



Deep River News

Vol. 23, No. 1



Spring 2018

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Coming Events

Region 4 Budget Referendum

Deep River Public Library
Tuesday, May 1st
12:00pm – 8:00pm

Public Hearing

Annual Town Budget

Richard H. Smith Town Hall
Tuesday, May 1st
7:30pm

Annual Town Meeting

Richard H. Smith Town Hall
Monday, May 21st
7:30pm

35th Annual Fishing Derby

Saturday, May 12th (rain or shine)
Registration will be held from 7:00am – 7:30am

9th Annual Carnival

Thursday, June 14th – Saturday, June 16th

Summer Concert Series

Kicks off Thursday, June 21st
Will run for nine weeks
6:30pm – 8:30pm
(See page 24 for bands and locations)

Bus Trips

Sponsored by Parks and Recreation
(See page 22 for scheduled trips)



Deep River News Spring 2018

Angus McDonald, First Selectman

John R. Kollmer, Designer & Editor

Gina Sopneski, Advertising

Printed by Essex Printing

To submit articles or ads,
contact the Selectman's Office
860-526-6020 or gsopneski@deepriverct.us

www.deepriverct.us



Cover photo by: Angus McDonald
"What a difference a day makes"

News from the Selectman's Office

"Winter is not a season, it's an occupation."

Sinclair Lewis, "Arrowsmith."

I have lived in the northern climes all of my life, and for all of that time I have enjoyed all of the seasons. The beauty of the outdoors, clear night skies, the light of a full moon's reflection, or the quiet of a walk through either the woods, neighborhoods, or town are all enhanced by the addition of snow. The joy derived from winter activities, be they skiing, skating, curling, making a snow man, making a snow angel, or just breathing the crisp, cold air. These are all ingredients of the recipe that makes winter, I think, a wonderful season.

That said, at the time of this writing we are in the midst of our third nor'easter in three weeks, barely twenty-four hours after finally having our electricity restored and seven days from the first day of Spring (with another storm predicted for next week !!) I am beginning to appreciate the author Sinclair Lewis's description of the season as an occupation. But we New Englanders are a hardy bunch. Whether born and bred, or more recent transplants enticed by Fortune's smile, we are loath to complain—in public. In this case, however, I will admit (just amongst ourselves) to feeling somewhat put upon by Nature's vagaries (or, in plain speak, "enough already or in today's" lingo, #enough-is-enough").

The recent trio of storms notwithstanding, this has already been a trying season with multiple storms that may not have dropped as much snow, but were of equal duration and impact to budget. Kudos to our Highway Department and "Plow guys" Ed Field, Eric Walke, Chris Reedich, John Ely, Ray Sypher and Roger Clapp and to the "Sidewalk Guys" Pete Lewis, Ken Hebert, and Thadeous Linewsky for their continued efforts to keep the streets and walkways clear and safe. We are fortunate to have them. Thanks goes to our Fire Department volunteers who assisted the Highway Dept. in the early morning hours with tree removal so our emergency services had a clear path to homes. The Fire Dept. also responded to numerous wires down, pole fires and basement pump outs. The residents who typically wouldn't call for a pump out needed assistance as the sump-pumps are unable to work without power. And to Region 4 and Dr. Ruth Levy for opening the

emergency shelter at John Winthrop, providing not only food, showers and beds, but offering support to those in need, we thank you.

The hero of this particular storm, though, is my assistant, Gina Sopneski. Beginning on Wednesday afternoon/evening with the opening of our Emergency Operations Center at the Fire House, Gina manned phones until 10 pm, then was right back at it at the Town Hall on Thursday morning, logging and categorizing damage and communicating information to Eversource. Gina worked tirelessly in the Town Hall as well as around Town directing Eversource crews until Sunday afternoon when the vast majority of Town had electricity, and her efforts are very much appreciated.

The Fire Department Dispatches Itself

During civil emergencies, our regional 9-1-1 center, Valley Shore Emergency Communications (VSEC), is equipped and staffed to dispatch First Responders in multiple towns. To prevent VSEC from being overwhelmed during storms and other civil emergencies, the communications room at Fire Headquarters takes non-emergency damage reports by phone and radio, and then relays messages to units in the field. As protection for the public, they erect barricades or deploy traffic cones to warn of larger trees or downed wires, helping clear smaller obstacles with chain saws or brute strength. During this event, Fire Department and medical responders were called out at 7:00 pm Wednesday and remained on duty for 5-6 hours. The impetus for these volunteers to train for the tasks that will confront them may differ, but without their contribution of time and effort neither Deep River nor any small town could survive.

One More Mention

Since Storm Sandy the Town has had an agreement with Howard Tree Service to be available for post-storm cleanup. As soon as the storm abated, Jim, James and their crew were on the job, lending their professional expertise and equipment to the task at hand. Thanks to all.

News from the Selectman's Office, cont.

On a sad note, Jim Howard recently passed away. Thank you Jim for all you did for Deep River and for being you. You will be missed.

Of Errors and Omissions

Singling out groups and individuals for special mention is fraught with the danger of hurt feelings, or worse. Compiled from personal knowledge and advice from others involved, this list may never-the-less be incomplete. Then there are the countless acts of kindness, large and small: neighbor to neighbor or native to stranger, regardless of intent or motive, that form the currency of small town life. We are all in this together. Isn't that a wonderful thing?

Down to Business

While the Highway Dept. are the real yeomen of the winter season, our Highway Department vehicles have been pushed particularly hard, and thanks to the efforts, skill, and ingenuity of Ed Field and Gary Mc Teague we have stretched the life of some of our trucks beyond their expectancy. It is time to replace at least one of our plow trucks and a pickup truck. Our capital plan has called for these replacements for some time and as a result of other budget pressures we have delayed action. I don't believe we have that luxury any longer and have begun the process of finding and obtaining new vehicles which will be reflected in this year's budget.

The Board of Selectmen and Board of Finance have been working diligently to prepare a budget for 2018 - 2019. While the news from Hartford has been quiet, it is more and more evident that Deep River will not receive all of the grant money promised in the state budget approved last October, and will need to prepare for that shortfall. You will see more detailed postings on our Town Website, the Valley Courier, and in your mail, but the calendar of budget votes and meeting are as follows:

May 1 - Region 4 budget referendum
Deep River Public Library
12:00 pm - 8:00 pm

May 1 - Deep River budget Public Hearing
Richard Smith Town Hall, Auditorium
7:30 pm

May 21 - Deep River Annual Town Meeting
Richard Smith Town Hall, Auditorium
7:30 pm

Final Thoughts:

Winter 2018 feels like it has been a particularly long one. March certainly came in like a lion and April seems to be determined to follow suit. Hopes are that we see some sunshine soon! In the meanwhile I think Garrison Keillor describes March of 2018 just about right.

"March is the month God created to show people who don't drink what a hangover is like."

Garrison Keillor

Angus McDonald, First Selectman



Photos Wanted!

**We are always looking for great photos
for our Newsletters, Website and
Town Calendar**

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High resolution images, 3000px or larger please.



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Sun. 9 a.m. - 4 p.m.

Town Clerk's Office

We've added a new feature to our town website! Would you like to have Board of Selectmen minutes emailed to you? Simply go to our town website www.deepriverct.us and click on "Subscribe to News" in the left navigation bar. Enter your email and submit. Be sure to reply to your confirmation email and you're done. It's as simple as that!

Dogs: If you have a dog, you are required by law to have him or her licensed in your town of residence. We will send license renewal postcards to registered dog owners to begin renewal on June 1st. (Sorry but we can't issue licenses before that date). These renewals can be done in person or by mail but all dog licenses **MUST** be renewed by June 30, 2018 to avoid paying a late fee.

Welcome New Residents & Property Owners

Evan & Sonya Piacente	117 Falls Landing Road	07/31/2017
Patricia & Louis N. Dunham, III	22 Glen Grove Road	08/21/2017
Peter & Sarah Johnson	61 Plains Road	08/22/2017
Jennifer Jean Kostek	30 Kirtland Street	08/30/2017
Ellen Lull & Paul L. Hotkowski, Jr.	463 Winthrop Road	08/31/2017
Regional School District No. 4	Lots 1-12 Old Orchard Estates	08/31/2017
Cynthia E. Merritt	100 Lords Lane	09/11/2017
Anne M. Kelly	92 Main Street, Unit 112	09/11/2017
Kate Hollister & Jeffrey Gibson	53 Village Street	09/13/2017
Kevin & Deborah Caulfield	78 High Street	09/13/2017
Jane Stevens	92 Main Street, Unit 217	09/18/2017
Joshua, James & Cheryl Rayner	55 River Lane	09/20/2017
Melissa D. Cavrell	146 River Street	09/20/2017
Mark Goldreich	92 Main Street, Unit 401	09/22/2017
Robert Robinson	33 Lobb Lane	10/02/2017
Lesley C. Rowe	42 Kirtland Street	10/10/2017
Edward S. Sedgwick	21 Read Street	10/11/2017
Lucas Daniels	42 River Street	10/20/2017
Carmen & Heather Saglimbeni	46 Union Street	10/23/2017
Julia R. Bjornberg	92 Main Street, Unit 402	10/24/2017
Richard & Laura Kenney	92 Main Street, Unit 217	10/24/2017
Jason Dazey	92 Main Street, Unit 417	11/07/2017
John & Pamela Van Siclen	92 Main Street, Unit 213	11/09/2017
Emily Eckenroth	391 Main Street, Unit 301	11/09/2017
Gail P. Gallagher	27 Kirtland Street	11/13/2017
David Arnold	92 Main Street, Unit 222	11/13/2017
Thomas Larson	58 Cedar Lake Road	11/14/2017
Cheryl & George Atwood, Jr.	348 Main Street	11/16/2017
Sandra A. Stroeter	183 Bushy Hill Road	11/21/2017
Amy L. Babek	5 Scenic View Drive	11/27/2017
Peter & Janet Burr	92 Main Street, Unit 421	11/30/2017
Geoffrey & Erin Wilkes	28 River Lane	11/30/2017
Trevor E. S. Giles	296 West Elm Street	12/12/2017
Meredith Trumbull &		
David R. Johnston, II	251 Main Street	12/18/2017
Robert Corriveau	328 Main Street	12/22/2017
Catherine W. Cotton	66 West Elm Street	12/22/2017
Nicholas Schreiber & Molly McKenna	56 Cedar Lake Road	12/28/2017
Elliott Dunsing & Elizabeth Taran	57 Scenic View Drive	01/03/2018
Neil & Joanne Ducoff	63 Falls Landing Road	01/16/2018
Daniel Marrara	92 Main Street, Unit #218	01/16/2018
Megan Renzoni	6 Crescent Street	01/19/2018

Town Clerk's Office, cont.

