Snyder McMullin	71 Bushy Hill Road	08/28/2016
Donald Nemeth	10 Prospect Street	09/02/2016
Sally C. Bibbiani	16 Whittlesey Brook Road	09/03/2016
Thelma E. Santerre	107 Bushy Hill Road	09/08/2016
Bonnie Enes	166 Winthrop Road	09/08/2016
Joan C. Spitzschuh	11 Oak Ridge Drive	09/08/2016
Roberta A. Rogers	15 Brockway Ferry Road	09/22/2016
James Everman Davis	110 West Elm Street	09/24/2016
Allen Edward Shepard III	138 West Bridge Street	09/27/2016
Evelyn A. Bangs	151 Warsaw Street	10/18/2016
Ellen I. Larson	46 Meadow Woods Road	11/02/2016
John Thomas Attridge	57 Witch Hazel Drive	11/15/2016
Susan A. Harris	113 Union Street	11/22/2016
Michael William Ackerman	115 Westbrook Road	11/28/2016
Everett Wright Jones	486 Winthrop Road	12/03/2016
Peter E. Huckel	46 Woodland Road	12/11/2016
Doris Moore Legge	60 Main Street	12/13/2016
William F. Spitzschuh	11 Oak Ridge Drive	12/13/2016
Mary Mucha	27 Cedar Swamp Road	12/16/2016
Theresa A. Wigg	212 West Elm Street	12/21/2016
Brian M. Macek	138 Main Street	01/08/2017

#### **Board and Commission Vacancies**

If you are a registered voter and are interested in serving on a Board or Commission, please contact the Selectmen's Office at 860-526-6020. Currently there are vacancies on the following Boards:

Community Health Committee	term to expire 12-01-2016
Economic Development Commission	term to expire 12-01-2016
Parks & Recreation Commission	term to expire 12-01-2016
Parks & Recreation Commission	term to expire 12-01-2016
Planning & Zoning Commission (Alternate)	term to expire 12-01-2016

#### Regional Agencies

Agent for the Elderly CATV Advisory Council District V Long Island Sound Council

#### Tax Office

The Tax Office is preparing for Spring. We have a new and easier way for you to view your current and past tax bills online. To see what you owe, and or what you have paid, you can go online to www.deepriverct.us and under quick links click on view/pay tax bills online. Unfortunately, sewer accounts are not online. You can pay online with either an electronic check for \$2.00 or by credit card incurring a 3% fee of your total bill. In April we will be collecting the second half of the sewer operation and maintenance fee. We will also be collecting the annual fee for the sewer assessment. In May we will be placing liens on all delinquent Real Estate Tax bills that have not been paid for the 2015 Grand List. In June we will be printing the 2016 Grand List bills and hope to have them in the mail around the 19th of June. Once again these bills will be due July 1, 2017 and delinquent after August 2, 2017. If you have any questions or concerns please feel free to call, email or stop in the office. Our office is open Tuesday-Wednesday 9:00am-12:00pm; 1:00-4:00pm and Thurs. 9:00am-12:00pm; 1:00-6:30pm. During July and January we are open 5 days a week.

Lisa Bibbiani, Tax Collector 860-526-6028 • Lbibbiani@deepriverct.us

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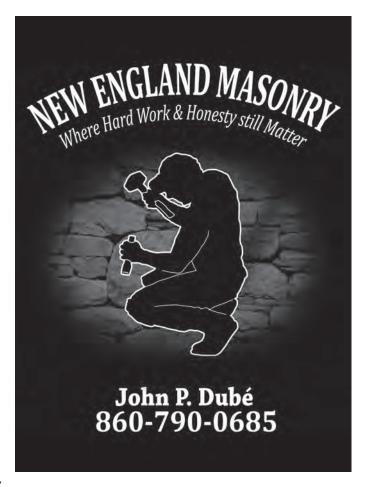
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#### Assessor's Office

#### **Senior Corner**

**Important News and Application Deadlines: Elderly & Disabled Tax Relief Programs:** The filing period for this program starts on February 1, 2017 and ends May 15, 2017.

**Renter's Rebate:** The filing period for the Renter's Rebate Program begins on April 1, 2017 and ends October 15, 2017.

Proof of income within state mandated levels is required when applying for the above programs. Income includes all taxable and nontaxable income plus social security income. Persons who file must have reached the age of 65 years or be classified as totally disabled by the Social Security Department as of December 31, 2016. Applicants for the Renter's Program must submit proof of all rental expenses in addition to their proof of income.

If you own property and are **Totally Disabled & or Blind**, you may be eligible for an exemption. Contact the Assessor's Office for the requirements and necessary exemption forms.

**Additional Veteran's Program:** Applications for this program runs from February 1, 2017 through October 1, 2017. There are income requirements for this program.

Income requirements and additional information can be found on the website at www.deepriverct.us or call the Assessor's Office at 860-526-6029. Please contact our office to schedule an appointment if you wish to apply for the above programs or have any questions regarding the requirements.

#### Reporting Address Changes

It is imperative that you report your address change to EITHER the Assessor's or Tax Collector's Office for Real Estate and Personal Property Accounts.

It is important that our records are updated with the most current address to insure that you are receiving all proper notifications. Please note that address changes for registered motor vehicles must be changed with DMV.

#### Do you no longer own a Motor Vehicle?

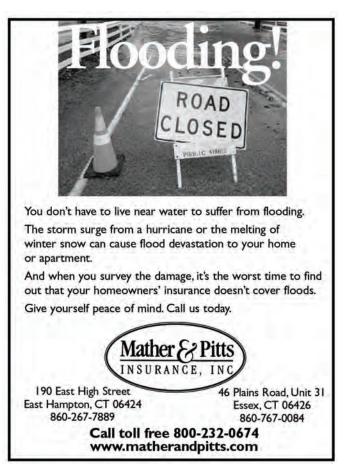
**Two** forms of proof are required to remove or prorate a vehicle if you have not transferred the plates:

The first form of proof is a plate receipt from the Department of Motor Vehicle (DMV) indicating that the registration has been **cancelled**, **lost or stolen**. If you have lost your plate receipt, you can obtain a duplicate copy from DMV for a charge of \$25.00.

The **second** form of proof must contain information pertaining to how the vehicle was disposed of.

All documentation must be dated and include the vehicle's identification number (VIN). Contact the Assessor's Office or visit the website at www.deepriverct. us for acceptable forms of proof.

Please Note: If you transferred your registration to another vehicle, you do not need to do anything. As long as you transfer the plate you will receive a credit for the removed vehicle when you are assessed for the new vehicle.



Dr. Chris Scruggs, Dave & the staff at DRAH are devoted to the health and welfare of your pet - call to schedule an appointment today - we would love to meet you!



Dave



Dr. Chris

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- Some insurance companies may want you to visit their drive-in claims center before having your car repaired. You can do this, or you may leave your car at our shop and ask that the insurance company inspect the car here.
- Differences in repair estimates are common.
   A lower estimate may not include all necessary work. If you're not sure why one estimate is different from another you've received, please ask us.
- You are not required by law to obtain more than one estimate or appraisal.

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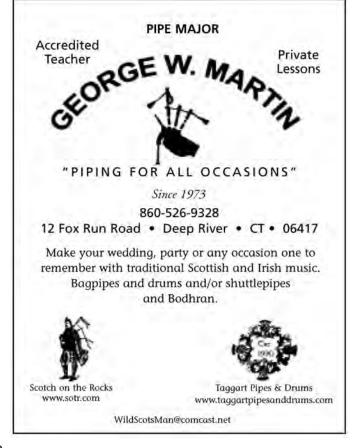


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#### Community Health Committee



Community "Into Every Life, A Little Rain Must Fall..." and Other Quotes About ommittee Life (that you might find

Working Toward a Healthier Deep River inspirational, too!)

"It's a recession when your neighbor loses his job; it's a depression when you lose yours."

- President Harry S. Truman

"No one can worship God or love his neighbor on an empty stomach."

- President Woodrow Wilson



Hi, everyone! Russ Marth here. Wanted to re-introduce you to the Community Health Committee. Throughout 2017, I will be serving on this committee - my 6th year. Volunteering in Deep River is something that many people do and we need every single volunteer, too! From Scout leaders to Little League coaches to postal workers who do food drives and everyone else:

"It takes a village." - Hillary Rodham Clinton

As part of the "CHC" as we call it, Deep River is so lucky to have a team of wonderful people - my fellow committee members are energetic, committed and caring people. The citizens, businesses, religious organizations and groups have all had a hand in helping this committee for the past several years, and therefore, we consider all of Deep River's citizens as part of our committee's "family".

"It is one of the most beautiful compensations of this life that you cannot sincerely try to help another without helping yourself." - Ralph Waldo Emerson

What do we do? It's really fairly simple: we watch out for the overall well-being of Deep River's citizens. We gather and provide funding and general help for programs that are administered by our town's social services director (Rosie Bininger located on High Street at the town's "Tri-Town Services" building). Contact Rosie on Tuesday afternoons and Thursday mornings. We also work with the local nursing agencies to provide health services to those who cannot afford them.

The town's food pantry is located at the High Street location. There are also small amounts of money for emergency heating, clothing, eyeglasses and so forth. The "CHC" does what it can, each year, to fund these residents' services. The funds we provide are donated; no tax dollars are spent for these programs and all of our committee members are volunteers.

"No act of kindness, however small, is ever wasted." – Aesop

"You have not lived today until you have done something for someone who can never repay you."

- John Bunyan

Donations received from residents, businesses and outside organizations are vital to our organization and the work it does each year. We also have events Stuff-A-Cruiser (in association with our town police), Family Day and our famous Soup For You event each October and these also fill our coffers.

But, with the generous donations by so many we are in a position to help those most in need.

"We thank you, all of our wonderful neighbors in Deep River, who have been so generous in the past years. Your selfless support of others less fortunate speaks volumes about our town's truly compassionate nature."



