

## HOW DO I GET VACCINATED?

While there are several ways to schedule an appointment to get vaccinated, it is best to go through VAMS or through a Health Care Provider. If you are **75 years of age or older** and cannot make an appointment using a computer you may do so by telephone. Please call 877-918-2224. This option is available Monday - Friday from 8am – 4pm.

- **VAMS** stands for Vaccine Administration Management System.
- This is the government's preferred method for you to schedule an appointment.
- To use this method, you **MUST** create a VAMS Account to get vaccinated.
- Click this link to create a VAMS Account, then follow the instructions provided:

<https://dphsubmissions.ct.gov/OnlineVaccine>

- A unique email account for each person registering is required to use the VAMS System
- VAMS appointments are only being provided to those 75 and older.
- When searching for an appointment on VAMS try searching Old Saybrook (06475) – There might be open appointments! (Again these appointments are currently only for anyone **75 or older**).
- It is my understanding that you **MUST** be registered in VAMS to schedule an appointment at CRAHD's Vaccination Clinic!

## SOME VAMS TIPS:

- Registering through VAMS is a multi-step process.
- There will be up to a 12 hour delay between account verification emails.
- This process can be frustrating and difficult. Be calm, ask for help, or offer to help that special 75+ person in your life.
- If you are registering for a loved one or a friend, do **NOT** use your own email address! Instead, create a unique email address for them. You will need your email address when it is time for you to register yourself for a vaccine!

**Use the following links to search and schedule an appointment through Health Care Providers around the state:**

**Yale New Haven Health** - <https://covidvaccine.ynhh.org/>

**UConn Health** - <https://health.uconn.edu/coronavirus/covid-vaccine/>

**Hartford Health Care** - <https://hartfordhealthcare.org/health-wellness/coronavirus/vaccine>

Here is the link to the State's COVID-19 Vaccination Website for additional information:  
<https://portal.ct.gov/Coronavirus/COVID-19-Vaccination---75-and-older>