Marriages

Noah S. Ahmed & Rachel J. Grossman	07/28/2017
Ryan J. McGuire & Jenna L. Burns	07/28/2017
Shane H. Brown & Brenna L. Stewart	07/29/2017
Todd W. Nelson & Kristy L. Gobelle	07/29/2017
Joseph A. Armstrong & Samantha A. Tynan	08/04/2017
Adam P. Gaski & Michelle J. Kiely	08/11/2017
John J. Hein & Nancy M. Cambareri	08/13/2017
Dylan M. Olzacki & Meghan E. Johns	08/27/2017
Lee M. Fredericks & Sarah K. Handelman	09/01/2017
Jason F. Fitch & Audriana E. Blackwell	09/01/2017
Tom Matulaniec & Alana M. Cosgrove	09/02/2017
Daniel C. Nadeau & Michelle A. Staffa	09/02/2017
Patrick C. Shortt & Marina L. Hojnacki	09/03/2017
Eric J. Cusano & Jaclyn A. Krawiec	09/09/2017
Alex A. Olson & Caroline R. Lemley	09/09/2017
Avi P. Weinstein & Molly S. Labell	09/10/2017
Steven Dickerson & Ilna Fede	09/13/2017
Richard A. Tomaino, III & Stephanie M. Kasek	09/16/2017
Douglas P. Conklin & Taylor N. Verni	09/22/2017
Shayne D. Pratte & Brittany S. Grant	09/23/2017
Brian J. Kiefer & Ashley K. Hicks	09/29/2017
Edward P. Rivera & Cassandra E. Fontes	10/12/2017
Steven M. Bertelli & Angela M. Hollister	10/14/2017
Nicholas G. Palmer & Tessa A. Nelson	10/14/2017
Edward R. Rhoden & Christine L. Rodrigue	10/15/2017
James M. Jake & Brenda L. Kollmer	10/15/2017
Brett E. Kwasniewski & Aimee J. Bycholski	10/20/2017
Paul J. Didomenico & Julie E. Palmer	10/27/2017
Sean A. Ruegg & Emily A. Cote	10/28/2017
Todd D. Hotes & Jessica L. Mardones	11/10/2017
Jose R. Ortiz Cosme & Kelly L. Endo	11/11/2017
Bahador Nooraei Beidokht & Jessica P. Newcomb	11/21/2017
Paul J. Angersola & Marie C. Moritz	12/02/2017
Edward R. Whitaker & Kristina L. M. Knobelsdorff	12/09/2017
Paul J. Hotkowski, Jr. & Ellen L. Lull	01/04/2018
Gary F. Urban & Donna L. Peterson	01/06/2018
Brett D. Thompson & R. A. Rinon	01/06/2018

Town Clerk's Office, cont.

Passings

Ronald F. Bangs	151 Warsaw Street	07/17/2017
Josephine Czapiga Glowac	120 Warsaw Street	07/18/2017
Ersilia Garritano	17 Lobb Lane	07/22/2017
Andrew Kenneth Spaulding	113 Union Street, Apt. Q	08/02/2017
Paul T. Pulcini	12 Belmont Avenue	08/07/2017
Abraham Soudan	337 West Elm Street	08/18/2017
Gail L. Willis	475 Winthrop Road	08/30/2017
Kenneth Axford Wood, Jr.	21 River Street	09/27/2017
Suzanne Louise Hammond	391 Main Street	10/28/2017
Jean Hendrickson	167 Cedar Lake Road	10/30/2017
Catherine S. Budney	31 Woodland Road	11/15/2017
Susan E. Courant	60 Main Street, Apt. 407	11/18/2017
Frederick Peter Haeni	32 Long Hill Road	11/27/2017
Salvatore Joseph Bartolotta, Sr.	86 Bokum Road	12/31/2017
Patricia Brown Swanson	60 Main Street, Apt. 408	01/21/2018
John C. Murphy, Sr.	69 Essex Street	01/29/2018
Theresa MacDonald	18 Winter Avenue	02/15/2018

Board and Commission Vacancies

If you are a registered voter and are interested in serving on a Board or Commission, please contact the Selectmen's Office at 860-526-6020. Currently there are vacancies on the following Boards:

Community Health Committee	term to expire 12-01-2018
Community Health Committee	term to expire 12-01-2019
Design Advisory Board	term to expire 12-01-2019
Economic Development Commission	term to expire 12-01-2019
Parks & Recreation Commission	term to expire 12-01-2020
Planning & Zoning Commission (alternate)	term to expire 12-01-2019
Town Hall Auditorium Management Committee	term to expire 12-01-2018
Town Hall Auditorium Management Committee	term to expire 12-01-2018

Regional Agencies

Agent for the Elderly
CATV Advisory Council District V
Long Island Sound Council

New Trade Name Filings

REAL Home Services and Solutions – CT, Inc.	Owners.com	08/08/2017
John Morrison	Uncle Flips Flap Jacks	08/30/2017
John Morrison	Meatballs on a Stick	08/30/2017
Google NA, Inc.	Project Fi by Google	09/05/2017
Diane Munson	Diane Munson CAN	09/11/2017
Susan Lennox & Edith Riggio	Nautical Needles & Decorative Interiors, Inc.	09/14/2017
East River Energy, Inc.	Dougherty Oil Company, Inc.	09/21/2017
First Global Money Inc.	Happy Transfer	09/27/2017
Ellen Gaube	Three Plums Studio	10/04/2017
Arthur A. Peters	A + L Mobile Marine Service	12/01/2017
Olga Lucero	Posh Balloons	12/05/2017
BSIDE LLC	Bside Creations	12/14/2017
Trevor ES Giles	No Mind	01/11/2018
Smith & Wesson Corp.	SWPC Plastics	02/12/2018
Mount St. John, Inc.	Transition Academy at Mount Saint John	02/15/2018
Mount St. John, Inc.	The Marketplace	02/15/2018

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Dave



Dr. Chris

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- Differences in repair estimates are common. A lower estimate may not include all necessary work. If you're not sure why one estimate is different from another you've received, please ask us.
- You are not required by law to obtain more than one estimate or appraisal.

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Dry Pants Model Yacht Club

The Smallest Radio – Controlled Sailboats

In a recent issue of Deep River News, the largest official class of RC sailboats (the J Boats) were featured. These boats are 8 feet long, have 10 foot masts, and weigh around 100 pounds. That's one big toy boat!!

On the other end of the spectrum are the “Footies”--“those cute little sailboats”. The only class rules are that the boat must fit in a box 12” long, 12” deep and 6” wide. As you can imagine, there have been some very extreme design ideas. But, that is the beauty of this class where almost anything goes. The objective of winning races, however, remains the number one objective. The Footy class is sailed all around the world.



Building a Footy is a great winter project for any individual or as a parent/child endeavour. Two suggested sources to Google, “Footy Class RC Sailboat” can link you to a world of kits, plans, or advice and/or the AMYA website which links you the Class Secretary.

You can be sailing for under \$100 and have a whole lot more fun.

Members of the Dry Pants Model Yacht Club (who you always see sailing at Plattwood Pond) would love to see a new class started. It would be real fun if you could get a lot of your friends building too. Or, make it a school project! Some of us may join your friends too.

Come Sail With Us

All Deep River residents have a standing invitation to come sail with the Dry Pants Model Yacht Club any time we are at Plattwood Park pond. We would be delighted to have you as a guest. And, we would like to have more residents of Deep River in the Club!

Our scheduled sailing times are Sundays 10:30am-12:00pm and Wednesdays from 2:00-4:30pm.

For those who might like to become active sailors, we have loaner boats available to use. Just give us a call a couple of days in advance and we will have a competitive boat awaiting your arrival.



The primary boats we sail are CR-914s—an international radio-controlled one-design class of boat that's 36” long and very competitive. It sails beautifully in a large cross-section of wind speeds---from zephyrs to gusts of 20 mph. There are about 7,000 of these boats all over the USA.

There are no motors in these boats: they are totally dependent on the available wind. All boats are identical and are controlled by two servos. One servo controls the rudder. The other (and more powerful servo) controls the sails.

Whether you have had previous sailing experience or are a neophyte, one can quickly learn how to sail these boats. Some of our top sailors have never sailed on big boats. Coaching is always available.

Sailing model sailboats is addictive: Come sail with us this Spring and see how much fun it is.

Dry Pants Model Yacht Club (DPMYC) is a registered RC sailing Club with the American Model Yachting Association (AMYA) and is home-based in Deep River. You can always feel free to come sail one of our boats on Sundays (10:30am-12:00pm) or Wednesdays (2:00-4:30pm). Just come up and ask. Or Google “DPMYC” for our website or contact Jim Godsman (860-767-5052 or jimgodsmen@comcast.net).

American Legion Post 61 Ibell-Jacobson-Smith

Commander Wm. Burdick invites all U.S. military veterans (& active duty personnel) to telephone for more information about membership, our activities and our meetings. Please telephone (860-322-7600) in advance because we have some flexibility in our schedule when weather is an issue. Our usual meetings are on the third Monday of the month from September to June at the Deep River Public Library. We have both men and women veterans from all services who regularly participate in American Legion activities in our town as well as in Connecticut State level activities.

This reminds me to mention that one of our members James "Bear" Beardsley was installed into the Department of Connecticut American Legion Hall of Fame during the Mid-Winter Conference in Trumbull. Bear has served in many capacities: as the Department of Connecticut Historian (with his wife Sarah), as well as District 7 Commander, as Post Commander and in several other capacities. He had been the person who escorts the used and worn flags collected at Deep River Hardware to Meriden for the very respectful Flag Disposal Ceremony on many past June fourteenth. By the way, gifts and remembrances to the Flag Fund are always appreciated.

As of this writing/printing time, Post 61 is planning for the High School Oratorical Competition. Please see the American Legion web site for general information. More importantly, PLEASE contact an American Legion member via one of the phone numbers printed. We can facilitate the process.

The American Legion organization supports events and activities that help ALL veterans. Our Tri-Town Parade was one very successful demonstration to recognize the many local veterans from all walks of life in Deep River, Chester, and Essex. It just so happened that veterans from Westbrook, Clinton and Old Saybrook marched with us too. We were very proud to see comrades from Veterans of Foreign Wars, as well as those who are not organization member's march along our sides. Thank you to the Town of Deep River for supporting this Veterans Day event.