Russell Marth, Chairman, on behalf of Deep River's Community Health Committee

#### American Legion Post 61 Ibell-Jacobson-Smith

The 43rd Annual Mid-Winter Conference took place at the Marriot in Trumball on January 27, 28 & 29 with Commander Louie C. Robinson presiding. An ophthalmologist from Yale & the VA in West Haven relayed interesting stories and great insight about PTSD and how the spouses/caretakers of affected veterans are so important. Several other related organizations spoke about their activities for veterans and first responders. One family talked about their struggles with ALS (aka Lou Gehrig's disease) and that military veterans have a higher incidence than the general population. Research is being done at Johns Hopkins in Baltimore.

It looks like 2017 will be a very busy year for Post 61. The first round of the American Legion Oratorical Competition took place on January 26 at VRHS. Students are judged on their knowledge of the U.S. Constitution. Ninth grader, Sophie Spanner took second place and a \$100 check from Post 61. Senior, Zane Bouragy won first place and \$200. He won the District competition last year. Zane will compete for the District 7 (Middlesex County) position in February, and hopefully, on to the State Champion position in March at Goodwin College.

Many people know that the American Legion Family sponsors several programs for children and youth. In addition, to the Oratorical Competition, there is Boys State. It was started in 1942 with 103 boys in attendance. (Girls State is Auxiliary sponsored.) The Eagle Scout of the Year program is another opportunity. A State Police Law Enforcement Program is usually held in South Windsor as well. In recent years, the student has had to apply on line to initiate the application for these programs. PARENTS NEED TO SUPERVISE this process, please. It is terrible for us to witness a student's disqualification because some is were not dotted or the t's were not crossed, or an appropriate photo was not included. Applications must be filled out on line, then printed, and signed. These details become important when many are competing.

The American Legion Family will be celebrating one hundred years of service in 2019. We are the world's largest wartime veterans organization. There are more American Legion posts than there are McDonald's restaurants. FMI please telephone Commander Ely-DeCarlo at 860-227-7712. Post 61 has a facebook site as well.

Respectfully submitted,

Eileen Richard, Chaplin Post 61



American Legion members, ladies auxiliary and other veterans are pictured with the winners of the Veteran's Day Arts and Essay Contest.

On November 11th American Legion Post #61 held it's award ceremony for it's Annual Veterans Day Arts and Essay Contest at Deep River Elementary School. I am very proud to announce the winners:

#### Kindergarten:

1st Place: Alexander Bubie for his drawing of the Statue of Liberty

2nd Place: Hutch Guzallis for his drawing of the Statue of Liberty

3rd Place: Norah Lewis for her drawing of the Liberty Bell

#### 1st and 2nd Grades:

1st Place: Sway Riechel for her painting of the Deep River Town Hall

2nd Place: Max Rogan for his drawing of the Dough Boy Statue in front of the school

3rd Place: Vincy Cheung for her drawing of the Deep River Town Hall

#### 3rd and 4th Grades:

1st Place: Gavin Ortola for his essay on the war of 1812 2nd Place: Holly Board for her essay on the Liberty Ships 3rd Place: Regan Grow for her essay on operation torch

#### 5th and 6th Grades:

1st Place: Leif Duval for his essay on the war of 1812 2nd Place: Audrey Board for her essay on the war of 1812 3rd Place: Linette Spaner for her essay on the liberty ships

On behalf of myself and the American Legion we would like to thank all the students who took time to enter the contest and to thank the students for honoring us on Veteran's Day. While this is an American Legion sponsored contest the award ceremony is open to all veterans, especially those who are related to the students. The 2017 ceremony should take place on November 10th. Please feel free to call me for information, 860-526-5270.

In closing I would like to thank Celebrations, DaVinci Pizzeria and Dunkin' Donuts for their donations of awards.

Richard Nagot Children and Youth Officer

#### American Legion Auxiliary Unit 61

STAND DOWN!! Over 3,000 homeless CT Veterans were provided with free bus transportation by the State Department of Transportation to 'Stand Down', which was held at Rocky Hill on September 23rd. Stand Down is an annual event sponsored by the Connecticut Department of Veteran's Affairs. These veterans received FREE medical screenings, FREE legal and motor vehicle assistance, FREE haircuts, FREE clothing and FREE Veteran's State and Federal benefit information. Our Unit President, Lillian Beardsley made special scarves long enough to keep both the ears and neck warm. She was one of the hardworking volunteers and was touched by the gratitude of the many she handed out things to.

Lillian, who has sung at patriotic services and Veteran's parades, sang the National Anthem and God Bless America at the first Deep River, Essex and Chester Veterans' Parade held in Deep River on November 5th.

Our Unit received a Certificate of Appreciation in appreciation and recognition for active participation in the Project of the Month, presented by the Department of Connecticut at Convention.

There are many projects and programs throughout the year such as Girls' Laurel State, bingo for the Rocky Hill veterans, the poppies, tab collection for Ronald McDonald House, etc.

In order to make it easier for members to attend meetings we are now meeting at 2:00 PM at the home of Grace Stalsburg, September through June. Contact Lillian Beardsley at 860-391-5346 or Gail Breslin at 860-663-0322 for more information. We would love to have you join us.

Patriotically,

Virginia Buracchi, Jr. Vice President/Chaplin

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#### Deep River Rotary Club

#### Thanksgiving Food Drive



Rosie Bininger, Russell Marth, Arlene Pressman, Stephen Rednak

Rotarian, Arlene Pressman and Liberty Bank Manager, Stephen Rednak are shown here presenting a check in the amount of \$3,737.66 to Social Services Director, Rosie Bininger, and the Chairman of the Community Health Committee, Russell Marth. Monies were raised to provide food to Deep River families for Thanksgiving.

#### November Student of the Month



Robert Lee, Stacey Eder, Sasha Weiss-Sanford, Sydney Lee, Gina Sopneski

Sydney Lee, was nominated for the November 2016 Student of the Month by her Social Studies teacher Sasha Weiss-Sanford. Mrs. Sanford shared with us why she nominated her; Sydney is a brilliant and hard-working student, giving 110% on every assignment in Contemporary Issues. She "is a total joy, and everyone is better when she is in the room." A recent project she accomplished was to produce a public service announcement focusing on the reality of human trafficking. She played the trailer/announcement for the club and it was remarkably well-done, suitable for professional production. It pointed out that human trafficking is a 32 billion dollar industry, with more human slaves today than at the time of the Civil War. She also used a drone recently to do a video of the Nick Ramcke

skateboard competition. She is an avid soccer player at Valley Regional. She loves Valley Regional and believes its teachers want students to do well and encourage them a lot. Since our meeting Sydney has been accepted at Southern Connecticut State U. and will be playing soccer there.

#### January Student of the Month



Stacia Rice-Libby, Rotary President - Sandra Criollo - Mayra Criollo - Rachael Cassella

Mayra Criollo, was nominated by World Languages teacher Rachael Cassella for the January 2017 Student of the Month. She is taking AP Spanish and doing an independent study as well. "She is willing to do extra work whenever it is asked of her. She is an incredibly happy, polite, and uplifting person and is a phenomenal person inside and outside of class. She is a genuine, awesome student who is kind to everyone around her and has overcome many obstacles in her life with a positive attitude and hard work". She is a junior and would like to graduate early. She plans to attend community college for two years and then go on to graduate with a degree that will open the doors for a career in the medical field. "I want to make my life the best it can be." She has loved Valley Regional and has especially enjoyed classes in the sciences (especially biology) and Spanish. She sees her time there it not as an end, but a beginning.

#### Scholarship

Valley Regional High School Seniors – apply to the Alan E. Pressman Deep River Rotary Scholarship. The scholarship is in the amount of \$2,000.00, of which \$1,000 will be disbursed the first semester and \$1,000.00 the second semester depending on grades. Stop in the counselor's office and pick up the application. Completed applications must be received and or postmarked by April 27, 2017.



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#### **Dry Pants Model Yacht Club**

#### "Ranger" Rules at Plattwood Pond

America has a rich history of sailing competition --with the America's Cup being the most famous event of all. The race started in 1851 as a schooner race around England's Isle of Wight between the AMERICA and a fleet of Britain's finest ships. This competition is now held every few years in honor of "America's" overwhelming victory. Today, 6-8 boats from different countries race to determine the overall champion.

While the design of the boats has changed over the years, none come close to the grandeur of the J Boats during the 1920s and 1930s. Typically, these majestic boats were around 135 feet long, had a beam of over 20 feet, drew 15 feet of water to float and could weigh as much as 170 tons. Crews of around 20 people were needed to race these behemoths. Wealthy owners like Lipton, Vanderbilt, Sopwiths, Stephensons, Nicholsons, etc. sponsored the teams. Since then, the boats raced are far less grand but technologically eons ahead.

Some day when you are driving past Plattwood Pond and see a magnificent and very large RC sail boat on the water. stop by, and take a look at a beautiful replica of the original Ranger. Built by Brian Kerrigan, a member of the Dry Pants Model Yacht Club, she stands 10 feet tall and is almost 8 feet long. The exquisite scale detail of this boat must be seen to be appreciated.



2017 will be another banner year for DPMYC Regular sailing is scheduled for 1030 AM on Sundays and 5:30pm on Thursdays. In addition , we will be holding our 12th Annual New England Spring Regatta in mid May.

Our standing offer to Deep River residents is always available. Come up to one of us sailing and we will be happy to give you a chance to take the helm of a boat for a "test sail". We welcome new members.

For information on the Club, visit our website (www.Dry Pants Model Yacht Club), Google DPMYC, or contact Jim Godsman@860-767-5052.

#### Riverview Lodge Residential Care Home

#### 50th Anniversary Celebration! Come help us celebrate on Saturday, June 3rd



Riverview Lodge Residential Care Home, located up high on the hill at 10 Prospect Street in Deep River, has a lot to celebrate. At least 50 great reasons!

On Saturday, June 3, 2017, it will mark 50 years of providing a home for a lot of people who really need a good residence. We will also be celebrating this great community of Deep River which has been so welcoming and such a special place for our residents.

Jimmy DeLano, Jr., administrator, smiled when he talked about it. "Here we are, celebrating the 50th anniversary that my family has been providing a warm home for the folks here at Riverview, and I am so grateful to have my mother here helping us and continuing to mentor me and others which helps us to provide such great care to our residents". "It's like the whole house (which is composed of staff, residents and us as the owners) are a big family". We have been able to provide a caring environment for our 31 residents in many ways that are the same now as it was in 1967 when my folks took over ownership of the smaller 17-bed home.