Any veteran who was recruited from Connecticut, has a DD214, and is currently residing in CT is eligible for the Connecticut Wartime Veterans medal. If you have

not received it, you can go on line, or please contact the District 7 (Middlesex County) Commander at (203-494-7151).

Also you might want to know that the Veteran's Green Committee has been meeting. Progress has been made with our efforts to enhance the landscaping surrounding the Columbia Memorial as well as the WWI Eagle monument. New shrubbery and spring flower bulbs have been added. This is a work in progress and there are plans for the landscaping too. For more information, call our First Selectman or Richard Nagot.

One other very nice benefit to living in Deep River is the lovely occasion of the Deep River Historical Society's Holiday Festival of Trees. Our American Legion Post 61 tree took a white ribbon. Military medals and ribbons were highlighted. Thank you to all who voted for our tree.

Eileen B. Richard, Chaplin, Post 61

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American Legion Post 61 Ibell-Jacobson-Smith

On November 10th, American Legion Post #61 held an award ceremony for its annual Veterans Day Arts and Essay Contest at Deep River Elementary School. I am proud to announce the winners.

Kindergarten

- 1st place: Sadie Cohen
Drawing of the Liberty Bell
- 2nd place: Izabel Torres
Painting of the Liberty Bell
- 3rd place: Candy Cheung
Drawing of the Washington Monument

1st and 2nd Grades

- 1st place: Gracer Bauer
Drawing of the Purple Heart Medal
- 2nd place: Vincy Cheling
Drawing of the Bunker Hill monument
- 3rd place: Norah Lewis
Drawing of the Purple Heart Medal

There was a change made to this year's essay part of the contest. Essays were limited to one topic which this year was "why freedom is not free" and the winners were:

3rd and 4th Grades

- 1st place: Julian Mardjekaj
- 2nd place: Anahi Matute
- 3rd place: Madelyn Riebold

5th and 6th Grades

- 1st place: Kayliegh Mackenzie
- 2nd place: Joanna Petrone
- 3rd place: Nicholas Costa

On behalf of myself and the American Legion, we would like to thank all of the students who took time to enter the contest and for honoring us on Veterans' Day. While this is an American Legion sponsored contest the award ceremony is open to all veterans, especially those who are related to the students. The 2018 ceremony should take place on November 9th. Please feel free to call me for information at 860-526-5270 or call the Deep River Elementary School.

In closing, I would like to thank Celebrations and DaVinci Pizzeria for their donation of awards!

Richard Nagot, Children and Youth Officer



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Deep River Historical Society



Winter showed up at an inconvenient time and dampened the Holiday Stroll and so many of the activities had to be cancelled in town. It was the second night for the Stone and Carriage Houses to have their 5th "Festival of Trees, Tradition, and Legend" event. We had a great turn out and even some brave folks ventured out in the snowstorm. We thank all the civic organizations that spent their time, expenses, and creativity making this a great year. We look forward to even more trees next December as we celebrate "Christmas Traditions Around the World". The top winners for first place blue ribbons in the adult category were: **Best theme:** DR Democratic Town Committee, **Most Traditional:** Club 60, **Most Creative:** Deep River Democratic Town Committee.

In the Junior category the top winners for first place blue ribbons were: Best Theme: DR Junior Ancient Fife & Drum Corps, which took first place for Most Traditional category. Most creative: was DR Congregational Church Green Team & Sunday School. The **Best in Show**, voted on by the public, went to Church Street Child Care.

We would like to thank all that made generous monetary contributions to our appeal in the fall. Decisions are being made as to how to best utilize these funds. Our list is very long with much ongoing required maintenance and projects that are vital to keep both the Carriage and Stone House functioning. We also have plans in the works for creating a new display area that will enhance the telling of Deep River's history.

Our book "Deep River Stories" by author and trustee Frank Santoro, is being well received and the stories are all illustrated by local artists. The book launch was very successful and the books continue to be sold at the Deep River Hardware Store and the Library. Linda Hostetler had been handling book sales (\$10 each) and you could contact her also. We look forward to launching yet another new publication in February by Rhonda Forristall and titled "Billy Winters One, Man's Journey to Freedom".

We collaborated on a grant through the Middlesex Community foundation with Chester Historical Society to digitalize films taken mostly by Peter Calamari from the

1930's to 1960's. Some of these films will be used in our permanent exhibits and others in a movie night open to the public later this year. They encompass the floods of 1936 and the Hurricane of 1938, local businesses, the dedication of the Columbia monument, parades and visits from FDR. More to follow on that when date and time is decided.

We have events and programs planned for the spring and look forward to hosting them. In April, will be our Annual Tea and it will have a Doris Day Musical theme. Our Traditional Strawberry Social will be in June. There is always something in the planning to offer to our Deep River residents and as always we appreciate your interest and support. More details will follow on those planned events.

The rental of the Carriage House has continued to increase, as it gets recognized as a great place to hold a function at a reasonable cost. The Carriage House has heat, air-conditioning and now provides WiFi also. There is a functional kitchen and tables and chairs are part of the rental. For bigger events tents can also be set up on the grounds. All kinds of events are booked such as weddings, anniversary and birthday parties, club events, family holiday gatherings, graduation and special celebrations, showers and funeral or memorial services are just some of them. Keep us in mind for any future use you may be involved with. All the details can be seen on our website <http://www.deepriverhistoricalsociety.org>.

As always, we welcome and encourage new members to learn more about the history that surrounds them. Even donating to our membership, or separately to our appeal letter, will help us achieve and maintain our goals for the year. Membership information is available on our website also. You will also see our postings on both Facebook pages for the society and for Deep River Diaries.

We look forward to seeing you in the future....spring will be welcomed this year!

Any questions you can e-mail us at: info@deepriverhistoricalsociety.org or contact us by phone at 860-526-1449.

Website: <http://www.deepriverhistoricalsociety.org>

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Deep River Land Trust

Just a few weeks to go before the official start to spring, but we can already see the signs. Birds are returning from their winter migration, adding birdsong to a still brown landscape, and the daffodils are making a game attempt to rise up over the occasional snow squalls. Eagles and seals have been spotted along the Connecticut River, and we've had a few warm days to tempt us into pulling the spring clothes out of the attic. The Deep River Land Trust is looking forward to the upcoming spring and summer seasons with an eye toward continuing good stewardship of our green spaces and revitalizing our online presence with a new website. Check us out at www.deepriverlandtrust.org and stay tuned -- more website updates are coming.

We'd like to highlight two of our fifteen properties for this newsletter: Smyth and Whittlesey.

Smyth Sanctuary sits along Essex Street at Pratt Cove. Saint Patty's Day is the traditional time of year to expect the osprey to return and start to nest in Pratt Cove. Smyth Sanctuary offers a prime view of this. The path to the osprey viewing rock will be cleared and in the interest of adding a little whimsy to your day, we are continuing to add to the log oculi.

The Whittlesey Brook Preserve sits along Kelsey Hill Road. This year DRLT members, with the generous help of a neighbor, installed a new sign, a stone border wall, and cleared and started to build a new entry parking area to the Whittlesey Brook Preserve. In the coming months we plan to work on maintaining and extending the trails in this preserve, in a project to honor our founding member Pete Haeni who passed away this past year. The project will be partly funded from generous donations we have received in his memory. Let us know if you would like to help in any way: deepriverlandtrust@gmail.com.

The Whittlesey Brook trail will be dedicated to Pete Haeni, who was a founding member of the Deep River Land Trust in 1975. A plaque in his honor will be placed at the trailhead.

The Deep River Land Trust currently owns 15 properties—a total of 234 acres, all of which have been donated by generous members of the community. This past summer, the Land Trust began its first major fundraising campaign in order to

purchase two parcels of land on Essex Street in Deep River. One is a small 0.64-acre waterfront parcel on the north side of Essex Street bordering the Land Trust's Smyth Sanctuary. The lot is mostly open, providing direct access to Pratt Cove and contains an old dock. You see this peaceful spot whenever you drive, walk, or run along Essex Street near the bridge.

Directly across on the south side of Essex Street is a 6.57-acre wooded upland parcel that borders the Land Trust's Florence Bidwell Sanctuary at the top of Rattling Valley Hill. This parcel also shares a common boundary with Nature Conservancy land on Pratt Cove. It can be accessed from the town parking area and the canoe/kayak launch at the bridge on Essex Street.

The acquisition of these land parcels will provide a hiking trail and greenway connection from Rattling Valley Road across Rattling Valley Hill to Essex Street and Pratt Cove. The higher elevations on the 6.57-acre potential building lot are visible from the mouth of Pratt Cove and the Connecticut River and one of our goals from this purchase is to preserve Cove and Riverside vistas from undergoing further development.

The cost to purchase these properties is \$160,000. Only a small portion of that amount can be covered by Land Trust funds. We have already received over \$60,000 in pledges from generous donors and have applied for a State Open-Space grant. If you would like to make a donation toward this purchase, please send donations to: Deep River Land Trust, P.O. Box 101, Deep River CT 06417, and indicate the donation is for land purchase. All donations are tax deductible; larger donations will be acknowledged on a plaque to be located on the property. For further information, please call Janet Stone, President, at 860-526-5957.

Parent's, 'National Screen-Free Week' is approaching. This year it starts on Monday, April 30, and ends on Sunday, May 6. We encourage you to come out with your kids and explore the Deep River Land Trust properties. We have hiking trails at Bidwell and Whittlesey Brook Sanctuaries. Our Smyth Sanctuary on Essex St. has an observatory facing out into Pratt Cove to observe the wide array of birds and animals that make their home in the cove. Take some time on a sunny day to go kayaking at Pratt and Post Coves. This is the perfect time of year to experience the spring greening of our local woods and shoreline!

The Deep River Land Trust is looking for volunteers! If you are interested in joining the Board of Directors, doing trail work, or fundraising, please contact us at deepriverlandtrust@gmail.com.



Connecticut River Area Health District

Recognizes National Children's Dental Health Month

February is National Children's Dental Health Month (NCDHM). Each February, the American Dental Association (ADA) sponsors NCDHM to raise awareness about the importance of oral health. This month-long national health observance brings together thousands of dedicated dental professionals, healthcare providers, and educators to promote the benefits of good oral health to children, their caregivers, teachers and many others. This year's NCDHM campaign slogan is, "Brush your teeth with fluoride toothpaste and clean in between your teeth for a brighter smile." Promoting good oral health habits at an early age and scheduling frequent dental visits helps children to get a good start on a lifetime of healthy teeth and gums. After all, oral health is tied to overall health.

Brushing children's teeth with fluoridated toothpaste is essential to good oral health. Caregivers should begin cleaning their child's teeth as soon as they begin to enter into the mouth, usually around 4 to 6 months of age. Brushing the teeth 2 to 3 times a day, after eating, would be ideal. Nighttime, before bed, is the most important time to brush. It is important for children to remember not to eat or drink anything after brushing their teeth at night.

Ideally, children should visit the dentist before their first birthday. The goal of this visit is to assess the risk for dental disease, initiate a preventive plan and decide on when to schedule the next visit. During these early visits, the dentist and dental hygienist can assess proper tooth development and check for other problems. By starting early, caregivers learn how to provide good oral hygiene for their children. In addition, young children will adapt essential oral health practices and incorporate them into their daily routine to ensure good oral health later in life.

For more information on NCDHM, please visit the American Dental Associations website at www.ada.org or call our health educator at 860-661-3300.

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Deep River Elementary School PTO

Funds raised by the PTO at school events and fundraisers have been used to buy drums & xylophones for band & music classes, 4 picnic tables for the courtyard, furniture & air conditioners for the classrooms and to pay for educational performances on STEM Day and Day of the Arts at Deep River Elementary School (DRES). Here are some ways you can raise money for the PTO every day.

Adams IGA Community Rewards Program - When you shop at Adams, the DRES PTO will earn money through the Community Rewards program. In order for the DRES PTO to benefit from this program, we need your help! It will only take a few minutes of your time, and the kids at DRES will benefit for many years to come.

1. Please go to <https://www.adamshometownmarkets.com/>
2. Click on "Adams Rewards" at the bottom of the webpage
3. Either log in to your account or set up an account
4. Where it says Community Rewards, please choose **Deep River Elementary School-PTO**

A+ School Rewards Program - Shop at Stop & Shop and earn cash for DRES! The PTO has added the Stop & Shop Reward Program to our fundraising! Simply register your card at www.stopandshop.com/aplus or call 1-877-275-2758 - Use school id# 11128 and KFAB for the password. We need your support!

AMAZONSMILE - Please remember when you shop using AmazonSmile, 0.5% will be donated to DRES PTO. The AmazonSmile Foundation is a private 501(c)(3) foundation created by Amazon to administer the AmazonSmile program. If you shop on <http://smile.amazon.com/> and choose Deep River Elementary School PTO Inc. as your charity, then 0.5% of the price of your AmazonSmile purchases is donated to DRES PTO.

Box Tops For Education - Box Tops offers three easy ways to earn cash for our school through everyday activities such as buying groceries, shopping online and purchasing books.

1. Clip - Box Tops coupons are worth 10¢ each when our school redeems them to Box Tops for Education.
2. Shop - Shop through the Box Tops Marketplace (www.btfe.com/marketplace). Up to 8% of each qualifying purchase is automatically donated to DRES. There is no additional cost to you.
3. Buy books — Purchase books online at Barnes & Noble through the Box Tops Reading Room. DRES will receive 6% of your new book purchases and 3% of all other online purchases.

One of the easiest ways you can help is to sign up to support DRES at www.btfe.com. You will learn about new and easy ways to help our school earn the extra cash it needs.

Recycling Program - This program is FREE and provides a convenient location for collecting laser & ink-jet printer cartridges, used cell phones, iPods, laptops, digital cameras, GPS devices and media (CDs, DVDs/Blu-rays, video games) while raising funds for DRES. You can drop off your items in the collection bin outside the DRES main office whenever it is convenient for you.

PTO membership is open to all parents and guardians of all DRES students as well as all DRES staff. All are welcome to attend the PTO meetings to find out more about its activities. If you are interested in helping out with PTO activities or if you have any suggestions for new PTO activities, please feel free to email us at drespto@gmail.com or drop a note in the PTO mailbox in the DRES teachers' lounge. We will be updating the DRES PTO Facebook page regularly. Please check there for more information about DRES PTO activities in the future.

The mission of the Deep River Elementary School (DRES) PTO is to support excellence in education by promoting closer ties and communication among parents, faculty, administration, and the Board of Education. Our goal is to provide curriculum and social enrichment activities for all DRES students as well as support to the administration, faculty, and staff throughout the academic year.

Deep River Fire Department

In January, the Deep River Fire Department held it's annual election of officers:

Chief (5-0) - Tim Lee

Deputy Chief (5-0-1) - Jim Budney

Assistant Chief (5-0-2) - Steven Budney

Assistant Chief (5-0-3) - Bob Raymond

Chief Engineer - Tom Lee

Secretary - Tim Ballantyne

Treasurer - Jim Dee

Trustee - Don Sampson

The Deep River Fire Department requests that members of the community adopt a fire hydrant. In the winter, keeping the hydrant free of snow and ice helps tremendously in the case of an emergency. In the summer months, keeping the hydrant free of weeds and extra growth will help save time to attend to the emergency at hand. Any help is welcomed and appreciated.

The Department would like to thank Jeff Prindle and the Adams Hometown Market staff, for their continued support to the department. This year, Chief Lee had the great privilege of accepting a check in the amount of \$4,068.37 from Store Manager Jeff Prindle. The chiefs and members of the department would also like to thank and acknowledge the community, for their continued support in Adam's fundraisers.



DRFD still has smoke alarms and CO detectors available, free of charge, for anyone in need. Please send a message via our Facebook page or leave a message at 860-526-6042.

Keeping a voluntary organization alive and sustainable in a small town requires new members on a yearly basis. Junior members (14 yrs.) as well as senior members are welcome to join the department. The 1st Wednesday is for the monthly meeting, while drills are held the 2nd through the 4th Wednesdays, from 6:30 to completion of the drill. The location is Headquarters on the corner of Union and Elm Street.

Marilyn Malcarne, Public Relations Officer

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Deep River Public Library



All of our programs are free unless noted, and open to the public. Check out our monthly calendar to see what's on offer. View our calendar online: <http://deepriverlibrarysupport.com>, or stop in to pick up a copy.

Let's Talk Books

Deep River Library has a monthly book club that meets on the third Wednesday of each month at 1:00 pm. Occasionally we'll watch a critically acclaimed film instead of a book discussion.

Did you know...

Deep River library is now a member of Bibliomation, Connecticut's largest library consortium. Our patrons have greater access to materials than ever before.

Upcoming programs:

Learn the Art of Reiki

Stephanie Rosally-Kaplan has been a reiki master/teacher since 1997. She teaches reiki to children and adults all over the East Coast. Her treatment room and teaching classroom is in the Middletown Wellness Collaborative in Middletown. Stephanie will present a 4-5 hour workshop on Reiki on Saturday, April 15. Registration is required, seating is limited.

Have a Collection?

We'd love to share your collection with the community! We have two great display cases, so if you have something interesting to share, give us a call.

eBooks!

You can download FREE ebooks and audiobooks with your Deep River Library card. We have two platforms, OverDrive and OneClick. Find a link to both of these subscriptions on the home page of our website.



Children's Department

The Children's Department of the Deep River Public Library has enjoyed a fun line up of programming over the winter, including a Holiday

Song Sing-A-Long with guitarist Ed Leonard and a surprise appearance by Mrs. Claus. The Cook Club enjoyed making apple dippers and we also made our own homemade butter in a jar. We threw our very first New Year's Eve Karaoke Dance party, complete with a DJ, dance games, balloon drop and faux champagne toast!

Our Baby Bounce group had a special visit from Central Connecticut Pediatric Dentistry to learn about healthy teeth and gums. Fun Friday participants enjoyed special guest visits from ABC Amigos for Spanish stories and songs and Rana from Rayna's Dance got the preschoolers moving with fun dance demos.



We look forward to the return of the Deep River Drive-in in February

for a showing of "The Gruffalo" and we will host a Kindermusic program with Miss Martha from the Community Music School on Saturday, April 28.

Miss Elaine is hard at work planning the upcoming Summer Reading program. Participants can log their books online and become eligible for prizes and weekly raffles. Several family events are being planned to celebrate our Summer Reading theme "Libraries Rock". Some of the anticipated programs will include Ancient Alligators with Riverside Reptiles, Magically Christina, and Imagination Playground will be here with their large building blocks. The younger kids can look forward to Yoga for Youngsters, Pequot Nature Center and a special visit from Moana for a beach party story time.

If you want to be in the know for all Children's programs, email Miss Elaine at drplchildrensdept@gmail.com and have her add your email to her list!

Deep River Rotary Club

New Member Initiation:

Cathy Shanley, our Membership Chair, introduced our new member Allison Abramson.



Allison is Executive Director of Tri Town Youth Service Bureau and has long had a passion for the Rotary motto of "Service above Self." Previously she has worked as grants manager of the Rhode Island Community Food Bank and later for the non-profit Rhode Island Southside Community Land Trust. The Initiation Ceremony was conducted by Tim Haut, after which Allison shared her enthusiasm for being a part of our Rotary Club. Cathy and Rotary President, Lorrie Milton presented her with her membership certificate and lapel pin.

4-Way Speech Test sponsored by Tri-Town Rotary Clubs

Rotary Interact representatives, Arlene Pressman of Deep River, Janice Paigen of Chester and Carolyn Blicharz of Essex ran the 4-Way Speech Test on February 24th in the Auditorium at the Richard H. Smith Town Hall.

This was Valley Regional High School's first time participating in the 4-Way Speech Test. It was very successful, with 50-60 people in attendance. Rotary bookmarks and information were shared with all in attendance. Six contestants from Valley Regional High School participated, all young women, who gave 5-7 minute talks on how the 4-Way Test might be applied in a real life situation. Judges included the First Selectmen of each of our towns, plus representatives of each of our three Rotary Clubs, plus our Assistant District Governor, Tari-Marshall Day. Two contestants



spoke on the issue of gun violence, one on the Civil Rights Act, one on "fake news," one on the O.J. Simpson trial, and one on the

practice of government sources refusing to "confirm or deny" reports about their activities. The local contest winner was, Maeve Collins, who was awarded \$150. Maeve, then attended the semi-finals and competed with 7 other students but unfortunately did not make the top two to be able to compete in The District finals in Meriden. There were also two honorable mentions Gabrielle Pitruzello and Lindsey Madden.

Thank you to all those involved in making this event happen and we look forward to more involvement in the coming years.

Soup Kitchen

On December 21st, 2017 and March 15th, 2018 Deep River Rotary donated their time to work at our local soup kitchen. The Club donates time to cook and serve several times a year, a wonderful way to be with the community and give back locally.