The DeLanos and their staff of 16 are going to host a special 50th anniversary party on the side lawn from 11:30am to 2:00pm (rain date will be Sunday 6/4/17 @11:30-2). It will be free. There will be amazing food, great music and entertainment for adults and children and it's all free. Residents will showcase their art and items they make. All are invited, of all ages, from Deep River and the area. PLEASE BRING YOUR FRIENDS. And of course, there will be an Open House with tours by our residents. "We want folks to come and

enjoy. And see what a fine Residential Care Home looks like and what we do on a day and day basis.

Riverview Lodge has been operated by the DeLano family since May 31, 1967. Residents are in good health with the ability to carry on and take care of himself or herself to certain degrees. "I am interested in everybody having a correct understanding". He explains, "A residential care home is a home that allows people to thrive in a caring environment. We are licensed by the state and the population that we serve are adults that usually have some sort of challenge which requires him or her to benefit from living in a home with supervision and a home with staff which gets to know each resident personally. We provide our residents with some help or guidance in certain areas. We know our people so well that we are often able to be part of a team to keep people on the right path, we can advocate and assist with medical needs, psychiatric needs, etc. We can offer some advice to our residents and help them navigate an oftenchallenging healthcare field to get their needs met in a timely manner".

"These folks just need some assistance in a CARING supervised HOME. We're here to provide a setting where they can keep their lives on track. They get a better feeling about themselves. I have seen this many times. We tend to bring out the best in these wonderful people". There are so many great success stories!

We have a great staff who are very committed. They show up, no matter the weather, no matter the situation. It is so great to have such great people that provide amazing care for our residents on all 3 shifts. We have staff who have been with us almost 20 years. All of them are an integral part of what makes us successful.

Riverview Lodge RCH's residents range in age from 45 to 78. The average age is 57. There are 22 men and 9 women. And what is amazing—and a matter of pride—is that they have lived in this beautifully renovated mansion 8 years on average. People are often very surprised when I tell them how long most of the people have lived here, it truly becomes their home. The people who have been here awhile know how to take a new person under their wing and make them feel at home, whether it's explaining the meal times or bringing the person downtown to get a coffee and borrow a library book,

#### Riverview Lodge Residential Care Home, cont.

they quickly come to realize that there are a bunch of really nice people living here and what a welcoming town Deep River is.

"No one is obliged to remain here. Folks can come and go when they want. There is a log book to sign in and out so that we can keep track of who is here and who isn't and when we can expect people back. Several residents go home for short visits, holidays, etc. The fact that they remain with us for such a long time gives us satisfaction. We have had a resident who was with us over 30 years! We know each person well and they know us well. We are a family in a real way."

We serve very tasty, wholesome, home-cooked meals. We pride ourselves on having a clean home and our residents due their part to help in that regard as well as our housekeepers. The real difference is our caring and nurturing staff - we really get to know our residents. We work closely with their providers. We provide structure and keep folks on track so that they flourish and live up to be all they can be - given their individual circumstances. Many families in the community are aging or transitioning and often they are the primary caregivers for a family member. When the main caregiver needs to plan for their own future, often we are asked to provide housing for the person they have been responsible for. The family may feel very concerned about their family member, usually whether the family member or friend will be able to make it on their own in a home like Riverview Lodge. "I've seen time and again that they are pleasantly surprised at how well someone can do here". They discover that with more independence and being in a home with others who have a similar situation and somewhere that provides socialization and more interaction with others, usually turns out to be just what is needed to help someone thrive. "This is what makes my iob fantastic - when I see how successful someone can be and that we can eliminate some of the stress for the family". "There is nothing better than having someone tell us what a great job we do; what a great staff we have; I hear it all the time and it reminds me how important our work here is".

"Our residents can watch TV in the front porch or in their room. They have access to our activities and we have outings on a regular basis. Many of the residents congregate in the dining room to read, share stories, play cards, etc. We have organizations who come and provide religious services and other groups activities to those interested. We do monthly resident meetings where all our residents come together to discuss life at Riverview, then the elected council members and residents go over any concerns, comments, compliments with the administration and staff. "We are always a work in progress, and it's great to listen to the resident's feedback". We want to do all we can to make life here a great experience. "Most importantly we have our own community here that provides a fellowship which allows the residents to thrive and feel a "part-of". "They are free to walk down the hill and enjoy Deep River. Some do it twice a day... the parks, the river, the library, the churches, the stores, everything that Deep River offers. What a fine community we have. They make friends and enjoy hobbies and develop favorite places. "They live and work in our community." Everyone is looking forward to Spring and getting our garden planted.

Riverview Lodge was the idea of Jimmy's Father and Mother, Jim and Violet DeLano. Jim's father passed away almost 6 years ago, his mother is still seen working at the home regularly. "Everyone loves to see my mother - staff and residents alike will say 'Hi Mrs. D' and if anything needs attention, they can be sure it gets done when Mrs. D hears about it. "My Mom and Dad had an entrepreneurial spirit, a fantastic work ethic and they instilled into me the importance of what we do here. I work very hard to maintain a warm, caring environment as well as the reputation that we have earned from residents, families and providers". "I was raised around this home and it's in my blood to care and advocate for the folks who decide that they want this to be their home. The DeLanos began operating the home in late May, 50 years ago. It has been their life's work ever since. "I grew up here.," Jimmy says. "This has been a part of me since I was knee high. No wonder I feel that I am part of a big family when I walk around here."

Mrs. DeLano and Jimmy, are still very active in the day to day operations. They love to sit down and chat with the residents. "I certainly miss my father, he was a great man, and I still feel his presence here, he was very proud of what he built up. I am glad that I can carry on his legacy in what we continue to do here".

#### Riverview Lodge Residential Care Home, cont.

Very often visitors are quick to ask about the history of this mansion, originally named, "Fairview". It was built in 1896 by Simeon Jennings, an entrepreneur. He built it for his family. It was his pride and joy. Some considered it the finest home in Deep River at the time. "I'd wonder what he'd think about it now, that it is still such a fantastic structure, that we are complimented daily on the beauty of the home and its grounds! I think he'd be proud about what he built, that so many get to benefit from what he built."



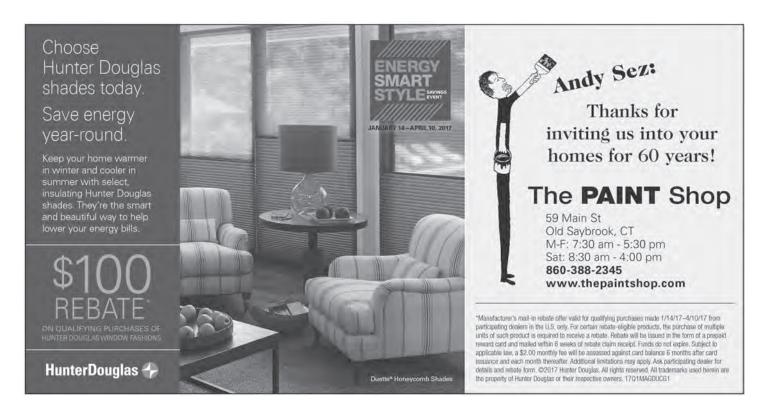
I have another story I like to tell - "One day when I was a boy in elementary school, the teacher asked us,

'What is the difference between a house and a home?' "It sounded like a trick question. I wasn't sure how to answer. None of us were. "And then the teacher told us, 'A house is just a house. But it becomes a home when you put a lot of love into it.'. "I never forgot that. If you think about it that way, Riverview is really a home!"

We really do have a lot to celebrate. "It is amazing that we've been doing this for 50 years and I am so thrilled that I can celebrate this monumental event with my mom, my 12-year-old son and all of our staff and residents. So, I really want to ask people from Deep River to come join us and help us celebrate what we do and how grateful we are to do business in this fantastic community!

The Anniversary Celebration will be a good time, it is on Saturday, June 3rd, from 11:30 to 2:30 (Rain date is on Sunday, June 4th from 11:30 to 2). We'd love to see you."

Jimmy DeLano Riverview Lodge RCH 10 Prospect St. Deep River, CT 06417 860-526-4941 jim@riverviewlodge.com





# RIVERVIEW LODGE RESIDENTIAL CARE HOME

# 50th Annual Open House Celebration

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June 3rd from 11:30-2:00pm

(Rain Date: June 4th, 11:30-2)

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# 2017 HOUSEHOLD HAZARDOUS WASTE COLLECIONS Selected Saturdays 9 a.m. – 1 p.m.

April 8<sup>th</sup> – Clinton Public Works Garage, 117 Nod Road, Clinton

April 29<sup>th</sup> – Colchester-East Hampton Water Pollution Control Facility,

20 Gildersleeve Drive, East Hampton

May 6<sup>th</sup> – Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

May 20<sup>th</sup> – Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

June 3<sup>rd</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

June 24<sup>th</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

July 15<sup>th</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

August 12<sup>th</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

September 9<sup>th</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

September 30<sup>th</sup> – Middlesex Community College, 100 Training Hill Road, Middletown October 7<sup>th</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

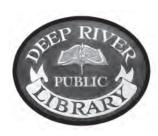
October 28<sup>th</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

# 2017 PAPER SHREDDING EVENTS Selected Saturdays 9 a.m. – 12 p.m.

June 10<sup>th</sup> - Colchester-East Hampton Water Pollution Control Facility,
20 Gildersleeve Drive, East Hampton
June 17<sup>th</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*
August 19<sup>th</sup> - Middlefield Community Center, 405 Main Street, Middlefield
September 23<sup>rd</sup> - Essex HHW Facility, Route 9, Exit 4, Dump Road, Essex\*

<sup>\*</sup>Only residents of the following towns may participate in these collections: Chester, Clinton, Deep River, Essex, Haddam, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook

#### **Deep River Public Library**



All of our programs are free and open to the public. Check out our monthly calendar to see what's on offer. View our calendar online: http://dee-priverlibrarysupport.com, or stop in to pick up a copy.

#### Let's Talk Books

Deep River Library has a monthly book club that meets on the third Wednesday of each month at 1:00 pm. Occasionally we'll watch a critically acclaimed film instead of holding a book discussion.

#### **Programs**

Check our calendar for upcoming classes of interest for adults. Our winter calligraphy classes were extremely popular!

Our own Wendy Sherman is planning an upcoming Beginners Knitting Class towards the end of March. All participants will bring home a simple project. We look forward to inviting Jeff the Plant Guy back in the spring.

#### Have a Collection?

We'd love to share your collection with the community! We have a great display case, so if you have something interesting to share, give us a call.

#### eBooks!

You can download FREE ebooks and audiobooks with your Deep River Library card. We have two platforms, OverDrive and OneClick. Find a link to both of these subscriptions on the home page of our website.



#### Children's Department

We enjoyed a pleasant fall and winter here at Deep River Library that included a Halloween party and a visit from the Deep River Fire Department. We introduced a new program



to the Children's Department of the Deep River Public Library. BABY BOUNCE is a lap sit program for babies up to 24 months filled with stories and songs, followed by an open play and social time for parents to meet and mingle while their babies play. In addi-

tion to continuing our FUN FRIDAY'S at 10:30 am for the preschool set, Miss Elaine has added monthly Saturday programs. So far we have enjoyed yummy treats with the Toddler Test Kitchen, a Dance Party Story Time, the Deep River Drive In with reserved



box car seating and a special Camp Out story time! Our Brick Bunch Lego construction is going strong on select Thursday afternoons at 3:45 pm. All are welcome! We have a small selection of large blocks for the younger kids. See our newsletter or check our schedule online to find out when!

Looking ahead, Miss Elaine is planning on family fun events to celebrate our Summer Reading theme "Build a Better World". Some of the anticipated programs will include Bubble-ology, Riverside Reptiles and the Cedar Island Touch Tanks. Preschoolers and toddlers can look forward to Yoga for Youngsters, Pequot Nature Center and Mr. Gym.

If you want to be in the know for all Children's programs, email Miss Elaine at drplchildrensdept@gmail. com and have her add your email to her list!

#### Friends of the Deep River Public Library

The Friends of the Deep River Public Library kicked off the New Year with the highly successful "Messages From Above" fundraiser at the Town Hall Auditorium. They remain busy sorting donations of gently used books to get ready for their Annual Book Sale.

The Friends are about to have their annual membership drive! They are seeking new members to help at fundraisers and for their annual book and bake sale. Interested in signing up? Give the library a call to find out more!

The Friends of the Deep River Public Library purchase museum passes for all Deep River residents to enjoy and provide financial support for enriching Children's programming that allow the library to hire performers and educators such as Pequot Nature Center, Riverside Reptiles and the Connecticut Science Center for library patrons to enjoy.

Elaine Alexander, Youth Services Specialist







#### 9 Town Transit

#### **Changes to Shoreline Bus Fares**

9 Town Transit introduced a new fare structure in January on all public bus service in the region. The changes were necessary to help offset a decrease in funding from the Connecticut Department of Transportation and meet new federal rules.

Cash fares increased to \$1.75 on bus routes and \$3.50 on the Dial-A-Ride services and off-route trips. This is offset by the introduction of a senior and disabled fare, which allows seniors 65 or over and people with disabilities to ride any bus route for \$.85, or \$31.00 for unlimited trips with a monthly pass.

To qualify for the new senior and disabled fare, a Medicare card or a Connecticut reduced fare I.D. must be shown on boarding. I.D.'s can be obtained by visiting www.9towntransit.com. Seniors 60 and over residing in the region are still able to obtain and utilize 9 Town Transit Senior Fare Cards as well.

Another new addition is the U Pass available to Middlesex Community College students. This pass allows students to purchase a monthly unlimited ride pass for only \$35.00. The pass can be used on any 9 Town Transit, CT Transit or Middletown Area Transit bus route. U Passes are sold only at the Middlesex Community College book store.

9 Town Transit provides four bus routes that service the valley-shore region and Dial-A-Ride service to twelve towns. For more information or to purchase passes and tickets, visit www.9towntransit.com.





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Thurs. 10:00 - 6:00

Sat. 9:30 - 4:00

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#### **Tri-Town Youth Services**



There have been several big changes at Tri-Town Youth Services!

After 26 years of service, Executive Director Gail Beck has embraced re-

tirement. Over the course of her career, Gail built up and strengthened our agency. She leaves a legacy of productive, trusting, collaborative relationships within Deep River, Essex and Chester. As she now enjoys more time with family and friends, we carry on, knitting together a safety net and support system for all children, teens and parents in our community.



Allison Abramson stepped into the role of Executive Director at the beginning of the year. As Parent Resource Coordinator, Allison hosted Parent-Toddler Play & Support Groups, organized Family Fun Days and Parent Information Nights. She will continue

to develop special programs for families, while now managing the operations of the organization. Allison brings over 15 years of Nonprofit Management experience to Tri-Town and looks forward to dedicating her time to supporting and empowering families in our three communities.

We also welcome **Jennifer Buckley**, our new Prevention Coordinator. Jen has worked in the field of positive youth development and prevention for over five years, most recently working with New London's Community & Campus Coalition. Jen partners with individuals who live and work in the



tri-town area to prevent underage drinking and drug use. Anyone interested in joining her, can contact her at 860-526-3600. The next Substance Abuse Prevention Coalition meeting will be May 17th at 9:00 in our offices at 56 High Street. All are welcome!



Tri-Town Youth Services is also pleased to be growing its Clinical Services! **Melanie Meyer** recently joined our staff as Director of Clinical Services. Melanie holds a Masters Degree in Marriage and Family therapy from Central Connecticut State University. She has been providing counseling services

at several Youth Service Bureaus in the neighboring area. Melanie specializes in working with individuals and families on a variety of presenting problems such as anxiety, depression, divorce, grief, as well as self-harming behaviors. Tri-Town's Clinical Services are available on a sliding fee scale, and no one is turned away for inability to pay. If your family is in need of support, you may send a confidential email to Melanie@ttysb.org to set up an appointment.



#### Deep River Elementary School PTO

The mission of the Deep River Elementary School (DRES PTO) is to support excellence in education by promoting closer ties and communication among parents, faculty, administration and the Board of Education. Our goal is to provide curriculum and social enrichment activities for all DRES students as well as support to the administration, faculty and staff throughout the academic year. The PTO raises funds to support cultural arts programs at DRES, grade level field trips, field day, 6th grade promotion and more!

# Ongoing Activities for DRES parents and the residents of Deep River that can help support DRES PTO:

Box Tops for Education - Box Tops offers three easy ways to earn cash for our school through everyday activities such as buying groceries, shopping online and purchasing books.

- 1. Clip Box Tops coupons are worth 10¢ each when our school redeems them from Box Tops for Education.
- 2. Shop Shop through the Box Tops Marketplace (www.btfe.com/marketplace). Up to 8% of each qualifying purchase is automatically donated to DRES. There is no additional cost to you.
- 3. Buy books Purchase books online at Barnes & Noble through the Box Tops Reading Room. DRES will receive 6% of your new book purchases and 3% of all other online purchases.

One of the easiest ways you can help is to sign up to support DRES at www.btfe.com. You will learn about new and easy ways to help our school earn the extra cash it needs.

In addition to Box Tops, DRES PTO collects IGA Brand Labels to earn money for DRES. Each bundle of 500 IGA Brand labels is worth \$50.00. Please send in any IGA Brand labels to DRES and the PTO can earn money from them.

Adams IGA Community Rewards Program - THE DEEP RIVER ELEMENTARY SCHOOL - PTO NEEDS YOUR HELP!

For many years, Deep River Elementary School PTO greatly benefited from the Escrip program, which partnered with Adams IGA, to raise funds for the PTO. After the discontinuation of that partnership, there is a new rewards program run by Adams IGA. In order for the

DRES PTO to benefit from this program, we need your help! It will only take a few minutes of your time, and the kids at DRES will benefit for many years to come.

- 1. Please go to http://www.adamssuperfood.com
- 2. Click where it says "Adams Rewards" at the bottom of the webpage.
- 3. Either log in to your account or set up an account
- 4. Where it says Community Rewards, please choose DEEP RIVER ELEMENTARY SCHOOL-PTO

AmazonSmile - Please remember when you shop using AmazonSmile, 0.5% will be donated to DRES PTO - DRES PTO signed up to receive donations from the AmazonSmile Foundation. TheAmazonSmile Foundation is a private 501(c)(3) foundation created by Amazon to administer the AmazonSmile program. If you shop on http://smile.amazon.com/ and choose Deep River Elementary School PTO Inc. as your charity, then 0.5% of the price of your AmazonSmile purchase is donated to DRES PTO.

A+ School Rewards Program - Shop at Stop & Shop and earn cash for DRES! The PTO has added the Stop & Shop Reward Program to our fundraising! Simply register your card at www.stopandshop.com/aplus or call 1-877-275-2758 - Use school id# 11128 and KFAB for the password. We need your support!

Recycling Program - This program is FREE and provides a convenient location for collecting laser & inkjet printer cartridges, used cell phones, iPods, laptops, digital cameras, GPS devices and media (CDs, DVDs/Blu-rays, video games) while raising funds for DRES. You can drop off your items in the collection bin outside the DRES main office whenever it is convenient for you.

PTO membership is open to all parents and guardians of all DRES students as well as all DRES staff. All are welcome to attend the PTO meetings to find out more about its activities. If you are interested in helping out with PTO activities or if you have any suggestions for new PTO activities, please feel free to email us at dresp-to@gmail.com or drop a note in the PTO mailbox in the DRES teachers' lounge. We will be updating the DRES PTO items on the DRES website and the DRES PTO Facebook page regularly. Please check there for more information about DRES PTO activities in the future.

#### **Deep River Elementary School**

During the 2016 - 2017 school year, the Deep River Elementary School, in collaboration with the Chester, Essex and Region 4 school system continues to be committed to multiple initiatives that look to foster academic and social growth in our students.