Congratulations to the Rotary's Student's of the Month:

October 2017 : Elliot Colloton nominated by Mary Hambor, student internship program.



November 2017: Anthony Joia nominated by Ms. Fitch, history teacher.



Deep River Rotary Club, cont.

December 2017: Ermir Morina nominated by Bobby Sanchez.

January 2018: Egan Rothrock, nominated by Kathy Scott, health teacher.

February 2018: Madeline Costello sponsored by Jonathan Corbett, science instructor.



March 2018: Samuel Wollschleager nominated by Brad Pittman.



Dictionaries:

3rd graders of Deep River Elementary School proudly show the dictionaries that were presented to them by the Rotary Club of Deep River. Presenting dictionaries is an annual project by Rotary Clubs around the country.



The club meets at the Ivory Restaurant every Tuesday at 12:15PM with the exception of the 3rd Tuesday which is a 5pm meeting. Guests are always welcome. We are always seeking new members who enjoy fellowship and providing services to others locally and internationally. Visit our website at deepriverrotary.org. For questions please email deepriverrotary@gmail.com.

Lynn Ditta

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Connecticut Yankee Dachshund Club

Deep River Parks and Recreation

The Commission is made up of awesome volunteers who get so much done! Did you know that they plan the summer concerts? Organize, plan and execute the annual fishing derby, Easter egg hunt, youth summer camp, carnival and food truck event, movies on the beach, 5K and family day fireworks spectacular, Halloween event and the annual holiday stroll? This is in addition to the exciting bus trips, sponsored programs like Buddy Track which is in its 7th year, our 5th-6th grade theater program, assorted classes and clinics and of course the very popular basketball program for youth from grades K-12! We are always looking to add new programs or classes so if you have new ideas or want to get involved in making Deep River even better, please consider joining this fun group of active volunteers. Please stop by Town Hall or call the Parks and Recreation Office (@526-6036) anytime.

Here it is April and we have some exciting programs and events coming up.

Youth Spring Basketball: Keep your game skills up by attending a basketball clinic for girls in grades 5 through 7. The clinic will cover the fundamentals; shooting technique, individual offensive moves, dribbling/ball handling, passing and man-to-man defense. It will be held at the Deep River Elementary School gymnasium on Wednesday evenings from 5:30 -7:30 PM beginning on April 4th and running through June 6th (there will be no clinic on April 18th due to school vacation). This program will be run by Deep River resident, James Cunningham, a middle school physical education teacher and a former High School Varsity coach that has also coached Travel, Parks and Rec and AAU basketball. The cost is \$100. The clinic is limited to 20 players and will not run with under 10 players registered. The Clinic is open to girls in 5th-7th grade but 5th and 6th grade boys and 8th grade girls may also register if space is available.

Fishing Derby: Come throw a line in and see what you can catch as we host the 35th annual Deep River Fishing Derby at Plattwood Park on Saturday, May 12th. Rain or shine, come out and try your luck at catching a prized trout! The derby is open to all area youth ages 5-15. Registration will be held from 7:00-7:30 am with the derby running from 7:30-9:30 am. Cost is \$10.00 per participant/per family. We are proud to announce that once again, the derby is sponsored by Deep River Hardware, Cabela's and True Value.

Bus Trips: Save the dates for our 2018 bus trips! Whether your interest lies in a Broadway show, history or enjoying fine cuisine, we have a trip for you! We have trips planned every month from May through October so check out our

offerings and sign up quickly. Last year many of our trips sold out so don't delay in signing up. Also, if not enough people register for a particular trip the department may be forced to cancel it so by signing up early it helps to insure that the trip will run. To register for any of these trips head over to the Town's web site.

- **'Waitress'** on Broadway - May 30th, Wednesday.
Cost: \$181 per person
- **911 Museum, NYC** - June, 2018.
Cost: \$80 per person
- **Mangia, mangia, Boston** - July 9th 2018
Cost: \$105 per person
- **Long Island Sound Lighthouse Cruise**-August 7th, Tuesday. Cost: \$105 per person
- **The Tenement Museum**-NYC. September 13th, Thursday. Cost:\$103 per person
- **"Jesus"** – an overnight trip to The Sight & Sound Theater in Lancaster, PA. October 22-23, 2018, Monday-Tuesday. \$315.00pp double/\$289.00pp triple/\$275.00pp quad/\$389.00 per single.
- **Possible Professional Football Game, New Jersey.**
Nov. or Dec.

This is what we have in the works thus far, check back as we continue to add new offerings and finalize all of the details for these exciting trips. We are offering all of our trips through 'Tours of Distinction' a company based in CT that has been creating exceptional group experiences for over 45 years. They offer a Book 3, go FREE passport program. So when you travel with us on three day trips, your fourth is free. Details of this program can be found on our web site.

Buddy Track: We continue to sponsor the Buddy Track program which offers track and field events to kids with special needs. This is the 7th year of this terrific program! The non-competitive track program welcomes athletes ages 5 and up. The program pairs special needs player athletes with buddies who are students from Valley Regional. There are six track and field events; running relay, javelin (turbo-jav), 100 meter run, shot put, long jump and hurdles. No prior track and field experience is required to participate in this free program. The Buddy Track program is held once a week over a three week period starting in early May. Student volunteers must be in at least 9th grade in order to participate. This year's program will run on May 2nd, May 9th and May 16th. The event is held at the track facility at Valley.

Valley Warriors in the Community: Friday, May 18th is "Warriors in the Community day" when all the students from Valley Regional High School go out into the three towns and lend a hand with painting, raking, planting and

Deep River Parks and Recreation, cont.

general clean up to make our communities shine! This year we are planning to have groups of students pitch in to help make Plattwood Park, Keyboard Park, Devitt Field, Brockway Ferry, Canfield Woods and the Deep River Landing ready for the 2018 season! If you would also like to volunteer your time please call the P&R office. The rain date for this yearly event will be on Monday, May 21st.

Men's Summer Basketball League: We are offering a new program that will utilize our outdoor basketball court at Plattwood Park. The league is open to all area men who are of post-secondary school age and up. Players must register individually but as part of a team. Teams are limited to 12 members, no exceptions. Players may act as their own coach or recruit a coach and only registered players can play and practice. All players will receive a team t-shirt. All league games will be held at the lighted outdoor court at Plattwood Park, located on Route 80, in Deep River. Games will be weather dependent and will be held once a week, for 8 weeks, on Wednesdays and Thursdays from 6:30-9:30 PM. The league will run from May 23rd through July 19th (no game on July 4th). Each team will be given a weekly assigned practice slot that the team can choose to utilize or not. Teams can practice as much as they wish as court time is available. Each team will play one, one hour game per week. Cost: \$20.00 per participant. Teams must have a minimum of 5 players & cannot exceed 12 players. Registration is open until April 30th 2018. If you are interested in helping out as you have coaching or officiating experience, please contact Parks and Recreation about becoming involved. All parent/volunteers must fill out a coaches' registration form and are subjected to approval by the DR Parks and Recreation Commission.

Summer Youth Camp: Registrations are now being accepted for our summer youth camp. The Deep River Parks and Recreation Commission provides an exciting, organized, fun filled, quality eight and one half week program for children entering 1st grade through those entering 7th grade. The camp runs Monday through Friday from 8:30-3:30 with pre-camp care from 8:00-8:30am. The camp is based at Deep River Elementary School. The camp has a limited capacity each week so make sure to register your child to insure your spot. Last year the camp was sold out every week! Based on parent feedback, to better accommodate working parents, we are again offering a mini-week of camp to be held at Plattwood Park beginning the day after school dismisses for the summer, Wednesday, June 20th through Friday, June 22nd. Our full week camp will begin on Monday, June 25th and run through August 17th, 2018. Each week the camp will have a different theme and a dif-

ferent field trip.

The themes and field trips for the camp sessions are as follows:

- **Week #1** - June 20- June 22 - "Fun in the Sun"- Celebrate the end of school by hanging with us at Plattwood Park. We will enjoy swimming, fishing, playing Frisbee, basketball and wiffle ball. We will see how creative we are by building sand castles and making some awesome crafts. Enjoy the start of summer!
- **Week #2** - June 25- June 29- "Flyin' High"- We will mix it up this week with crazy games and crafts. Join us as we travel to East Haven to "Rockin' Jump" Trampoline Park.
- **Week #3** - July 2 -July 6- "The Great Outdoors"- Come explore the great outdoors as we walk, hike and poke around at Bushy Hill Nature Center where we will use the zip line and swim. No camp on July 4th.
- **Week #4** - July 9 - July 13 - "Winter Time Fun"- Think cold this week as we visit the Northford Ice Rink to go ice skating, make snow cones, play snowman bowling and a lot more cold weather fun!
- **Week #5** - July 16 – July 20 - "Game Time" –What fun we will have as we try our hand at all sorts of classic games. From board games, to card games to games with balls and hoops! We will travel to the brand new Dunkin Donuts Park to see a Yard Goats baseball game and enjoy a stacking cup expert who will challenge the campers with speed cup stacking games.
- **Week #6** - July 23 – July 27 – "Beaching It" – We will play in the sea, try our hand at flying kites and search for marine life under the rocks as we spend a day at Harvey's Beach in Old Saybrook.
- **Week #7** –July 30- August 3- "It's a Wild, Wild World"- We will hunt for treasure, go on a scavenger hunt and be entertained by awesome juggler, Bryson Lang. Our trip this week will be to the Beardsley Zoo in Bridgeport.
- **Week #8** August 6 – August 10- "Fun & Fitness" – This week we will visit Nomad Entertainment in South Windsor to play laser tag, rock climb, ride bumper cars, and so much more. We will try Zumba, yoga, and tai-chi and find ways to keep moving while having fun!
- **Week #9** August 13 – August 17- "Summer Fun" – Our final week of camp will have a little bit of everything 'summer'. Movies, mini golf in Old Saybrook, ice cream, water play and our annual end of year BBQ at Plattwood.

With the exception of week #1, the typical schedule of camp is as follows: Tuesdays and Fridays (weather dependent) are spent at Plattwood Park on Route 80. Campers

Deep River Parks and Recreation, cont.

can enjoy the beach, swimming, arts and crafts, basketball and the skateboard park. On Wednesdays we generally have our off site field trips with the exception of weeks 3 & 9 where our field trip will be on Thursday. Typically, Thursday's schedule offers a day of water play. This may include games of drip-drip-splash, a water balloon toss and our water slide.

Campers should be prepared to get wet!