- Continuing efforts to effectively implement the Common Core State Standards (CCSS) in meaningful instruction that helps to build our students' critical thinking skills.
- Continuing to build a stronger focus on science instruction and how to best meet the Next Generation Science Standards.
- Organizing our first ever S.T.E.M. day to further expose our students to the fields of science, technology, engineering and mathematics
- Utilizing our grade-level professional learning communities to examine student work and assessment data in order to identify student needs and effective instructional practices.
- Involving our school in the nationally recognized "Look for the Good Campaign" to help further promote a positive school climate and culture.
- Collaborating with the Region 4 mathematics consultants to assist in examining our math instruction in order to effectively address the CCSS with our students, as well as to pilot and identify a new math program for our students.
- Implementing an Intervention and Enrichment Block in grades 2 – 6 to support individualized instructional needs.
- Providing 1:1 technology access to students in Grades
   2 6 to further support 21st Century Skills.
- Engaging in professional learning goals that help support Region 4's strategic planning efforts.

Our staff continues to utilize the workshop model in reading and writing as their primary instructional delivery model. Our school's Reading and Language Arts Consultants, Mrs. Nicole Flynn and Ms. Andrea Ricci have an extensive background in these models and have given in-class coaching and lesson modeling for teachers to support their instruction. In addition, these teachers also provide smallgroup and one-to-one support to assist all readers at our school. Our Student Study Team meets weekly to target specific interventions for students and provide behavioral and/or academic assistance to help support all learners. The DRES special education staff continues to help plan and implement effective instruction while also meeting weekly to use their collective knowledge to support each other's programming.

In mathematics, our teachers have continued their work with implementing CCSS and building our scope and sequence of our math instruction. To support their efforts in this content area, our teachers have been working with our Region 4 Math Consultant, Cathie Osiecki, to observe and discuss model lessons, look at assessment materials, make continued curriculum changes and discuss effective math pedagogy to guide our students' learning. Teachers have also been working to pilot the Bridges and Envision math programs to best identify a math program that not only supports our teachers, but also ensures a rigorous learning experience for our students

Deep River Elementary teachers have also continued their work on learning about and providing inquiry-based science instruction that helps our students meet the Next Generation Science Standards. In addition to our Annual Science Fair and Invention Convention held in March, we also organized our first ever STEM day at DRES. This day was established in collaboration with our Parent Teacher Organization and over 18 community volunteers. These volunteers came to the school this past December and provided a day of multiple workshops for all of our students in the areas of science, technology, engineering and mathematics. This event was a resounding success. The day truly highlighted the ability of our entire school community to come together for the learning of our students.

This year Region 4 has embarked on our Strategic Planning efforts to establish our schools' direction for the future. As part of this work, all of our teachers have built their own professional growth plans to explore Critical and Creative Problem Solving, Digital Literacy, Analyzing and Constructing Arguments Based on Evidence or Meaningful and Purposeful Collaboration and Communication. The teacher's professional growth plans have involved various action steps that have helped to expand their professional knowledge as well as the use of new instructional strategies with their students.

Deep River Elementary School has implemented a 1:1 initiative this year providing Chromebooks for all of our students in grades 4 – 6. We have also been able to relocate our technology-based resources in other grades to further expand our 1:1 access in grades 2 and 3. Digital Literacy continues to be an integrated part of our daily classroom instruction that is both supported through our Media Center Specialist, Peggy Schadler, as well as our Region #4's technology integration specialist, Ms. Kirsten Reynolds.

#### Deep River Elementary School, cont.

Thanks to the support of the Deep River Board of Education; our school continues to be able to extend our learning experiences outside of the classroom. Our after school enrichment programs include the DRES Step and Dance Club, Multicultural Club, Sports Club, Computer Club, Book Club, Math Olympiad and Green Club. These sessions began in October and will run through April/May. They provide our learners with additional choices to explore areas of interest outside of their major curricular areas. We are certainly proud to see our students involved in these enrichment programs.

Deep River Elementary School's code of conduct continues to be centered on teaching and showing our students how to be responsible, respectful, caring, and kind citizens both at school and in our community. To support these efforts, our Student Council and Social Development committee work to develop and provide opportunities for our students to give back to those in need. Our elementary school organized a food drive at Thanksgiving. Through school spirit days, students collected money to donate to the Oscar Mike Foundation. In addition to these efforts. our entire school participates in our Town Meetings. During these Town Meetings a different grade level facilitates the presentations. These meetings focus on our various monthly social development themes such as respect, perseverance and collaboration. Our school also participated in the nationally recognized "Look for the Good" Campaign in an effort to further build positive school climate. During a ten-day period in the month of December, our students and staff each took time during the day to express something they were grateful for and write it down. The effects of this program were palpable and could be seen in our hallways with hundreds of post-it notes on display each expressing the many things we are all grateful for in our lives.

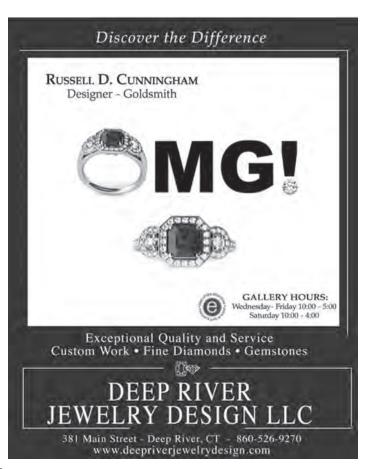
Students are not the only members of DRES committed to community support. During the holiday season, Ms. Caffrey organized the "Chorus Cares" sing-along event at our Town Hall. At this event, students and their families donated toys for Shore-Line Families and the Hartford Children's Hospital. Mrs. Gingras once again organized her annual Mitten Tree that helped to collect pairs of mittens as well as hats and scarves for local families in need. In addition to this, Mrs. Gingras is also in the process of organizing our annual "Tip-A-Teacher" event held at John Winthrop Middle School. At this event our entire staff comes together to serve food to our school community in an effort to fundraise for important causes. School staff heavily supports our adult to student mentor program as

well with multiple staff members volunteering as mentors to help provide our students with an extra boost when needed.

The upkeep and maintenance to our school building and grounds is also important. The grounds and building itself are maintained daily through the hard work of Mr. Waz, Mr. Hardy and Mr. Tsering. As always, the support we receive from the Town of Deep River and First Selectman Angus McDonald is outstanding. We are truly appreciative of the help we receive in the upkeep of our community's school building.

We are proud of our school and the community's commitment to Deep River Elementary School. We believe that by working together with our larger school community we are able to create positive learning environment and climate that supports the academic and social growth for all students. Thank you to the Deep River community at large for their continued support of our school.

Christian J. Strickland Principal





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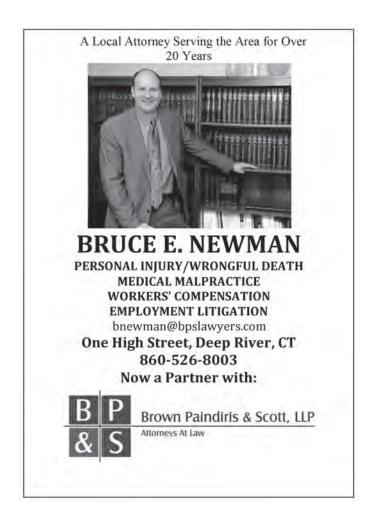
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#### Cappella Cantorum

Celebrate the end of winter and welcome the arrival of spring by coming to the Cappella Cantorum Masterworks Chorus' Choral Showcase Sunday, March 26, 3 p.m. at John Winthrop Middle School, 1 Winthrop Road, Deep River. Favorite choral pieces will be featured including medleys from "The Phantom of the Opera" and "Les Miserables," spirituals, and classics such as "How Lovely is Thy Dwelling Place" by Brahms, "He, Watching Over Israel" and "Lift Thine Eyes" by Mendelssohn and "For the Beauty of the Earth" by Rutter. Barry Asch will direct the group accompanied by a professional orchestra. This concert will mark the 48th year of Cappella Cantorum bringing beautiful music to the shoreline communities.

Tickets are \$25 and may be purchased at the door or on-line at www.CappellaCantorum.org. Students are free (18 and under). For more information call Barry Asch at 860-388-2871.



#### Connecticut River Area Health District

#### Connecticut River Area Health District Recognizes National Nutrition Month

March is National Nutrition Month. National Nutrition Month is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

The theme for 2017 is "Put Your Best Fork Forward", which acts as a reminder that each bite counts. Making just small shifts in our food choices, can add up over time. The 2015-2020 Dietary Guidelines for Americans suggest starting with small changes in order to make healthier lasting changes you can enjoy. So, whether you are planning meals to prepare at home or making selections when eating out, Put Your Best Fork Forward to help find your healthy eating style. The key messages for 2017:

- 1. Create an eating style that includes a variety of your favorite, healthful foods.
- 2. Practice cooking more at home and experiment with healthier ingredients.
- 3. How much we eat is as important as what we eat. Eat and drink the right amount for you, as MyPlate encourages us to do. MyPlate is a nutrition food guide that was created by the U.S. Department of Agriculture to help the American public make right eating choices with a strong focus on the five different food groups. In addition, MyPlate gives the recommended food portions for all age group and provides healthy meal recipes. (MyPlate website: www.choosemyplate.gov/MyPlate)
- 4. Find activities that you enjoy and be physically active most days of the week.
- 5. Manage your weight or lower your health risks by consulting a registered dietitian nutritionist. RDNs can provide sound, easy-to-follow personalized nutrition advice to meet your lifestyle, preferences and health-related needs.

For more information on National Nutrition Month, please visit the Academy of Nutrition and Dietetics Eat Right website at: www.eatright.org/ or call our health educator, Daisy Hernandez at 860-661-3300.

CT River Area Health District 455 Boston Post Road, Suite 7 Old Saybrook, CT 06475 Phone (860) 661-3300

#### Deep River Parks and Recreation

We are excited to announce that we have a new web site for all things Parks and Rec! The new site is powered by RecDesk! You can link to it off of the Town's web site. The new platform allows you to use your mobile device or computer to create a profile and register for programs. We will also share our special events and updates through this exciting community website. So from special events and facility information including field closures to program registration, our new RecDesk site will allow our visitors to stay current with all the happenings of Deep River Parks and Recreation.

As spring approaches we are gearing up for some fun programs!

Save the dates for our 2017 bus trips! Whether your interest lies in a Broadway show or a baseball game we have a trip for you! We have a trip planned every month from March through October so check out our offerings and sign up quickly. Last year many of our trips sold out so don't delay in signing up. Also, if not enough people register for a particular trip the department may be forced to cancel it so by signing up early it helps to insure that the trip will run. To register for any of these trips head over to the Town's web site.

- 'CATS' on Broadway. March 15th, Wednesday.
   Cost: \$165 per person
- Brooklyn Botanical Garden, April 25th, Tuesday.
   Cost: \$62 per person
- Deerfield, MA Deerfield Inn & Yankee Candle May 24th, Wednesday - Cost: \$79 per person
- The MET's Cloisters & Arthur Ave.-'Bronx Little Italy' June 22nd, Thursday - Cost: \$73/\$68 for seniors
- Boston Whale Watch & Faneuil Hall July 15th, Saturday - Cost: \$80 per person
- Red Sox Baseball at Fenway Park, Boston August 6th, Sunday - Cost: \$80 per person
- Newport Dinner Theater & Cabaret
   September 19th, Tuesday Cost: \$96 per person
- Northwest CT Winery & Foliage Tour
   October 14th, Saturday Cost: \$90 per person

The Parks and Recreation Commission is holding its annual Easter Egg Hunt on Saturday, April 1, 2017 at Devitt Field. The fun begins at 1:45 pm, when the Easter Bunny will make a guest appearance. The hunt will commence at 2:00 pm sharp. The rain date for this fun event is Sunday, April 2, 2017.

Come throw a line in as we host the 34th Annual Deep River Fishing Derby at Plattwood Park on Saturday, May 13th. Rain or shine, come out and try your hand at catching a prized trout! The derby is open to all area youth ages 5-15. Registration will be held from 7:00-7:30 am with the derby running from 7:30-9:30 am. Cost is \$10.00 per participant/per family. We are proud to announce that once again, the derby is sponsored by Deep River Hardware, Cabela's and Benny's.

We continue to sponsor the Buddy Track program which offers track and field events to kids with special needs. This is the 6th year of this terrific program! The non-competitive track program welcomes athletes ages 5 and up. The program pairs special needs player athletes with buddiesstudents from Valley Regional. There are six track and field events; running relay, javelin (turbojav), 100 meter run, shot put (4lb), long jump and hurdles. No prior track and field experience is required to participate in this free program. The Buddy Track program is held once a week over a three week session usually in early May. Student volunteers must be in at least 9th grade in order to participate.

A Red Cross life guard certification class will be offered on Saturday, May 13th as well as Friday, May 19th, Saturday, May 20th and Sunday, May 21st. The class is designed to be 25 hours in length and will include the waterfront certification class. An additional six hours of on line instruction will be required in order to fulfill the class requirement of 31 hours. You must be at least 15 years old. The American Red Cross lifeguard training and certification are imperative to the process of getting hired on as an official Red Cross lifeguard. The detailed training will include both testing of hands-on skills as well as comprehension on written tests. The certification, which includes First Aid, CPR and AED training, is valid for two years upon completion and is accepted nationwide. The American Red Cross is the most respected source for training and certification of this kind. Waterfront lifeguard certification teaches lifeguards the skills and knowledge needed to prevent and respond to emergencies in non-surf, open-water areas such as Plattwood Park. Following successful completion of the class, participants will be issued certifications for: Red Cross lifeguarding with waterfront skills and first aid and CPR/ AED for the professional rescuer all valid for 2 years. Before registering please review all of the lifeguarding course prerequisites.

May 24th is "Warriors in the Community day" when all the students from Valley Regional High School go out into the three towns and lend a hand with painting, raking, planting and general clean up to make our communities shine! Last year groups of students could be found at Plattwood Park, Keyboard Park, Devitt Field, Brockway Ferry, Canfield Woods and at the Deep River Landing!

#### Deep River Parks and Recreation, cont.

Summer Youth Camp: Registrations are now being accepted for our summer youth camp. The Deep River Parks and Recreation Commission provides an exciting, organized, fun filled, quality eight and one half week program for children entering 1st grade through those entering 7th grade. The camp runs Monday through Friday from 9:00-3:00 with pre-camp (8:00-9:00) and after camp care (3:00-4:00) options available. There is also an option to enroll for a half-day camp session after the Region 4 Celebrate Learn Program. The camp will be based at Deep River Elementary School. The camp has a limited capacity each week so make sure to register your child to insure your spot. Last year the camp was sold out every week!

To better accommodate working parents, this year we are offering a mini-week of camp to be held at Plattwood Park beginning on Wednesday, June 21st through Friday, June 23rd. Our full week camp will begin on Monday, June 26th and run through August 18, 2017. Each week the camp will have a different theme and a different field trip.

The themes and field trips for the camp sessions are as follows:

- Week #1- June 21- June 23 "Summer Fun" Celebrate the end of school by hanging with us at Plattwood Park. We will enjoy swimming, playing Frisbee, basketball and wiffle ball. We will see how creative we are by building sand castles, grilling up some hotdogs and hamburgers and enjoying the start of summer!
- Week # 2- June 26- July 30 "Anything Goes" We will
  mix it up this week with crazy games and crafts. Join
  us as we travel to East Haven to "Rockin' Jump" Trampoline Park.
- Week #3 July 3 -July 7- "Exploration Adventure"
  Come explore the great outdoors as we walk, hike and
  poke around. Our trip this week will be to Bushy Hill
  Nature Center where we will use the zip line and swim.
  No camp on July 4th.
- Week #4 July 10 July 14 "Where the Wild Things Are" – "Lions and Tigers and Bears, Oh My..." We will hunt for treasure and go on a scavenger hunt. Our trip this week will be to the Beardsley Zoo in Bridgeport.
- Week #5 July 17 July 21 "Classic Games" What
  fun we will have as we try our hand at all sorts of classic games. From board games, to card games to games
  with balls and hoops! We will travel to the brand new
  Dunkin Donuts Park to see a Yard Goats baseball game!.
- Week #6 July 24 July 28 "Wind & Sea" We will play in the sea, try our hand at flying kites and enjoy an outdoor week! Our trip this week is to Hammonasset State Beach in Madison.
- Week #7 –July 31- August 4- "Gettin' Dirty" This

- week we will dig in dirt, touch bugs and catch frogs! We will search for marine life under the rocks as we spend a day at Harvey's Beach.
- Week #8 August 7 August 11- "Imaginarium" This week we will use our imaginations as we build creations with Legos, solve riddles and visit the Connecticut Science Center in Hartford.
- Week #9 August 14 August 18- "Fun & Fitness" –
  Our final week of camp will have us moving and grooving. We will have camp wide karaoke, try yoga and play laser tag at the Branford SportsPlex.

Games, craft projects and activities will center on these themes. With the exception of week #1, the typical schedule of camp is as follows: Tuesdays and Fridays (weather dependent) are spent at Plattwood Park on Route 80. Campers can enjoy the beach, swimming, arts and crafts, basketball and the skateboard park. On Wednesdays we generally have our field trips offsite. Thursday's schedule offers a day of water play. This may include games of drip-drip-splash, a water balloon toss and our water slide. Campers should be prepared to get wet!

Also coming up in June, is the 9th Annual Deep River Carnival- Thursday, June 15th through Saturday, June 17th New this year we are bringing in food trucks and crafters to make the carnival so much more then fun and games! Save the date and come on down to sample the wares! The carnival and food truck fest will be held at Devitt Field.

Our Summer Concert Series will kick off on Thursday, June 22th. Again, we will be offering free music with the opportunity to purchase or bring your own yummy meal! Check the Town's web site to see the entire line up of bands and restaurants. The summer concert series will run for nine weeks.



Looking back, Parks and Recreation started March with the conclusion of our winter basketball season. The basketball program welcomes all area youth in grades K-12 to

#### Deep River Parks and Recreation, cont.

participate. The program runs from November to early March. Even with enrollment numbers at our schools down, the basketball program continues to draw players. This year some 150 youth from grades 1 through grade 12 participated in clinics and games. The season concluded with the 10-12th grade players competing in the sixth annual "Valley Cup" tournament. Congratulations to this year's top two teams in the NBA, (grade 10-12) division; the Chicago Bulls coached by Scott Davis and the Minnesota Timberwolves coached by Tom Suedmeier and Gene Robida. The two teams played in the championship game which went to overtime resulting in an exciting victory for the Timberwolves with a score of 64-63! Congratulations to this year's 2016-2017 Valley Cup winner.

As always, we want to acknowledge the wonderful volunteer coaches that make the program possible. We appreciate all of the time and energy that they put in to the program and we know that the players appreciate it too! Thanks to the custodial staff at DRES and JW and to Chuck Carlson at The Academy at Mount Saint John (AMSJ) where many weekly practices were held.

Parks and Recreation was excited to offer an open mic night, once a month starting in December. The evenings featured many talented local youth who entertained the audience and their peers. The Open mic night was the idea of local resident, Lucy Newman, a sophomore at Valley Regional High School. The last open mic night is scheduled for March 24th so plan to stop in and enjoy the talent that we have here in our local community. Admission is free, snacks and light refreshments are sold.

We offered two free movie classics in February, Casablanca and Vertigo. The movies were shown in the Town Hall Auditorium and were so well received that plans are in the works for a movie to celebrate Earth Day. Of course our movies at the beach will start in late July at Plattwood Park so make sure you keep the dates open. Family movies are shown on Friday nights beginning at dusk.



The after school enrichment theater program for 5th and 6th grade DRES students was again a great success. This was the fourth year for this popular program. About 2 dozen students put their time and talents into the production of "The Big Bad Musical". In early February the students performed their play over the course of two performances for close to a sellout crowd at the Town Hall auditorium. What a great show!



In case you missed our exciting late fall news, we are happy to report that the new playscape was installed at Devitt Field. After years of hard work fundraising for this great new addition, the playscape is here. Our thanks to the community who contributed to this cause over the years by supporting our annual carnival and 5K run and to the Board of Selectmen who gave the final approval to allocate the funds. In order to save money, the installation was done by community members and our own highway crew who were supervised by the representatives from the playscape equipment company. A big thank you to all who helped out. A special shout out to Torrison Stone and Garden, based in Durham, who donated their entire crew to help out for the day!