Carnival: Also coming up in June, is the 9th annual Deep River Carnival- Thursday, June 14th through Saturday, June 16th. Due to the awesome response, we are again bringing in food trucks and crafters to make the carnival so much more than fun and games! Save the date and come on down to sample the wares! The carnival and food truck fest will be held at Devitt Field.

Summer Concerts: Our Summer Concert Series, "The Sounds of Summer-Music and a Meal" will kick off on Thursday, June 21st from 6:30 - 8:00pm and will run for nine weeks. Again, we will be offering free music with the opportunity to purchase or bring your own yummy meal! Check the Town's web site to see the entire line up of bands and restaurants and their locations but here is a sneak peek of the awesome talent we have visiting Deep River this summer:

- June 21st-"Blues on the Rocks" @ the Town Green
- June 28th-"ShoreGrass" @ the Town Landing
- July 5th- "Meadow Brothers" @ Plattwood Park
- July 12th-"Dan Stevens" @ the Town Landing
- July 19th-"Washboard Slim & The Bluelights" @ The DR Historical Society's Stone House
- July 26th-"Leaf Jumpers" @ the Town Green
- August 2nd-"Java Groove" @ the Town Landing
- August 9th-"String of Pearls" @ the Town Green
- August 16th-"All Funk'd Up" @ Plattwood Park.

Youth Dance Class: We are excited to announce a new program for youth ages 3-12. Deep River resident Jennifer Erkkila will share her extensive knowledge, experience and talents by teaching an introductory to dance class for ages 3-5, ages 5-8 and ages 8-12. What a perfect way to introduce your child to this wonderful art form. The 1 hour classes will be held in 2 sessions, at the Blue Moon Yoga Studio, 125 Main Street, Deep River, beginning July 9th through July 31st. The second session will run from August 6th-August 28th. The cost is \$50.00 per session. If your child is attending the Parks and Recreation summer camp we can help make arrangements to get your child to class and back to camp if this is an issue. Please call the office @ 860-526-6036 to discuss.

Movies on the Beach: Well in last fall's newsletter, we asked for your opinion about keeping the summer movies at Plattwood Park going and we heard you! So, we are happy to announce that we have locked in this summer's shows. Mark your calendars and talk it up so that we can fill the beach with movie goers this summer. The movies are free and all family friendly. The movies will begin at dusk so bring your dinner and enjoy ice cream, sundries and drinks from our concession stand while you settle in for a lovely summer evening under the stars. Here are the titles, including some new releases, of our summer movies:

- 'Jumanji', July 27th
- 'Coco', August 3rd
- 'A Wrinkle in Time', August 10th
- 'Paddington 2', August 17th.

Past Program/Event News: Looking back, Parks and Recreation's after school enrichment theater program for 5th and 6th grade DRES students was again a great success. This was the fifth year for this popular program. About 2 dozen students put their time and talents into the production of "The Ever After-The Musical". The show was performed at the historic Deep River Town Hall Auditorium in early February, with both a Saturday and Sunday show. The students did it all, actors, actresses, costume design, make-up, props, front box office staff, concessions, ushers and stage crew. There was a job for any 5th or 6th grader who wanted to be part of this popular program. The show was filmed by the Valley Regional High School's "Valley TV" with each participant receiving a DVD of the show. They even held a viewing party after the production was wrapped up. What a great show! Look for registration materials for next year's production in mid-September.



Valley Cup 2018 Champs

March once again began with the conclusion of our winter basketball season. The basketball program welcomes all area youth in grades K-12 to participate. The program runs from November to early March. Even with enrollment numbers at our schools down, the basketball program continues to draw players. This year some 150 youth from grades 1 through grade 12 participated in clinics and games. The players were divided into the following grade divisions: K-1, 2-3, 4-6, 7-8 and 9-12. New this year, our 2, 7th -8th grade teams played teams from Portland, Crom-

Deep River Parks and Recreation, cont.

well, East Haddam and Haddam-Killingworth. The season concluded with the 9-12th grade players competing in the seventh annual "Valley Cup" tournament. Congratulations to this year's top two teams in the NBA, (grade 9-12) division; the Nets coached by Chris Chiappa and Ethan Thompson and the Bulls coached by Paul Cullina. The two teams played in the championship game with the Bulls emerging 85-82 as the 2017-2018 Valley Cup winner.



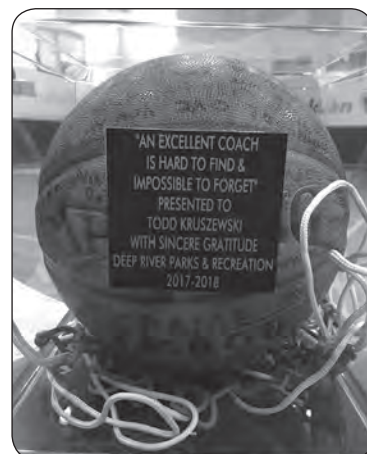
Senior Bowl 2018 Champs

We also held our 2nd annual tournament for the high school seniors enrolled in our basketball program as they competed for the 'Senior Bowl'. Four

captains were chosen by the basketball committee based on the number of years in the program, their record of leadership and good sportsmanship and their willingness to play fair. The captains held a draft night and four teams were chosen. The teams and their captains were as follows: 'Free Meek Mills'-Cole Ensinger; 'Team'-Nick Klomp; 'Hot Tamales'-Blair Allen; 'TK Strong'-JJ Grzybowski. The tournament concluded with 'Free Meek Mills' squeaking out a win over 'Team' by a score of 45-44. The seniors requested monetary donations from all spectators to the contest to be donated to the Deep River Food pantry.

As always, we want to acknowledge the wonderful volunteer coaches that make the program possible. We appreciate all of the time and energy that they put in to the program and we know that the players appreciate it too! Thanks to the custodial staff at DRES, JW and Valley Regional as well as those from Essex Elementary School and Chester Elementary who let us utilize their gymnasiums for our program weekly throughout the season. This year we were proud to be able to recognize a very special coach who gave years of dedication to the rec program beginning when his sons were in elementary school and continuing as his children moved their way through high school. The coach, Todd Kruszevski, was honored before one of the last regular season's contests and presented with a basketball signed by all players, coaches and staff of this year's program. The ball case was inscribed with this message: "'An excellent Coach is hard to find & Impossible to forget' presented to Todd Kruszevski with sincere gratitude Deep River Parks & Recreation 2017-2018". Todd was all about the kids and often came early for his game or stayed after in order to offer a little piece of advice to a particular player or just to be able to cheer on the other league teams. He enjoyed the game. Un-

fortunately, the Valley Cup tournament would be the last time that we would see him at a basketball game as we are sad to report that Todd passed away the night of the Senior Bowl, March 16th, at home surrounded by his loving wife, Laura and his four wonderful boys, Jacob, Ethan, Dylan and Cody, as well as close family members. RIP Todd- "TK Strong"



The Parks and Recreation Commission held its annual Easter Egg Hunt on Saturday, March 24 despite the fields at Devitt being covered with snow and mud! Eggs full of candy and treats are a good incentive to brave less than ideal air temps and muddy feet! The fun began at 1:45 pm, when the Easter Bunny made a guest appearance to greet the children and pose for photos. He arrived on a Deep River Fire truck! The hunt commenced at 2:00pm sharp and seemed to end at 2:05! The children that braved the chilly air ran fast to gather up the colorful orbs. Always a wonderful event full of smiles!

Based on community feedback, we offered a winter volleyball program. The workshops, which were run over a twelve week period beginning in early January and continuing into April, were taught by three well respected coaches in the community, Gina Sopneski, Caitlyn Cote and Janelle Beard. The weekly clinics were held on Saturday mornings at John Winthrop Middle School and stressed all aspects of the game. Through drills and exercises that focused on passing, setting, hitting and serving, the program was designed for the beginning and intermediate player. The clinic limited enrollment to insure that the volleyball staff was able to assist each athlete in developing fundamental skills of the game through game-speed drills and daily scrimmages aimed at developing the whole player. We are looking to continue this program in the future or add summer volleyball, so check back often.

Looking way back since the last edition of the newsletter, here's some information on a few of our events that happened since then. Our fall programs were all well received and well attended. Our new Halloween event, trunk or treat was a huge hit. The vehicles that participated came decked out with such elaborate 'costumes'. There was a car trunk made to look like a dog pound, complete with fake bars

Deep River Parks and Recreation, cont.

to cage in the big stuffed animals. Another had blue crepe paper to look like the ocean; very unique indeed. The costumed children enjoyed trick or treating at all of the decked out trunks full of candy and a costume parade followed. We look forward to making our second Halloween trunk or treat event bigger and better in 2018. Thank you to all who participated and to DRES Principal Mr. Strickland and his lovely wife for being the judges of the cars and costumes. Prizes were awarded to 'best decorated' car and to 'most unique' and 'creative' costumes.

The Holiday stroll was scaled back due to snow but the tree lighting, carol sing, merchant's late hours and in store specials, the arrival of Santa Claus and our new contest "Find the Holiday Mouse" went on and were enjoyed by many who found the snow added to the magical time of year. The Commission is working on adding a new element to the 2018 stroll and we are looking for help. Please call the office if you'd like to lend a hand, an idea, or to be a part of this annual event in any capacity next December.

The Commission is always looking for ideas and input from town residents. We are constantly adding programs as well. Give us a call or send an email if you have something in mind. Better yet, consider joining us. Currently we have vacancies on the board.

Don't forget to check us out on the town's web site and follow us on Facebook to keep up on all our latest news and programs! All program registrations can now be done on line and we recently added the option to pay on line with a credit card to make registration a breeze.



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Hedy's Health Tips

TCM Food as Medicine in This Winter Season.

Within our environment, winter is the time of rest and repose. This season is a wonderful time when our energy turns inward and introspective.

Winter is ruled by the water element according to Traditional Chinese Medicine.

It is the most yin time of year, associated with the kidneys, bladder, adrenal glands, ears, spine, and hair. Its flavor is salty and its mental disharmony is fear.

Within Traditional Chinese Medicine (TCM), the Kidneys are considered the source of all energy (Qi) within the body.

The kidneys store Jing (the reserve Qi) in the body so that it can be used in times of stress and change, or to heal, prevent illness, and age gracefully. They are the balancer of heating and cooling in the body, balance the heart fire and control the fluids.

During the winter months it is important to nurture and nourish our kidney Qi. It is the time where this energy can be most easily depleted.