The Commission is always looking for ideas and input from town residents. We are constantly adding programs as well. Give us a call or send an email if you have something in mind. Better yet, consider joining us. Currently we have vacancies on the board.

We need your help to keep all these exciting programs going!

Don't forget to check us out on the town's web site and follow us on Facebook to keep up on all our latest news and programs!

#### **DEEP RIVER PARKS & RECREATION 2017 BUS TRIPS!**



Join Deep River Parks & Rec and explore some wonderful places this year— Trips are open to all!

Don't Delay - Sign Up Today as Trips Sell Out Quickly!



'CATS' on Broadway Wed., March 15 Cost: \$165 per person



**Brooklyn Botanical** Garden Tues., April 25 Cost: \$62 per person



A Day in Deerfield, MA. Weds., May 24 Cost: \$79 per person



MET's Cloisters & Arthur Ave.-'Bronx Little Italy' Thurs., June 22 Cost: \$73/\$68 for seniors



**Boston Whale Watch** & Faneuil Hall Sat., July 15 Cost: \$80 per person



Red Sox Baseball @ Fenway Park Sun., August 6 Cost: \$80 per person



**Newport Dinner** Theater & Cabaret Tues., September 19 Cost: \$96 per person



Northwest CT Winery & Foliage Tour Sat., October 14 Cost: \$90 per person

Visit deepriverct.us to register and see all the details, or call the Parks & Rec Office at 860-526-6036



#### Attention all Deep River Businesses!

The Deep River Merchants Association (DRMA) has recently created a website for its merchant members!

We invite you to join the DRMA and benefit from being a member.

including increased public visibility from placement onto our website.

Membership fee is only \$50.00 per calendar year!

You can view the website at www.deeprivermerchants.com

#### For more information, please contact:

Cindy Lignar, Squared Circle Studio, Phone 860-526-8738 Rose Natter, Face Arts Music, Phone 860-526-1190

We look forward to hearing from you!!

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#### Visiting Nurses of the Lower Valley

A memory screening is like many other routine health check-ups. It is a simple, non-invasive test designed to gauge memory, thinking and language skills. Screening consists of a brief series of questions and tasks and only lasts about ten minutes. Early memory screenings can be helpful! Memory screenings are a first step toward identifying a memory problem. Early diagnosis of Alzheimer's disease can improve quality of life for those individuals with the disease as well as their families and caregivers. It is important to know that not all memory problems are caused by Alzheimer's and some memory problems can be easily treated.

According to the Alzheimer's Association, these are the 10 warning signs of dementia:

- 1. Memory loss that affects your daily life
- 2. Difficulty with problem solving
- 3. Trouble driving to familiar places
- 4. Losing track of date and time
- 5. Difficulty with spatial relationships
- 6. Trouble finding the right words or calling things by another name
- 7. Losing things like your keys and inability to find them
- 8. Difficulty with decision making, poor judgement
- 9. Changes in usual activities such as withdrawal from hobbies
- 10. Mood or personality changes

For further information on these 10 warning signs, go to: www.alz.org/alzheimers\_disease\_10\_signs\_of\_alzheimers.asp#signs

If you or someone you love are experiencing more of the 10 warning signs of memory loss, speak with your doctor or call Visiting Nurses of the Lower Valley at (860) 767-0186 today to schedule your free memory screening with Deborah Ringen, MSN, RN-BC who is a certified dementia care practitioner.

#### About Visiting Nurses of the Lower Valley

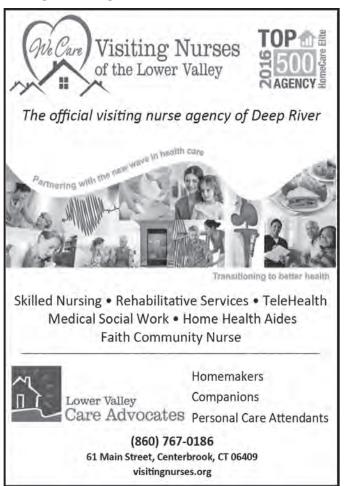
Visiting Nurses of the Lower Valley, Inc. is a not-for-profit, Medicare and Medicaid home health care organization serving Deep River, Essex, Chester and the Lower Valley region. Please check their website (www. visitingnurses.org) or call (860) 767-0186 for service information.

#### **Annual Scholarship Program**

In honor of the late Mr. and Mrs. Thomas Murtha of Essex, the Visiting Nurses of the Lower Valley will be awarding scholarships to residents of Essex, Chester, Deep River and Old Saybrook who are planning to pursue a career in health care. Priority will be given to those who are entering the nursing profession.

One or more scholarships will be awarded, with \$3,000 being the total of all awards. Scholarships will be given on the basis of academic achievement, volunteerism and motivation.

Application forms are available at the Visiting Nurses' office at 61 Main Street, Suite 5, Centerbrook, between 8:00 a.m. and 4:00 p.m., Monday through Friday. The application deadline is April 21, 2017, and all required materials must be received by this date. For further information or to request an application call 860.767.0186, or email Susan Maxwell at smaxwell@visitingnurses.org.



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#### **Deep River Housing Authority**

#### **Construction 101**

Have you seen the construction zone on the North side of Kirtland Commons? We are well underway with our eighteen unit addition and thankful to Mother Nature for the relatively mild winter that is helping to keep us on our adjusted schedule! Some initial surprises slowed our progress for several weeks and made it impossible to get the building closed in before winter weather threatened. Luckily, the mild winter through January has helped to keep the project moving without many additional delays.

While the Board of Directors is working towards its Master's Degree in Construction Management, we are hoping that we have overcome most of the major hurdles inherent in a large project and that we are moving towards the role that our Construction Company, LaRosa Building Group, says should be limited to picking colors. Boy, do I long for that day!



We are still selling our popular "10 things to love about Deep River" Tshirts. The shirts are \$20 each and are available in Crew Neck (unisex) and V-Neck (ladies) in sizes S,M,L,XL) If you are interested in purchasing a shirt, please visit Deep

River Hardware who has graciously agreed to be our showcase. In December, we added a mug to our line and those too can be found at Deep River Hardware. 100% of proceeds go to our building fund to supplement unbudgeted construction needs.



Our 2016 application process this year began June 1st and we closed the application process on July 31st. We received 25 new applications bringing our total waiting list to 79. We are hopeful that the availability of the 18 new units will help to reduce our waiting list time which on average is at least two years. Often times, we will go through several applicants before someone accepts an available unit. Applicants that turn down a unit have the option of moving to the end of the waiting list, or being removed permanently. Sometimes people are just not ready to give up their homes or have moved to other housing and don't want to move again so soon. I always recommend that people who may have an interest in moving to Kirtland Commons and are over the age of

62 or on social security disability, submit an application. It gets you in the queue and you can always turn a unit down and move to the bottom of the list. The 2017 application period will begin June 1st. Applications can be picked up beginning June 1st, at Kirtland Commons, 60 Main St. or you can call 860-526-5119 and provide us with your name and mailing address and we will send one to you when the application period opens.

We are looking forward to our next event featuring Dan LaRosa, comedic hypnotist on March 4, 2017, which will have taken place by the time you are perusing the Spring issue of Deep River News. Dan LaRosa performs around the world and working with the audience, creates a unique show each time. Hopefully you were able to join us and enjoyed the show! Proceeds will be used to offset unplanned building expenses.

We recently had the honor of celebrating Carroll "Gil" Gilson's 101st birthday party. Gil was one of Kirtland's initial residents and has lived here ever since.



When asked what he attributes his longevity to, he replied, "Eating well and keeping your nose clean". Joann Hourigan, Executive Director, is renowned for her party throwing skills and creativity. She created paper bag hats for the party that everyone enjoyed wearing. One resident went to dinner with me that night and wore her hat out to Tuscany Grill!



#### Deep River Housing Authority, cont.

There are lots of activities for residents and local seniors are also encouraged to attend. Classes we have offered include chair yoga, teacup gardening, crocheting, art, creative writing. We post our classes on our Facebook page at https://www.facebook.com/KirtlandCommons/?ref=bookmarks. Interested seniors can make a reservation at 860-526-5119, so the teacher has enough materials available. We also offer discounted tickets to select shows at the Ivoryton Playhouse and The Goodspeed and provide several events each year such as picnics, pizza truck parties, mardi gras, seafood festivals, etc. Events usually include music by a live band or some other form of entertainment.

Weekly meals are offered on Mondays at Kirtland Commons. The suggested donation for the meals is \$5 per senior and the monthly menu is also posted on our Facebook page. Dinner includes: Main course, Dessert and Coffee, Tea or Water. Meals are prepared by volunteer cooks and the residents rave about the meals. Reservations are required and can be made at 860-526-1707. If you are interested in cooking for the seniors or have questions, please call us at 860-526-5119.

Lisa Johnson Chairperson, Deep River Housing Authority













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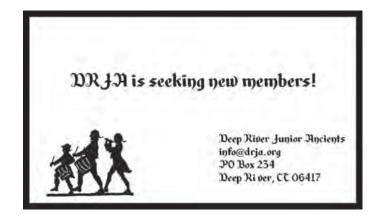
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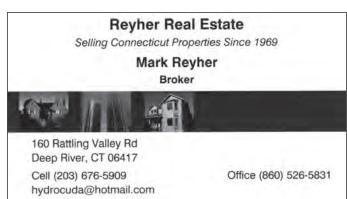
#### Deep River Junior Ancient Fife and Drum Corp

"If the music's too loud, then we're doing it right!". This is the motto of the Deep River Junior Ancient Fife and Drum Corp. The Corps hopes to encourage youth to learn to play fifes, snare and bass drums, as well as learn music that was played and marched to during the Revolutionary War period through the Civil War period.