TCM believes our diet should be adapted to focus on enriching yin and subduing yang, it is beneficial to consume appropriate fats and high protein foods. Eating warm hearty soups, whole grains, and roasted nuts help to warm the body's core keeping one nourished. Eating whole, natural, home grown or local, chemical-free foods are the most nutritious. Embrace the foods that are grown in the season of your region. In New England that would be mostly root vegetables and meat/seafood, nuts and seeds etc.

Avoid raw foods during the winter as much as possible, as these tend to cool the digestion, making it less efficient and creating dampness in the body. During winter you might emphasize warming foods types:

Soups and stews-especially with rich stocks and bone broths • Root vegetables, squashes, winter greens, mushrooms • Apples, pears, citrus fruit • Beans
Miso and seaweed • Garlic and ginger and cinnamon, nutmeg, cardamom • Nuts especially walnuts

Specific foods to warm and nourish the Kidneys are:
Black beans, kidney beans, adzuki beans and chick-

pea, bone broths, beef, goose, duck, eggs, rabbit, lamb, chicken, walnuts, chestnuts, black sesame seeds, lamb, chicken, walnuts, micro-algae's (such as chlorella, spirulina) and dark leafy greens. Glutinous rice, dates, mushrooms, bamboo shoots, and leek are all common to TCM cooking during winter. Small amounts of milk, butter and ghee can also be added to help protect the Kidney yin. A small amount of sea salt or Himalayan pink salt added to home-cooked foods is also helpful since the taste associated with the Kidney organ is "salty." Be mindful not to over salt (typical American diet)

Kidney energy is associated with our ability to develop and grow, mentally and physically. It controls the bones, spine [especially the lower back], legs, ears [hearing], head hair, spinal cord and brain. It also is directly connected with the reproductive system and fertility. A deficiency of this energy can mean a fetus may not be able to grow and develop correctly.

As for cooking methods, it is best to bake, roast, stew, and slow-cook foods in the winter. Warming spices such as cinnamon, ginger, and cardamom are wonderful additions to your recipes. In TCM, very hot spicy food in winter is not recommended because these foods create sweating, which is actually a cooling process. However, a small pinch of hot spice helps increase circulation, which is beneficial. So, add a small amount of pepper and other flavorful spices for taste, but avoid overdoing it.

Of course, continue drinking water. Even though we may not be sweating as much, our bodies still need water in this season. However water infused with healing herbs or citrus is a bonus. Increased exposure to the drying nature of winter heating systems can dry skin, lips and crack the tips of fingers. Don't overly drink water, listen to your body. Have water between meals instead of with meals as it allows the digestion to focus on the meal without large quantities of water to disturb the stomach acids for the digestive process. If you want fluids with your meal sip them rather than drink a whole glass and make sure they are not cold, icy drinks are certain to bog down the digestion. Better to drink room temperature or warm water (or herbal tea) Ginger root tea or cinnamon stick tea are great or you

Hedy's Health Tips, cont.

can put them together with other herbs as in Chai tea. It is a good time to add a good quality skin lotion to your daily routine. Your skin is a sponge and will absorb anything you put on it. It should be considered as carefully as your food.

Staying Healthy This Winter

Get plenty of sleep. This is a wonderful time to sleep early and rise late preparing the body for the next seasons of activity. Sleep early, rest well, stay warm, and expend a minimum quantity of energy.

Reduce stress. Find a way to relax and release stress on a daily basis. Such methods may include yoga, meditation, or whatever method you use to release the stress and pressures of modern life.

According to TCM, stress, frustration, and unresolved anger can work together to throw your immune system off, allowing pathogens to easily affect your body.

Things that deplete our base energy are: Stress, fear, insecurity, and overwork. Toxins in our food, water, and environment (pesticides and heavy metals), as well as intoxication and drugs. Consuming of too many sweet foods. Excessive semen loss for men, and women bearing "too many" children (for their constitution), or not rebuilding the kidney energy adequately after each birth.

Winter is a time to deeply nourish our inner selves and enjoy the slower pace.

Inner exploration and contemplation is a gift you can give yourself.

For more information on this subject reach out to me at the Whistle Stop Café. 860-526-4122

*Cheers,
Hedy*



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Tri-Town Youth Services



Don't be part of the problem – Turn in your unused or expired medication for safe disposal.

Unused or expired prescription medication is a public safety issue, leading to accidental poisoning, abuse and overdose. Proper disposal of unused drugs saves lives and protects our water supply.

The non-medical use of prescription drugs ranks as the second most common form of drug abuse in America. The majority of teenagers abusing prescription drugs get them from family and friends – and from their home medicine cabinet.

Please bring any unused or expired medication to the **Drug Take Back Day** on April 28th from 10:00-2:00. For your convenience, we will provide two drop off locations that day:

Tri-Town Youth Services – 56 High Street, Deep River
Chester Village West – 315 W. Main Street, Chester

Can't make the Take Back event? You can dispose of your prescription medication anonymously at the 24-hour locked drop box located in the lobby of the State Police Barracks at 315 Spencer Plain Road in Westbrook.

- Other tips for properly disposing of your prescriptions:

- Remove the medicine from its original container and mix it with an undesirable substance, such as used coffee grounds or kitty litter.
- Place the mixture in a sealable bag, empty bag, or other container to prevent medicine from leaking or breaking out of the garbage bag.
- Many pharmacies have medication disposal bags that safely dispose of leftover medication.
- The Tri-Town Substance Abuse Prevention Coalition is planning other community events this spring, focused on drug use, prevention and community wellness.

SAVE THESE DATES:

- High on Life Week is April 30th – May 6th. The theme for this year will be **“We can all be Agents of Positive Change”**. There will be many school and community activities happening throughout the week. Pick up a bulletin or visit tritownys.org for a complete calendar of events.
- Community Breakfast – May 9th from 8 a.m. – 10 a.m. at Camp Hazen. Keynote speaker: Dr. Michael Saxe will present “The Opioid Epidemic: The Solution is You.” RSVP at 860-526-3600.
- We are partnering with Region 4 Schools and Project Courage to present the documentary **ANGST** on Tuesday, May 15th from 6-8:30 p.m. at the John Winthrop Middle School Auditorium. This 56-minute film and virtual reality experience explores anxiety- its causes, effects and what we can do about it. A discussion will follow about the risks of self-medicating with alcohol or drugs, and how to find resources and support for anxiety in our community. A must-see for parents and teens!



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Deep River Housing Authority

We Know How to Party!

The Deep River Housing Authority, Board, Staff and Residents wish everyone a fabulous New Year. The year ahead promises to be one of our best on record! We have 20 plus new residents joining our family and are excited to get to know them and help them settle in. Move in started in early January and should be complete by the time you read this article.

The last few months of 2017 were loaded with fun at Kirtland Commons. Our Halloween party featured a ceremony where custom witch hats were presented to all attendees and an official swearing in to the Kirtland coven!



Helen Berchtold
One happy witch!



Ruth and Jack Lawrence
Cast a spell on the group!



Shirley Lane
Gleefully served
fellow residents.

Then before you knew it, Christmas was upon us and the photo frame was the definite hit of the evening!



Resident Patty Evans flanked by Bev
and Bob Gates



Meet the Doerings Crochet Instructor
Kathy and Maintenance Director Tom!



Long Time Residents Mazie Den-
nison and Mel Hartford



And newer to the family Vinnie
Vecchitto and his beautiful wife Ev-
elyn all enjoyed the frolicking!

We are so fortunate to have a great group of residents and Executive Director Joann Hourigan whose creative talents blended with her deep affection for the residents and flair for decorating always produces an amazing party. Plans for the year are still being formulated, but the Deep River Housing Authority Facebook page should keep everyone informed!


In preparation for the additional residents and lease renewals, the Board of Directors developed a comprehensive Residents Handbook which contains detailed information on services available, location and use of important facilities like Monday meals, laundry and garbage disposal as well the policies we follow to keep everyone happy, healthy and safe. The handbook also contains maintenance request forms, self identification forms for fire safety and area maps, information on 9 Town Transit, etc. This handbook has been in the works for many years and was originally started by the Residents Association, then expanded to include all the information we have available to make the new residents feel welcomed and informed. A special shout out to Sunshine Club Manager, Jenny Turner for her help pulling together and reviewing materials!

We were notified by the State that our original name for our 501c3 "The Home Foundation" was no longer available, so we have modified the name slightly to "Lower Valley Home Foundation". Thanks to those of you who have already contributed. Your personalized thank you should arrive shortly. If you are interested in making a donation, checks can be sent to the attention of Joann Hourigan at Kirtland Commons, 60 Main St., Deep River, CT 06417. Questions can be directed to 860-526-5119. We are extremely excited to move forward with the goal of making more affordable housing available in town. We have one project we are currently exploring and another that we are hoping can occur in the future. Our town just keeps getting better and better!

Lisa Johnson, Chair, DRHA

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Deep River Junior Ancient Fife and Drum Corps



This past season, the corps performed throughout Connecticut and Rhode Island with great fanfare, due to their expertise. They also performed at the Company of Fifers and Drummers Museum, in a summer concert.

During our 2017 season, the Juniors received the honor of first place "Best Junior Fife and Drum Corps" in the New Haven St. Patrick's Day Parade. The corps was also honored to receive 1st place and second place for their hard work on the Christmas tree, entered into the Historical Societies annual Holiday Tree decorating event at the Stone House / Carriage House.

The Board of Directors is thrilled to announce that Jason Mali, of Chester, will be DRJA's new fife instructor. Mali is a music teacher by trade and is considered one of the finest fifers in the country. Paired with snare instructor Terry Malcarne, former CT State champion and bass instructor Aaron Beard, former State and Northeastern champion, the corps will continue its reputation as one of the finest Junior Fife and Drum Corps in the Country, due, and thanks to our amazing staff.

DRJA welcomes new members to its ranks. Practice is on Thursday evenings at Deep River Elementary School, 6:30 to 8:30.

Children 8 years and older are encouraged to come to a practice. It is not a requirement to be a member of the Deep River community to join.

Marilyn Malcarne, President DRJA

DRJA is seeking new members!



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Visiting Nurses of the Lower Valley

Visiting Nurses of the Lower Valley Celebrated "Almost 100 Years" and Raised Funds with an Auction

Over 100 people attended the Visiting Nurses of the Lower Valley's "We're Almost 100 Party!" on Wednesday, September 20th at the Copper Beech Inn in Ivoryton. In addition to celebrating nearly a century of non-profit service to the community, the event raised funds for the agency which will directly benefit VNLV's mission to provide healthcare programs and services to the whole community, including the under-insured.