The DRJA is a nonprofit organization that was formed in 1955. Since then, youth age 8 to 18 have been learning martial field music through weekly instruction, marching, performing, and jamming in parades and musters throughout New England. Some recent special trips included Yorktown, VA, Fort Ticonderoga, NY, Bennington, VT and once in Switzerland! Last year, the Swiss group Tambours et Fifres de Meyrin came to visit us, and we had a great time hosting a fabulous band of youth musicians. This year, our youth are packing up and heading out on a cruise to Bermuda, where they will perform on the ship for all the passengers. They will also march in a parade in Bermuda, along with the Bermuda Regiment Band.

The Deep River Junior Ancients always welcome youth musicians or want-to-be musicians to join us! For more information, please visit our website, www.drja.org, or contact us at info@drja.org







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#### Deep River Meetings on Television and Online

Watch our Town government in action on television Sunday evenings at 6:00pm when Board of Selectmen meetings and Board of Finance meetings are broadcast on Cable channel 19. Board of Selectmen meetings are held on the second and fourth Tuesdays of each month and are recorded for broadcast on the following Sunday evenings. The Board of Finance meeting is held on the fourth Tuesday and is broadcast with the Board of Selectmen's meeting on the following Sundays.

You can also view the meetings online at any time. Go to the Deep River web site (www.deepriverct.us) and on the homepage under "Quick Links" select "View meetings online." On the link you can select meetings by date.

Occasionally, other town meetings are also broadcast such as Special Town Meetings and Public Hearings.

Following the broadcasts, discs of the meetings are available in the Deep River Public Library.

Anyone interested in helping with the recording and broadcast of these meetings is welcome, please contact Margo at 860-526-8933. A short training session at the Valley Shore Community Television studio in Westbrook is required to become familiar with the equipment used.

Broadcasts are sponsored by the Deep River Taxpayers Association to make municipal business and discussions available to a wider audience of citizens.



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#### Fountain Hill Cemetery

#### Thank You! Thank You! Thank You!

The Wooster Memorial Chapel renovations are now complete thanks to the generosity of this whole community. In 2012 the renovation project of the chapel was very daunting and the price tag seemed out of sight. But with determination to take this project one step at a time, the committee under the direction of Vice Chairman Mark Lowrey has exceeded expectations. The work has taken us four years and the generosity of this community has been heartwarming.

This fall we added a sidewalk and handrails to the steps to access the building easier. Outdoor lighting is planned and cushions for the benches are being made.



We are happy to welcome the St. Peter's Anglican Church who worships in the chapel on Sunday mornings. The chapel has also been used recently to celebrate a wedding anniversary with the renewing of vows. The seating capacity of the chapel is 75. For information on renting the chapel please contact Mark Lowrey at 860-790-1098.



Tree work for the protection of the monuments has been ongoing. These old trees have not had any attention for decades and we are systematically addressing their needs as funding allows. The plan is to take some weight off of the branches to prevent

damage to the tree and the monuments they shade.

For Chapel Availability call Mark Lowrey Phone: 860-790-1098

Rental Cost \$175.00 per event



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#### **Board & Commission Meetings**

#### **Board of Selectmen**

2nd and 4th Tuesday of the month at 6:30 p.m.

#### **Board of Finance**

4th Tuesday of each month at 7:00 p.m. Chairperson: George Eckenroth

#### **Board of Assessment Appeals**

March and September Date & times to be announced. Chairperson: Mark Reyher

#### Conservation & Inland Wetlands Commission

2nd Thursday of each month at 7:30 p.m. Chairperson: Tanner Steeves

#### **Community Health Committee**

4th Tuesday of each month at 7:00 p.m. Chairperson: Russell Marth

#### Deep River Elementary School Board of Education

3rd Thursday of each odd numbered month
(except for July) at 7:30 p.m.
at the elementary school. Joint meetings with other Region 4
boards during even-numbered months at JWMS
Chairperson: Michelle Grow

#### Design Advisory Board

4th Thursday of each month (as needed) at 6:30 p.m. Chairperson: Alan Paradis

#### Deep River Town Hall Auditorium Management Committee

3rd Monday of each month at 7:00 p.m. Chairperson: Carol Jones

#### Library Board of Trustees

2nd Monday of each month (except for July) at 7:00 p.m. at the library.

Chairperson: Michelle Emfinger

#### Park & Recreation Commission

2nd Wednesday of each month at 7:00 p.m. Chairperson: Justin Waz

#### Planning & Zoning Commission

3rd Thursday of each month at 7:30 p.m. Hearings may be scheduled separately. Chairperson: Bruce Edgerton

#### Regional 4 Board of Education

1st Thursday of each month, except July and August. Meetings are at 7:30 p.m. at John Winthrop Middle School. Chairperson: Chris Riley

#### **Board of Fire Commissioners**

1st Monday of each month at 7:00 p.m. at the Fire House Chairperson: Scott Bowden

#### Water Pollution Control Authority

1st Monday of each month. Meetings are at 7:30 p.m. at the Treatment Plant. Chairperson: Ted Mackenzie

#### **Zoning Board of Appeals**

3rd Tuesday of the month at 7:30 p.m. (only when there is a case to be heard.)

Chairperson: Don Grohs

**Note:** If a scheduled meeting falls on a legal holiday, check with board of commission for rescheduled date.

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#### **Index of Services & Facilities**

Selectman's Office

174 Main Street 860-526-6020 selectman@deepriverct.us Mon.-Fri. 8am-4pm

Assessor's Office

174 Main Street 860-526-6029 assessor@deepriverct.us Mon.-Wed. 9am-4pm, Thurs. 9am-6:30pm, Fri. 9am-12pm, Closed every day 12pm-1pm

**Building Department** 

174 Main Street 860-526-6025 buildingdept@deepriverct.us Mon.-Fri. 8am-3pm

Conservation & Inland Wetlands

174 Main Street 860-526-0082 Mon. 9am -11am & Wed. 9am-12pm

**Public Works Department** 

206 Winthrop Road 860-526-6032 Mon.-Fri. 7am-3pm

Fair Housing Officer

174 Main Street 860-526-6020

Parks & Recreation

Carol Jones 174 Main Street 860-526-6036 parkandrec@deepriverct.us

Planning & Zoning

Cathie Jefferson 174 Main Street 860-526-6030 zoning@deepriverct.us Mon. & Wed. 8:30am-12pm

Registrars of Voters

By Appointment Only 860-526-6059

Water Pollution Control Authority

99 Winter Avenue 860-526-6044 plewis@deepriverct.us Mon.-Fri. 8am-4pm

Tax Collector

174 Main Street 860-526-6028 taxcollector@deepriverct.us Tuesday-Wednesday 9am-12pm & 1pm-4pm & Thurs. 9am-12pm & 1pm-6:30pm. During July & January: Open 5 days a week. Town Clerk

174 Main Street 860-526-6024 townclerk@deepriverct.us Mon.-Wed. 9am-4pm, Thurs. 9am-6:30pm Fri. 9am-12pm

Social Services Elderly

56 High Street 860-526-6033 drsocialservices@deepriverct.us Tues., 9am-1pm, Thurs., 1pm-4pm and by appointment

**Transfer Station** 

220 Winthrop Road 860-526-6047 Wed, Fri, Sat, Sun. 8am-4pm

Visiting Nurses of Lower Valley

61 Main Street Centerbrook, CT 860-767-0186 Mon.-Fri. 9am-4pm

Regional District #4 Superintendents Office

1 Winthrop Road 860-526-2417 x1 jbryan@reg4.k12.ct.us www.reg4.k12.ct.us

**Deep River Elementary School** 

12 River Street 860-526-5319 School Nurse ext. 1 www.reg4.k12.ct.us

John Winthrop Middle School

1 Winthrop Road 860-526-9546 www.reg4.k12.ct.us

Valley Regional High School

256 Kelsey Hill Road 860-526-5328 www.reg4.k12.ct.us

Public Library

150 Main Street 860-526-6039 srooney@deepriverct.us Mon. 1-8, Wed. 12:30pm-8pm, Tues., Thurs, Fri. 10am-6pm, Sat. 10am-5pm, Jul. & Aug. 10am-2pm **Kirtland Commons Housing Authority** 

Joann Hourigan 60 Main Street 860-526-5119

**Ambulance Association** 

284 West Elm Street 860-526-6043 (non-emergency) Fire Department

57 Union Street 860-526-6042 (non-emergency) Winthrop Station 409 Winthrop Road 860-526-6041 (non-emergency) info@deepriverfd.com

Fire Marshal

174 Main Street 860-526-6020 (non-emergency)

Resident Trooper's Office

174 Main Street 860-526-6027 (non-emergency) police@deepriverct.us

**Troop F - State Police** 

315 Spencer Plain Road Westbrook, CT 860-399-2100 (non-emergency)

**Animal Control** 

Jae Wolf 174 Main Street 860-388-7082 860-526-6020 (non-emergency) selectman@deepriverct.us

**Tri-Town Youth Services** 

56 High Street 860-526-3600 ttysb@aol.com

**Deep River Post Office** 

225 Main Street 860-526-5970

Connecticut River Area Health District

445 Boston Post Road, Suite 7 Old Saybrook, CT 06475 860-661-3300 Mon.-Wed. 7:30am-4pm, Thurs. 7am-7pm, Fri. 7:30am-12pm

Land Trust

P.O. Box 101 drlandtrust@gmail.com

Fountain Hill Cemetery

57 High Street, P.O. Box 263 860-526-4752

Deep River Congregational Church

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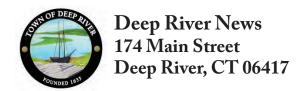
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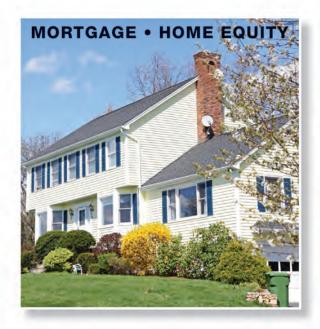
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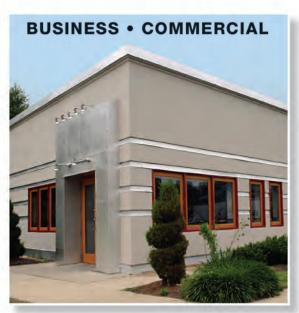
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