"We were touched by the outpouring of support from the community. It felt good to see everyone come together to recognize the work we're doing – and to help us celebrate such a special occasion!" stated Susan Maxwell, Executive Director of Visiting Nurses of the Lower Valley.

In attendance were many of VNLV's sponsors, Board Members, prominent members of the community and staff, all coming together to join in the celebration. Highlights of the evening included emcees David and Ibby from ICRV radio, musical performances by The Hilltop Quartet & Chorus and Dr T and the Painkillers, the raffle and the live and silent auction.

A special thanks to our top sponsors:

Quality Care Drug
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The Clark Group
Tower Laboratories
Noble Construction & Management
Sullivan Heiser, Attorneys at Law
About Visiting Nurses of the Lower Valley, Inc.

Visiting Nurses of the Lower Valley, Inc. is a not-for-profit, 501(c) (3) Medicare and Medicaid certified home health care organization, ranked among the nation's best in home health quality and performance.



Ibby and David from ICRV Radio Kick Off the Live Auction with a painting by local artist, Leif Nilsson.



The Hilltop Quartet & Chorus Performing at VNLV's "We're Almost 100 Party!"




Guest peruse the wide selection of silent auction items. There were dozens of items to choose from!



Guest enjoying the festivities at VNLV's "We're Almost 100 Party!"




Dr. Tand and the Painkillers (featuring VNLV's Medical Director, Dr Timothy Tobin) performing at VNLV's "We're Almost 100 Party!"



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Deep River Meetings on Television and Online

Watch our Town government in action on television **Sunday evenings at 6:00pm** when Board of Selectmen meetings and Board of Finance meetings are broadcast on **Cable channel 19**. Board of Selectmen meetings are held on the second and fourth Tuesdays of each month and are recorded for broadcast on the following Sunday evenings. The Board of Finance meeting is held on the fourth Tuesday and is broadcast with the Board of Selectmen's meeting on the following Sunday.

You can also view the meetings online at any time. Go to the Deep River web site (www.deepriverct.us) and on the homepage under "Quick Links" select "View meetings online." On the link you can select meetings by date.

Occasionally, other town meetings are also broadcast such as Special Town Meetings and Public Hearings.

Following the broadcasts, discs of the meetings are available in the Deep River Public Library.

Anyone interested in helping with the recording and broadcast of these meetings is welcome -- please contact Margo at 860-526-8933. A short training session at the Valley Shore Community Television studio in Westbrook is required to become familiar with the equipment used.

Broadcasts are sponsored by the Deep River Taxpayers Association to make municipal business and discussions available to a wider audience of citizens.



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Events

2018

Selected Saturdays
April through October

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860-581-8554

Acceptable Materials

Household:

- Cleaners
- Mothballs
- Photo chemicals
- Full/partially-full aerosols
- Arts & crafts supplies
- Batteries: button or recyclable
- Mercury Thermometers
- Fluorescent light bulbs

Garage:

- Hand-held propane torch cylinders
- Old chemistry kits
- Transmission fluid
- Gasoline, kerosene
- Waxes and polishes
- Brake fluid
- Rust preventatives

Workshop:

- Wood preservatives
- Wood strippers
- Oil-based paint
- Latex paint
- Lead-based paint
- Paint thinner
- Degreasers
- Solvents
- Sealants

Yard/Garden:

- Weed killer
- Insect sprays
- Rodent poison
- Muriatic acid/pool chemicals

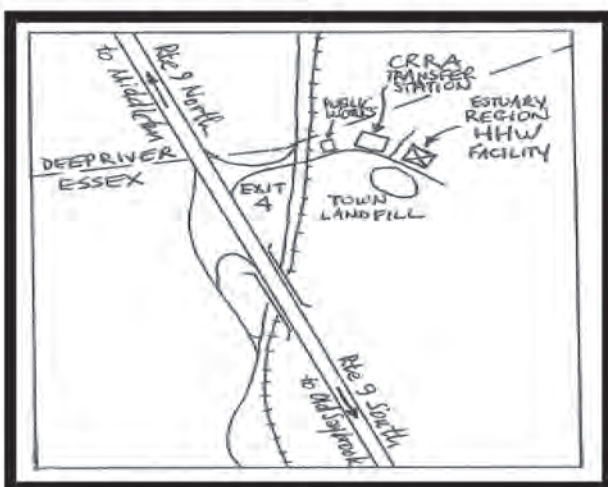
Identification
required

No fee to
Participate

Household Hazardous Waste Collections

Unacceptable Materials

- **Explosives, fireworks, ammunition** – State Police, local marinas
- **BBQ Propane tanks** – Deep River RentAll
- **Fire extinguishers** – Shoreline Fire Extinguishers, Old Saybrook
- **Empty aerosol cans** – recycling
- **Drugs** – call Police for details.
- **Bottled Gas** – Airgas, Waterford

**Directions to Household Hazardous Waste Facility**

5 Dump Road, Essex, CT

From Rte. 9 North:

Exit 4— Straight off exit ramp, cross over RR tracks. Drive to the top of the hill. HHW facility is on the left (past CRRA/MIRA & Transfer Station)

From Rte. 9 South:

Exit 4 - Go left off exit ramp, turn right at light, cross over RR tracksHHW on the left.

2018**Events for the 16 towns of:**

Chester, Clinton, Cromwell, Deep River, Durham, East Hampton, Essex, Haddam, Killingworth, Lyme, Middlefield, Middletown, Old Lyme, Old Saybrook, Portland and Westbrook

**Household Hazardous Waste
Selected Saturdays**

9 a.m. - 1 p.m.

Clinton Public Works Garage

117 Nod Road, Clinton

April 14th

**Colchester-East Hampton
Water Pollution Control Facility**

20 Gildersleeve Drive, East Hampton

April 28th

Middlesex Community College

100 Training Hill Road, Middletown

October 13th

Paper Shredding**Selected Saturdays**

9 a.m. - 12 p.m.

**Colchester-East Hampton
Water Pollution Control Facility**

20 Gildersleeve Drive, East Hampton

June 9th

Middlefield Community Center

405 Main Street, Middlefield

Aug 18th

Household Hazardous Waste Collections

2018

Events for the 10 towns of:

Chester, Clinton, Deep River, Essex, Haddam,
Killingworth, Lyme, Old Lyme, Old Saybrook
and Westbrook

Household Hazardous Waste
Selected Saturdays
9 a.m. - 1 p.m.

Essex HHW Facility
Rte. 9, Exit 4, Dump Road, Essex

May 12th and May 19th
June 2nd and June 23rd
July 14th
Aug 11th
Sept 8th
Oct 6th and Oct 27th

Paper Shredding
Selected Saturdays
9 a.m. - 12 p.m.

Essex HHW Facility
Rte. 9, Exit 4, Dump Road, Essex

June 30th
Sept 15th

**ADDITIONAL RECYCLING
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(Contact River COG for information.)

Paper Shredding Note:

LIMIT 5 bags or boxes
Approx. 9" h. x 18"w. x 12"d.

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cards, envelopes, metal ring-
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Board & Commission Meetings

Board of Assessment Appeals

March and September
Date & times to be announced.
Chairperson: Mark Reyher

Conservation & Inland Wetlands Commission

2nd Thursday of each month at 7:30 p.m.
Chairperson: Tanner Steeves

Community Health Committee

1st Tuesday of most months at 7:00 p.m.
Chairperson: Russell Marth

Deep River Elementary School Board of Education

3rd Thursday of each odd numbered month (except for July) at 7:30 p.m. at DRES. Joint meetings with other Region 4 boards during even-numbered months at JWMS
Chairperson: Paula Weglarz

Design Advisory Board

4th Thursday of each month (as needed) at 6:30 p.m.
Chairperson: Alan Paradis

Deep River Town Hall Auditorium Management Committee

3rd Monday of each month at 7:00 p.m.
Chairperson: Carol Jones

Board of Finance

4th Tuesday of each month at 7:00 p.m.
Chairperson: George Eckenroth

Board of Fire Commissioners

1st Monday of each month at 7:00 p.m. at the Firehouse
Chairperson: Scott Bowden

Library Board of Trustees

2nd Monday of each month (except for July) at 7 p.m. at the library.
Chairperson: Linda Hall

Parks & Recreation Commission

2nd Wednesday of each month (except July) at 7:00 p.m.
Chairperson: Justin Waz

Planning & Zoning Commission

3rd Thursday of each month at 7:30 p.m.
Hearings may be scheduled separately.
Chairperson: Bruce Edgerton

Regional 4 Board of Education

1st Thursday of each month, except July and August.
Meetings are at 7:30 p.m. at John Winthrop Middle School.
Chairperson: Jennifer Clark

Board of Selectmen

2nd and 4th Tuesday of the month at 6:30 p.m.

Veterans Green Monument Committee

2nd Tuesday of even numbered months, 1:00 p.m.
Chairperson: Rich Nagot

Water Pollution Control Authority

1st Monday of each month.
Meetings are at 7:30 p.m. at the Treatment Plant.
Chairperson: Ted Mackenzie

Zoning Board of Appeals

3rd Tuesday of the month at 7:30 p.m.
(only when there is a case to be heard.)
Chairperson: Don Grohs

Note:

All meetings are held at the Town Hall unless otherwise noted.
If a scheduled meeting falls on a legal holiday, check with board or commission for rescheduled date.

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Assessor's Office

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assessor@deepriverct.us
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Fri. 9am-12pm, Closed every day 12pm-1pm

Building Department

174 Main Street
860-526-6025
buildingdept@deepriverct.us
Mon.-Fri. 8am-3pm

Conservation & Inland Wetlands

174 Main Street
860-526-0082
Mon. 9am -11am & Wed. 9am-12pm

Public Works Department

206 Winthrop Road
860-526-6032
Mon.-Fri. 7am-3pm

Fair Housing Officer

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860-526-6020

Parks & Recreation

Carol Jones
174 Main Street
860-526-6036
parkandrec@deepriverct.us

Planning & Zoning

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860-526-6030
zoning@deepriverct.us
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Registrars of Voters

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Mon.-Wed. 9am-4pm, Thurs. 9am-6:30pm
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Social Services Elderly

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Jul. & Aug. 10am-2pm

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Ambulance Association

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Fire Department

57 Union Street
860-526-6042 (non-emergency)
Winthrop Station
409 Winthrop Road
860-526-6041 (non-emergency)
info@deepriverfd.com

Fire Marshal

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860-526-6020 (non-emergency)

Resident Trooper's Office

174 Main Street
860-526-6027 (non-emergency)
police@deepriverct.us

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Animal Control

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Tri-Town Youth Services

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